

2010

Synopsis: Philadelphia Campus (2010)

Philadelphia College of Osteopathic Medicine

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PCOM



Class of

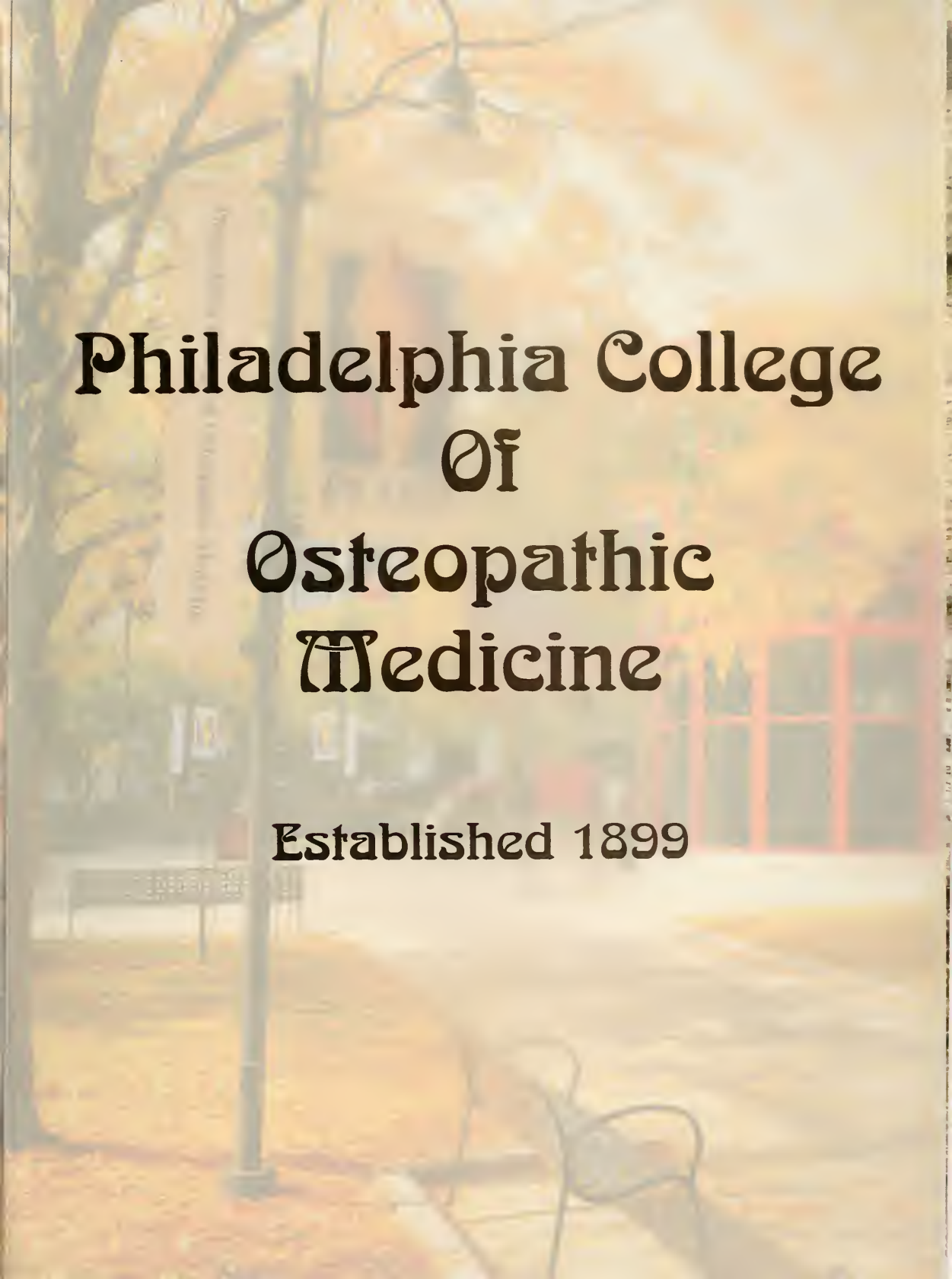
2010

Synopsis



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Philadelphia College Of Osteopathic Medicine

Established 1899

Philadelphia College
of
Dental
Medicine

Established 1889

Philadelphia College of Osteopathic Medicine



Evans Hall
College



From The President



PHILADELPHIA COLLEGE OF OSTEOPATHIC MEDICINE

MATTHEW SCHURE, PH.D.
President and Chief Executive Officer
J.D.S. '87, M.D. '90
D.O. '97, F.A.C.O. '98
Member of Pennsylvania House

June 2010

Dear Class of 2010:

The entire Philadelphia College of Osteopathic Medicine (PCOM) community joins me in extending heartfelt congratulations to you - PCOM's 119th osteopathic medical graduating class.

Your osteopathic medical education will enable you to heal, and in so doing will provide you with the greatest gift human existence has to offer - the knowledge that the lives of others have been made brighter by virtue of your presence in them. As you touch mind, body, and spirit to promote healing in others, I hope that your life will be filled with joy and purpose.

Please know that you will always be part of the PCOM Family. We hope you will stay in touch and look forward to sharing many successes with you in the years ahead. Each of these successes will add to the venerable 111 year old record of achievement in fulfilling PCOM's teaching, research and service missions. With each new success, you will create new opportunities for the wonderful PCOM students who succeed you.

It has been a great privilege walking life's journey with you, and no words can adequately describe the pride we feel in your extraordinary accomplishments.

We wish you all the best, always.

With warmest regards,

Matthew Schure, Ph.D.
President

MS/ml

PHILADELPHIA COLLEGE OF OSTEOPATHIC MEDICINE • 1111 Locust Street • Philadelphia, PA 19107 • 215-261-2000 • www.pcom.edu

From The Dean



PHILADELPHIA · COLLEGE · OF · OSTEOPATHIC · MEDICINE

KENNETH J. VEIT, DO, MBA, FACP
Senior Vice President for Academic Affairs and Dean
215-871-6770
215-871-6781 FAX
kenv@pcom.edu E-MAIL

Dear Colleagues:

Each of you has changed over the past four years and you are no longer the person you were a few years ago when you walked on PCOM's campus as a first year student.

The Class of 2010 Vision Statement reads that "We the Class of 2010, a mosaic of diverse individuals, establish ourselves as a community united by our pursuit of excellence, connected by our interest in learning and driven by our desire to serve".

A mosaic is comprised of many pieces and not one can stand alone, for it takes all of the pieces to create a work of art. May each of you continue to be a part of the mosaic called the art of medicine throughout your career. You will need the support of your classmates, colleagues, co-workers and families. Be sure to return that support to those individuals and, most importantly, to your patients, the community you serve and future osteopathic physicians.

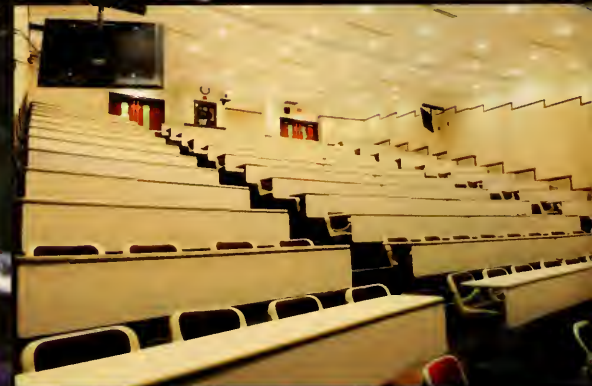
As each class leaves PCOM, I charge it with the challenge that each of you is to serve your patients well, for they have entrusted their well being to your care. You are to help them become stronger, prevail through illness and be determined to overcome their infirmities. They are your fellow mankind. They are your fellow citizens.

As a member of the PCOM family, you are always welcomed back. As a class, you "affirmed your commitment to a path of many challenges and assumed those responsibilities to yourselves, your colleagues, your profession and your patients". May your commitment continue to help you in your quest to be a piece of the art of healing. We wish you all the best life holds for you. Be well and be happy!

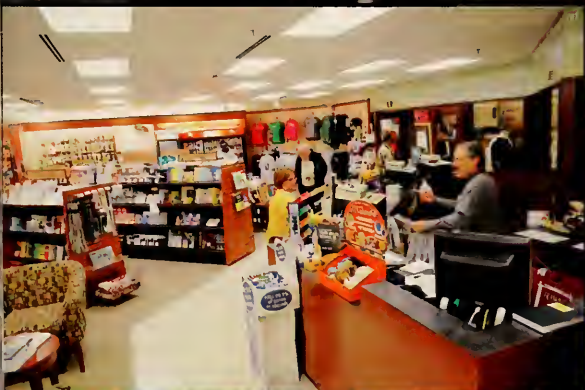
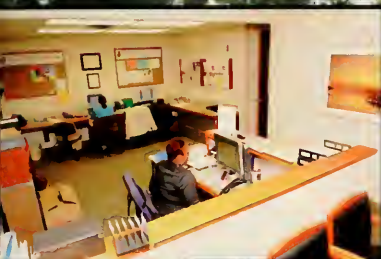
Fraternaly,

Kenneth J. Veit, DO, MBA, FACP
Senior Vice President for Academic Affairs and Dean

"The journey of a thousand miles begins with a single step." Confucius



...Zosack-2nd year

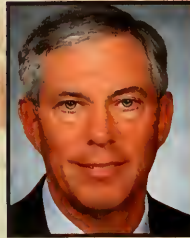


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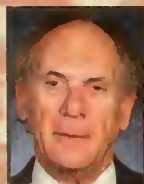
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Wayne T. Sikes



Etheldra Templeton
M.L.S.



Murray Zedeck,
D.O., '62

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Associate Vice President
for Enrollment
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Assistant Director



Johnathan Cox
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John Carlin
Director of Financial
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Renee Shaw
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Linda Gentry
Payroll



Betty Mack
Accounts Payable

Clinical Education



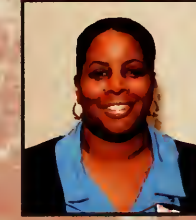
Allan M. McLeod,
D.O., J.D., M.B.A.
Director



Danielle Cavanaugh
Supervisor



Gail Mattia
Administrative Assistant



Sabrina Trapp
Administrative Assistant

Financial Aid



Nancy Martorano
Director of Financial Aid



Bernadette Anyzek
Associate Director



Carolyn Bozzo
Debt Management Counselor



Desiree Cariker
Financial Aid Counselor



Aisha Brooks
Representative

"Until a physician has killed one or two he is not a physician," -Kashmiri Proverb

"If you are too smart to pay the doctor, you had better be too smart to get ill," -African Proverb

"No man is a good doctor who has never been sick himself," -Chinese Proverb

"One doctor makes work for another," -English Proverb



Cheryl Hall

Library



Etheldra Templeton, M.L.S.
Director & Chair



Stephanie Ferretti
Associate Director

Educational Media



Bruce Fairfield



Scott Berray



Scott Mascena

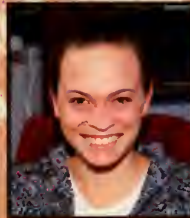
Office of the Dean



Ruth Wian
Supervisor



Karen Kelly
Administrative Assistant



Tanya Ray



Donna Feeney-Figaniak



Monica Jones, R.N.

Student Wellness

Student Affairs



Tina Woodruff, Ph.D.
Assistant Dean



Denise Curran, M.S.
Assistant Director



Phi Nguyen
Coordinator
Student Life

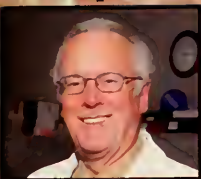


Jacqueline Heads
Coordinator
Career Development



Meshonea Fox
Administrative Assistant

Anatomy



Tage Kvist, Ph.D.
Professor & Chair



Patrick Coughlin, Ph.D.
Professor



Camille DiLullo, Ph.D.
Professor



Christopher S. Adams, Ph.D.
Associate Professor



Marina D'Angelo, Ph.D.
Associate Professor



Michael P. McGuinness, Ph.D.
Associate Professor



Joseph Guagliardo, D.O.
Clinical Associate Professor



Michael Shank, D.O.
Clinical Associate Professor



David Cavanaugh, B.S.
Instructor

Biochemistry & Molecular Biology



Ruth D. Thornton, Ph.D.
Chair & Professor



Ruth Carter Borghaei, Ph.D.
Professor



Farzaneh Daghighi, Ph.D.
Professor



Dianzheng Zhang, Ph.D.
Assistant Professor

Emergency Medicine



John W. Becher, D.O.
Professor & Chair



Bohdan Minczak, Ph.D., M.D.
Clinical Professor

"When fate arrives the physician becomes a fool," -Arabic Proverb

"Medicines are not meat to live by," -German Proverb

"Where a man feels pain he lays his hand," -Dutch Proverb

"The doctor is often more to be feared than the disease," -French Proverb

Family and Geriatric Medicine



Harry J. Morris, D.O., MPH.
Professor & Chair



Michael Becker, D.O.
Associate Professor



Larry M. Finkelstein, D.O.
Associate Professor



Todd D. Vladyka, D.O.
Associate Professor



David Kuo, D.O.
Assistant Professor



Julia Helstrom, D.O.
Clinical Instructor



Katherine E. Galluzzi, D.O.
Professor and Chair
Geriatrics



Nicol E. Joseph
Clinical Instructor
Geriatrics



Kristen A. Berry, D.O.
Clinical Instructor

Internal Medicine



John P. Simelaro, D.O.
Professor & Chair



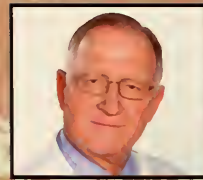
David A. Bevan, D.O.
Divisional Chair
Rheumatology



Rocco J. Crescenzo, D.O.
Divisional Chair
Hematology & Oncology



Jeffrey S. Freeman, D.O.
Divisional Chair
Endocrinology & Metabolism



William J. Gilhool, D.O.
Divisional Chair
Gastroenterology



Bruce Kornberg, D.O.
Divisional Chair
Cardiology



Pat. A. Lannutti, D.O.
Divisional Chair
Preventive & General



Joseph S. Lubeck, D.O.
Divisional Chair
Neurology



William A. Nickey, D.O.
Divisional Chair
Nephrology



Stephen M. Purcell, D.O.
Divisional Chair
Dermatology



Michael A. Venditto, D.O.
Divisional Chair
Pulmonary & Critical Care Medicine



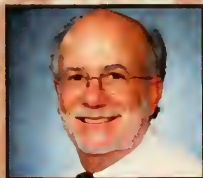
Theodora K. Bernardini, D.O.
Professor
Nephrology



Michael L. Levin, D.O.
Professor
Nephrology



Daniel J. Parenti, D.O.
Professor
Pulmonary & Critical Care



Richard A. Pascucci, D.O.
Professor
Rheumatology

"Varicose veins are the result of an improper selection of grandparents." -William Osler

"Never go to a doctor whose office plants have died." -Erna Bombeck

"He's the best physician that knows the worthlessness of the most medicines." -Benjamin Franklin

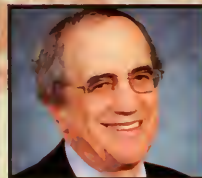
Neuroscience, Physiology & Pharmacology



Richard M. Kriebel, Ph.D.
Professor & Chair



Denah M. Appelt, Ph.D.
Professor



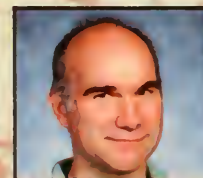
Frederick J. Goldstein, Ph.D.
Professor



Charlotte H. Greene, Ph.D.
Professor



Peggy E. Stewart, Ph.D.
Professor

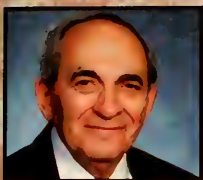


Marcus G. Bell, Ph.D.
Associate Professor



Beatrice Nace
Administrative Assistant

Obstetrics & Gynecology



Saul Jeck, D.O.
Professor & Chair



Lev J. Belder, D.O.
Clinical Professor

"Nowadays the clinical history too often weighs more than the man," -Martin H. Fischer

"The only weapon with which the unconscious patient can immediately retaliate upon the incompetent surgeon is hemorrhage," -William Stewart Halsted

Osteopathic Manipulative Medicine



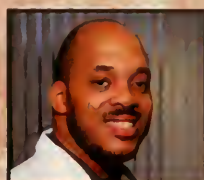
Alexander S. Nicholas, D.O.
Professor & Chair



Michael Kuchera, D.O.
Professor



Evan Nicholas, D.O.
Clinical Professor

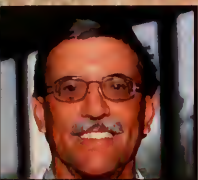


Darren McAuley, D.O.
Assistant Professor



Michelle B. Hobson, D.O.
Clinical Assistant Professor

Pathology, Microbiology, and Immunology



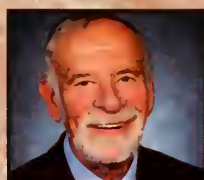
Brian J. Balin, Ph.D.
Professor



Kerin L. Fresa-Dilon, Ph.D.
Professor



Susan Hingley, Ph.D.
Professor



Robert M. Fogel, D.O.
Visiting Clinical Professor



Christopher S. Little, Ph.D.
Associate Professor



Gregory McDonald, D.O.
Associate Professor



Lindon H. Young, Ph.D.
Associate Professor



Rani Bright, M.D.
Assistant Professor



Dawn M. Shell, Ph.D.
Assistant Professor

Pediatrics



Rosemary E. Vickers, D.O.
Associate Professor & Chair



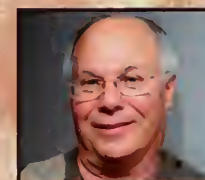
Larissa C. Fernando Dominy, D.O.
Clinical Assistant Professor



Izola David, D.O.
Assistant Professor



Carl Pullen, D.O.
Clinical Instructor



Stewart Cooler, M.D.
Assistant Professor

"What is the student but a lover courting a fickle mistress who ever eludes his grasp?" - William Osler



Psychology



Robert DiTimoasso, Ph.D.



William Clinton, M.A.



Arthur Freeman, Ed.D.



Yuma Tomes, Ph.D.

Physiatry



Gerald Dworkin, D.O.
Chair

Radiology



Madelyn Sine-Karasick, D.O.
Chair

*"Surgeons must be very careful
When they take the knife!
Underneath their fine incisions
Stirs the Culprit - Life!"
- Emily Dickinson*

Surgery



Arthur Sesso, D.O.
General Surgery
Department Chair



Leonard Finkelstein, D.O.
Urology



Richard Kanoff, D.O.
Neurological Surgery



Sherman Leis, D.O.
Plastic Surgery



John McPhilemy, D.O.
Orthopedic Surgery

Not Pictured

Abraham Zellis, D.O.
Andrea D. Pedano, D.O. '90
Dean S. Gray
Eugene Mochan, Ph.D., D.O. '77
Frank H. Windle
James A. Williams, M.S.
Jane Z. Dumsha, Ph. D.
Michael A. Venditto, D.O.
Richard A. Kralle
Rita C. Forde, M.B.A.
Wendy W. Romano
Rocco M. Crescenzo, D.O.
Stephen S. Levin, D.O.

"Medicine is a science of uncertainty and an art of probability," - William Osler



Our Wisest Teacher

Andrew Taylor Still, D.O., M.D.



The Structure Function



The Unity of Function



The Body Heals Itself

"Of what value is a mind when placed in the brain of a coward?
If mind is a gift of God to man for his use, let him use it. A
mind is not in use when doing no good."



A Short History of Medicine:

2000 B.C. - "Here, eat this root."

1000 B.C. - "That root is heathen,
say this prayer."

1850 A.D. - "That prayer is
superstition, drink this potion."



Digital Image © 2005 Des Moines University

1940 A.D. - "That potion is snake
oil, swallow this pill."

1985 A.D. - "That pill is
ineffective, take this antibiotic."

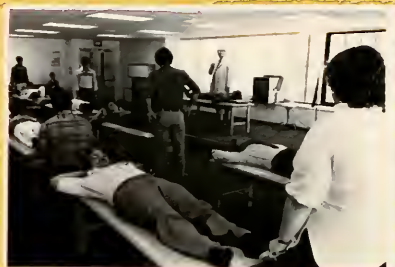
2000 A.D. - "That antibiotic is
artificial. Here, eat this root."

Dr. Andrew Taylor Still, the founder of osteopathy, with a dissecting class at the American School of Osteopathy in Kirksville.

"To find health should be the object of the doctor. Anyone can find disease."



First School of Osteopathy 1892



OHM Lab, City Ave. 1901.



Philadelphia was renowned in the field of the healing arts- allopathic and homeopathic. Thus no wonder that in 1899, two students from the Northern Institute of Osteopathy in Minneapolis, Mason Wiley-Pressly, DO and Oscar John Snyder, DO founded the Philadelphia College and Infirmary of Osteopathy (PCIO). It opened two rented rooms, one for teaching and clinical demonstration, and the other for practice, in the Stephen Girard Building at 21 South 12th street in the heart of Philadelphia's business and professional district. The first year class was comprised of seven students, including two of Dr. Pressly's patients. One year later, PCIO graduated it's first class-one man and one woman.

The next year, with an enrollment of 11 students and more faculty, the college relocated to 12 rented rooms on the 6th floor of the new Witherspoon Building at 1321 Walnut St. The college had 5 operating rooms, 2 large lecture halls, a private office and a reception room. Dr. Snyder, first president of the college, became a mobile information center on Osteopathic Medicine, A.T. Still's chief interpreter at Kirksville, and ASO Journal editor. He lectured nationally and lobbied for osteopathic recognition in the state of New York with author Mark Twain. He also continued to teach.

1918 Anatomy Lab 832 Pine st



X-ray Room 1928



Frederick A. Long-distance studios 1940.



In 1903, the college occupied a rented gas lit stone mansion at 33rd and Arch Streets in the suburban Powelton Village Section of West Philadelphia. At the end of 1904, Dr. Snyder recognized the growing demand for general practitioners and led him to campaign vigorously for legal recognition of the osteopathic profession in the Commonwealth of PA and throughout the country. He also pressed the graduates to complete their degrees in two years, then three years in 1905, and four in 1911. This helped meet the educational requirements of allopathic and homeopathic medicine. There was opposition from the allopaths in 1900-1920 which translated to harassing osteopathic physicians for allegedly practicing without a license. The trials results in dismissal of the charges or in the failure to take the accused before the judge or jury. An "August Revolution" over faculty remuneration resulted in the resignations of Drs. Pressly and Snyder, and the college was governed by the board presidents and deans until 1953.

In 1906, the college occupied a commodious three story gas-lit building at 1715 North Broad Street, near Temple University. In 1909, as a result of Dr. Snyder's lobbying efforts, the Pennsylvania Legislature granted osteopaths the license to practice and established a Board of Osteopathic Examiners. Surgery was a major disputed area of practice and the laws were amended in 1915, 1917, and 1923. But it was not until 1957 that the Pennsylvania legislation passed and unlimited Osteopathic practice.

In 1912 the college moved to 832 Pine Street, across from Pennsylvania Hospital. The first osteopathic hospital to be chartered in Philadelphia was established in 1912 in a row house at 410 S. 9th street, around the corner from the Pine St. College in the Society Hill area.

In 1916, college raised \$60,000 to buy and build its first property, a mansion at the corner of 19th and Spring Garden streets, the former home of Hon. John E. Rayburn, mayor of Philadelphia from 1907-1911. The structure was renovated to create offices, classrooms and laboratories, and added a 50 bed hospital and 150 seat surgical amphitheater. Two years later, two adjoining buildings on Spring Garden streets were purchased and used for a clinic and nurses' housing.



48th and Spruce st campus 1930



48th and Spruce Streets, Philadelphia, PA



33rd and Arch st campus



19th and Spring Garden Streets, Philadelphia, PA

48th and Spruce st campus



Day and night -- work here never ceases in the at-
tempt to save a life in an emergency. Rotating
internship system.
Lectures, treating patients in ER 1930's

When Congress declared war on April 6th, 1917, the Army Medical Corps refused to commission the 675 DO's in service, mostly for medical units. At the same time the college started a nursing school under the clouds of war, and it graduated its first class of three nurses in 1919. Women comprised almost half of the student body. The nursing school operated until 1960 when budget problems forced it to close. During 1918-1919, a severe influenza pandemic arrived in the US. The osteopathic physicians had notable success in treating flu patients than those treated with nostrum drugs and panacea serums.

In 1921, PCIO officially changed its name to the Philadelphia College of Osteopathy (PCO). In 1928, the PCO established the nation's first osteopathic residency program in radiology. 1940-Urology, 1942-Surgery, 1946-Internal Medicine, 1947- Orthopedics, OB/GYN, 1948-Pediatrics, 1979-OPP.

In 1929, PCO moved to 48th and Spruce in West Philadelphia. Despite the Great Depression, fund-raisers and contributions helped finance the construction of a \$1 million building, which housed a college, hospital, and administrative offices which served as the college's home for 45 years. The collegiate Gothic building designated by the Philadelphia Art Commission was "the most beautiful building erected in the city in 1929."





North Central Hospital Dedication 1951



Preceptor Lab 1914



Operation in Clinical Amphitheater 1924



75th Jubilee Anniversary



Dissection Lab 1908



The Sigma Kappa 1920 of 19th and Spring Garden Campuses

The college purchased the former Women's Homeopathic Hospital of Philadelphia at 20th and Susquehanna Ave in North Philadelphia thus adding 145 beds, a nurses' home and living area for the interns and residents.

In 1936, Dr. Ira Walton Drew, a Vermont Republican jokingly ran as a dark horse independent candidate for Congress from the 7th District of Pennsylvania. He won and served a two year term during which the Drew-Burke Bill passed, insuring national recognition and legal rights for the osteopathic profession.

In 1957, the College purchased the baronial 16 acre Moss Estate at City Ave and Monument Road, the location of the present campus. The first building constructed on the site, the Hospital of PCOM, was built by the General State authority of the Commonwealth of Pennsylvania. The only existing building on the property, the Moss House, was renovated for the office use. A 250 hospital bed was opened in 1968 on the Moss Estate.

In 1970, contracts were awarded for the library and classroom building at a cost of \$6 million. Evans Hall, the college building, was completed in 1972. In 1973, PCOM officially left its home at 48th and Spruce, although two basic science departments stayed until 1980-1981. It was named in honor of H. Walter Evans, DO, class of 1917, distinguished faculty member, professional director, professor, chairman of OB/GYN and a member of the board of trustees. In 1970, the rural primary health center was opened in Laporte, PA to serve isolated areas of Appalachia. In 1977, five story building at 4190 City Ave was purchased and named Rowland Hall after Thomas M. Rowland, who devoted himself to PCOM for 34 years.

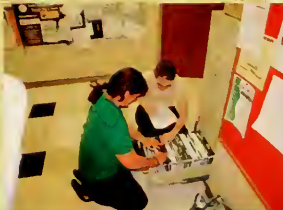
In Spring 1990, Lenoard H. Finkelstein, D.O. '59, became president and CEO of PCOM. During his early presidency, he pushed to increase the number of programs offered for internship and residency. This was accomplished by acquiring Parkview hospital, a 214-bed community hospital and by joining affiliation with Germantown Hospital and St. Agnes Hospital. In July 13, 1993, PCOM sold two hospitals to Graduate Health Systems.

In 1999, the PCOM hospital closed and shut down. It was later razed in 2001. That same year, Matthew Schure, Ph.D became the President and CEO of the college. In 2005, the college opened a branch campus in Suwanee, GA to help fill the need for more physicians in Georgia and the surrounding states. The first GA-PCOM class of 78 students graduated on May 17, 2009. Looking to the future, the college is looking to enroll it's first class in the newly-created school of pharmacy in Suwanee, GA in fall 2010.



"Look wise, say nothing,
and grunt.
Speech was given to
conceal thought, " W.
Osler, MD

Around 1944 Angus Gordon Cathie, DO (1931) provided each student with a set of bones prepared in the work room of the department. By foot, by car, or by trolley, students carried the specimens home in the "bone" box. He would admonish students, "Please do not use the femur to prop up your window, because if I see that, you flunk"



Stress Free Fridays

Finally goof off with the faculty! Humor is the ultimate cure...



Would you like some brain with that?



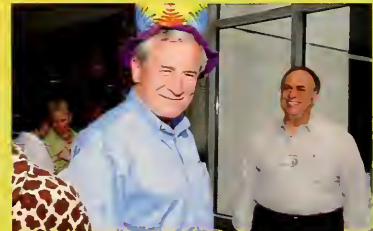
Must be the drugs...



Happy Friday Everybody



Who said I don't have fun?





Time Line

2006



Feb. 5: The Pittsburgh Steelers defeat the Seattle Seahawks in Super Bowl XL to win their fifth franchise championship.

Feb. 10: The 2006 Winter Olympics begin in Turin, Italy.

Apr. 11: Iran president Mahmoud Ahmadinejad states that Iran has enriched uranium.

Jun. 19: The Carolina Hurricanes defeat the Edmonton Oilers in the Stanley Cup Finals.

Jun. 20: The Miami Heat defeat the Dallas Mavericks in the NBA Finals to win their first franchise championship.

Jul. 13: Hezbollah, a Lebanese militant group, fires rockets into Israel.

Aug. 2: An outbreak of O157:H7 E. Coli (EHEC) bacteria in spinach kills at least three people and sickens 199 others in 26 states.

Sept. 4: Steve Irwin, "Crocodile Hunter" is killed by a stingray barb.

Oct. 2: Gunman Charles Carl Roberts IV kills 5 young girls and wounded 6 more at an Amish school in Pennsylvania.

Oct. 10: Google purchases YouTube for \$1.65 billion.

Oct. 27: The St. Louis Cardinals defeat the Detroit Tigers in the World Series to win their tenth franchise championship.

Nov. 23: Former KGB spy Alexander Litvinenko dies in a London hospital after he was poisoned with polonium-210.

Dec. 23: U.N. Security Council resolution bans the Iranian import and export of materials and technology used to enrich uranium.

Dec. 30: Sadaam Hussein is executed by hanging in Baghdad.

2007



Jan. 9: Apple Inc. presents the iPhone during Macworld in San Francisco. Apple stock rises by 7% that same day as a result.

Feb. 4: The Indianapolis Colts defeat the Chicago Bears in Super Bowl XLI to win their second franchise championship.

Mar. 6: Chief of Staff to the Vice President of the US Lewis Libby is found guilty of obstructing the course of justice in the Valerie Plame case.

Apr. 16: Seung-Hui Cho shoots and kills 32 people at the Virginia Tech campus in Blacksburg, Virginia.

From 2006 to 2010, you studied, you partied, and sometimes you slept...But the world did not snooze for a moment.

Jun. 6: The Anaheim Ducks defeat the Ottawa Senators in the Stanley Cup Finals.

Jun. 14: The San Antonio Spurs defeat the Cleveland Cavaliers in the NBA Finals to win their fourth franchise championship.

Jun. 21: President Bush uses a presidential veto against embryonic stem-cell research.

Jun. 27: Gordon Brown replaces Tony Blair as the prime minister of Great Britain.

Sept. 6: Italian opera legend Luciano Pavarotti dies at age 71.

Sept. 30: Prime Minister Viktor Yanukovych wins the Ukrainian Parliamentary Elections.

Oct. 9: Albert Fert and Peter Grünberg win the 2007 Nobel Prize in physics.

Oct. 12: Al Gore and the UN's Intergovernmental Panel on Climate Change win the 2007 Nobel Peace Prize.

Oct. 28: The Boston Red Sox defeat the Colorado Rockies in the World Series to win their seventh franchise championship.

Dec. 19: Russian President Vladimir Putin was chosen as the Time magazine's 2007 Person of the Year.

2008



Jan. 22: Heath Ledger is found dead in his fourth-floor loft apartment at 421 Broome Street in the SoHo neighborhood of Manhattan.

Feb. 3: The New York Giants defeat the New England Patriots in Super Bowl XLII their third franchise championship.

Feb. 17: Kosovo declares independence from Serbia.

Feb. 18: Fidel Castro resigns as president of Cuba. His brother, Raul, takes over.

Mar. 2: Dmitry Medvedev is elected President of Russia. Putin would become Prime Minister.

Mar. 4: Senator John McCain (R-AZ) secures the Republican nomination for President of the United States.

Apr. 3: Texas law enforcement raids the Yearning for Zion (YFZ) ranch on suspicions of physical and sexual abuse.

Apr. 3: The price of rice rises worldwide by 30%.

Apr. 30: Russia accuses Georgia of planning to invade Abkhazia.

Apr. 26: Police in Austria arrest Josef Fritzl, who had kept his daughter locked up in a specially designed cellar for 24 years, fathering seven children by her.

May. 2: Cyclone Nargis hits Myanmar, Burma.

May. 12: China's worst earthquake in 32 years strikes in Sichuan Province (central China).

May 23: Nepal abolishes 240 years of monarchy.

Jun. 3: Senator Barack Obama (D-IL) secures the Democratic nomination for President of the United States.

Jun. 4: The Detroit Red Wings defeat the Pittsburgh Pirates in the Stanley Cup Finals.

Jun. 17: The Boston Celtics defeat the Los Angeles Lakers in the NBA Finals to win their 17th franchise championship.

Jul. 26: The U.S. Senate passes a landmark housing bill that offered up to \$300 billion dollars in loans for troubled homeowners and established a recovery plan for Fannie Mae and Freddie Mac.

Aug. 8: The 2008 Summer Olympics begin in Beijing, China.

Aug. 17: U.S. swimmer Michael Phelps sets the record for most Olympic gold medals obtained during a single Olympiad.

Sept. 13: Lehman Brothers Holdings files for Chapter 11 bankruptcy.

Oct. 29: The Philadelphia Phillies defeat the Tampa Bay Rays in the World Series to win their second franchise championship.

Oct. 3: The U.S. House of Representatives backs the \$700 billion dollar Emergency Economic Stabilization Act of 2008.

Nov. 4: Senator Barack Obama defeats Senator John McCain in the 2008 Presidential Election.

Nov. 18: Ford, GM, Chrysler ask for \$25 billion dollars in bailout loans.

2009



Jan. 15: Chelsey B. "Sulley" Sullenberger guides a U.S. Airways jetliner with 155 passengers to safety on the Hudson River.

Jan. 20: Barack Obama is sworn in as the 44th President of the United States and the nation's first African American president.

Feb. 1: The Pittsburgh Steelers defeat the Arizona Cardinals in Super Bowl XLIII to win their sixth franchise championship.

Feb. 17: President Obama signs the \$787 billion American Recovery and Reinvestment Act of 2009 into law.

Feb. 27: President Obama announces plans to withdraw most U.S. troops from Iraq by the end of August 2010.

May. 31: 228 passengers aboard Air France Flight 447 en route from Rio de Janeiro to Paris are killed when the aircraft crashes in the Atlantic Ocean.

Jun. 11: The World Health Organization raises the swine flu (H1N1) alert to its highest level, and declares it a global pandemic.

Jun. 12: The Pittsburgh Pirates defeat the Detroit Red Wings in the Stanley Cup Finals.

Jun. 13: Tens of thousands of Iranians protest the country's contested presidential election of Mahmoud Ahmadinejad.

Jun. 14: The Los Angeles Lakers defeat the Orlando Magic in the NBA Finals to win their 16th franchise championship and fourth championship of the 2000's.

Jun. 25: Michael Jackson, at the age of 50 dies after suffering cardiac arrest at his Neverland ranch. The death is ruled a homicide on August 28.

Jun. 29: Bernard Madoff, the convicted mastermind of the largest Ponzi scheme in U.S. history is sentenced to the maximum sentence of 150 years in federal prison.

Aug. 8: Sonia Sotomayor is sworn in as the 111th justice of the Supreme Court, and the first Hispanic to hold a seat on the court.

Aug. 25: The "Lion of the Senate", Senator Edward Kennedy (D-MA), at the age of 77 dies at his home in Hyannis Port, MA.

Sept. 9: President Obama in a joint speech to Congress appeals to fix the nation's ailing health care system.

Sept. 26: Oscar winning film director Roman Polanski is arrested in Switzerland on a warrant stemming from a sex charge in California.

Oct. 9: President Obama wins the Nobel Peace Prize.

Nov. 4: The New York Yankees defeat the Philadelphia Phillies in the World Series to win their 27th franchise championship.

Nov. 5: Fort Hood, Texas is stunned when Nidal Hissam opens fire on a processing center, killing 13 people and wounding others.

Nov. 27: Tiger Woods is treated and released from a hospital after suffering minor injuries following a car accident in Florida.

Dec. 1: President Obama announces the deployment of 30,000 additional troops to Afghanistan.

Dec. 24: The United States Senate passes a sweeping health care reform bill 60-39. It was the second longest Senate debate in U.S. history.

Dec. 25: Umar Farouk Abdulmutallab ignites a small explosive device on a Northwest Airlines flight shortly before landing in Detroit. The attempt is foiled by another passenger and crewmembers.

2010



Jan. 12: A 7.0-magnitude earthquake occurs in Haiti. The confirmed death toll is over 230,000.

Jan. 13: Singer Teddy Pendergrass passes away.

Feb. 3: The New Orleans Saints defeat the Indianapolis Colts in Super Bowl XLIV to win their first franchise championship.

Feb. 11: Fashion designer Alexander McQueen passes away

Feb. 12: The 2010 Winter Olympics begin in Vancouver, Canada.

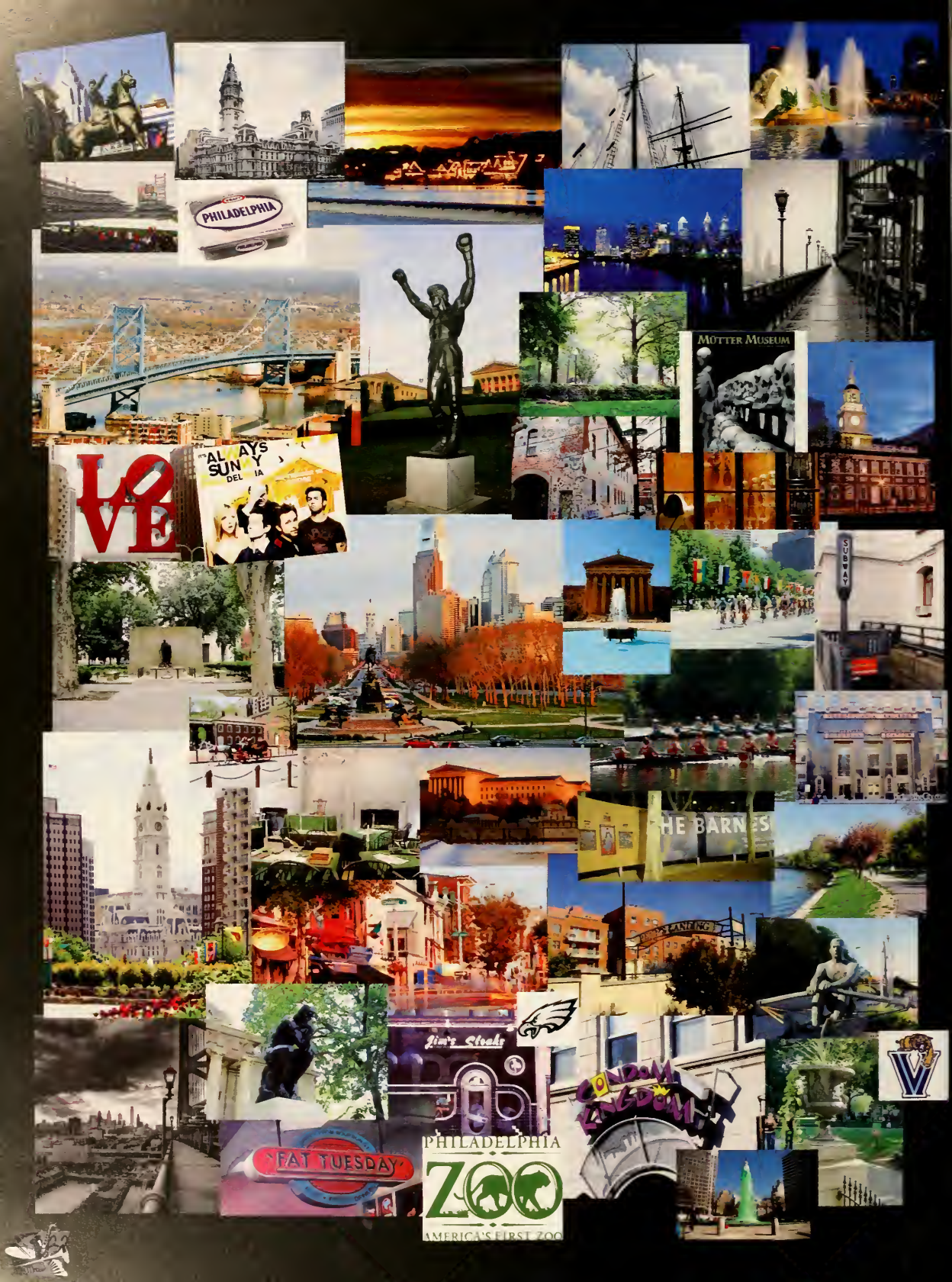
Feb. 18: Niger president Tandja Mamadou is overthrown.

Feb. 27: An 8.8 magnitude earthquake occurs in Chile. The confirmed death toll is 800.

Mar. 7: Kathryn Bigelow becomes the first woman to win an Academy Award for Best Director.

Mar. 15: 25th anniversary of the advent of ".com" addresses.







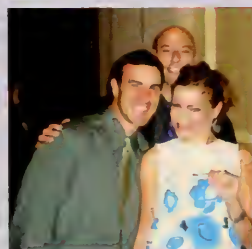
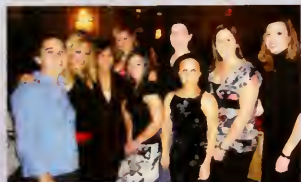
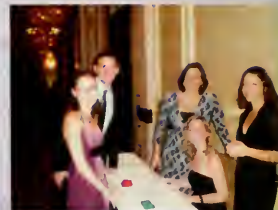
Clubs and Organizations

Either you wanted to belong, put your mind to something, get involved, get out of the library, fulfill a purpose! and in the end, these are your smiles.

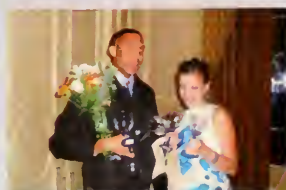


ACOF P

Primary Care Week ACOFP Dinner



AOA Convention

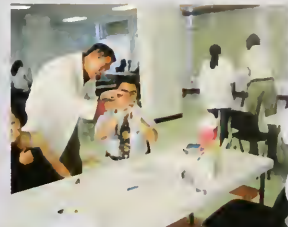
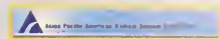
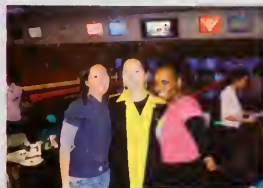


Is that enough you think?



acofp American College of
Osteopathic
Family Physicians
Excellence in Medicine. Healing Through Care.

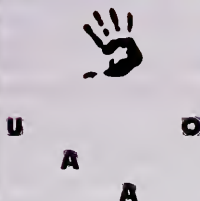
Asian Pacific American Medical Association



Christian Medical Association



Colorado Award Dinner



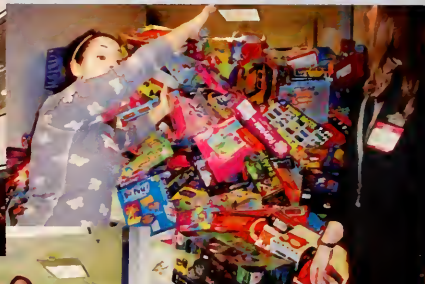
Dallas Convention 2006



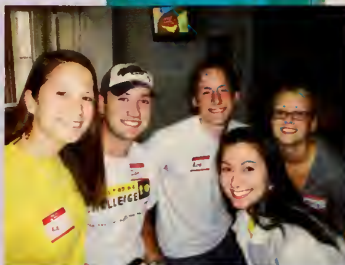
Christian
Medical & Dental
Associations®
Changing Hearts in Healthcare

ABATE Motorcycle

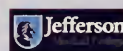
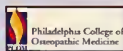
Toy Run at CHOP



Thanksgiving at the Northern Home



Bridging The Gaps



Heart Smart Dinner





National Conference San Francisco

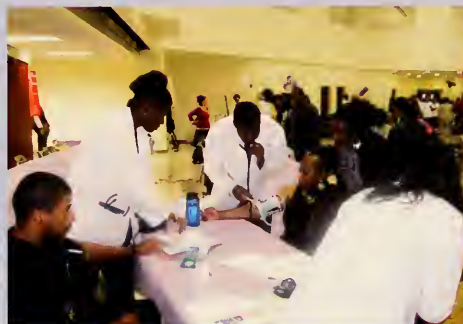


Banquet

Student National Medical Association



Black History Month



Health Fair



AIDS WALK



Livestrong Challenge



Sport Medicine Club



WHEN IT WAS TIME TO GET SOME
ENERGY OUT, FEEL HEALTHY, AND
HAVE SOME FUN, HERE IS WHERE
YOU TURNED:

Among the PCO tennis legends were the Fischer brothers, Herbert (1923) and Carl (1925). Carl brought PCO victory in 1923 Intercollegiate Tennis Championship where he won the singles event in a tournament with Yale, Harvard, Stanford, the University of California, Oxford, and Cambridge. In 1924 he was invited to play at Wimbledon where he played doubles with Australian Norman Brookes.



PCOM EAST



PCOM Rugby Team

Formed in 1974 and captured first place in the Eastern U.S. Rugby Union Collegiate Tournament that year that later reorganized as the Graduate School Division.



Intramural Basketball



Intramural Volleyball



Dodgeball Intramurals



PCOM Soccer Team



Deck Hockey



PCOM Field Hockey Team



Flag Football Intramurals



"It is the duty of every student to think of mind, body, and attitude. Sports will assist tremendously in developing necessary character traits for future us, especially in the field of practice." -Dr. M. Francois D'Eliscu, director of athletics and student welfare, 1935.



Team Colombia



Let the Games Begin!



Team Fiji



Team Ireland



Team Jamaica



60 60 60!



Team Greece



Team Italy



Team Germany



Team Canada

Beer Pong





Aloha Parties

So where to wear that Hawaiian shirt? How about to an all out event at the Frat House?



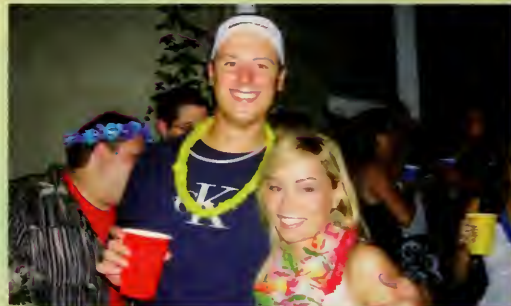
Kappa Sigma Phi, Beta Chapter founded 1908



Phi Sigma Gamma, Zeta Chapter founded 1907



Can I wrap YOUR hands?





Big Sky, MT Conference

Wilderness and Medicine



Do you have a license?



"Mountains Beyond Mountains"



Just missing my stethoscope



We don't only look at in white coats





PCOM SGA



Council of Osteopathic Student Government Presidents
Chicago, 2007



SGA Retreat



Internal Medicine Club



Jewish Medical
Association



SGA E-Board 2007-2008



Habitat for Humanity in Fort Worth, Texas with
COSGP



COSGP Conference in San Diego



Physicians for
Human Rights

AMAX



AMA

AMAX



SSP



Light the Night Walk

Rowing with disabled



Academic and Educational Clubs

Anesthesia Club
Biomedical Sciences Club
Business in Medicine Club
Dermatology Club
ENT/Otolaryngology Club
Emergency Medicine Club
Genetics in Medicine
Geriatrics Club Geriatrics Club
Internal Medicine Club
Nutrition in Medicine
OB-Gyn
Oncology Club
Ophthalmology
PM&R Physical Medicine and Rehabilitation
Pathology
Pediatrics
Physician Assistant Club
Physicians for Social Responsibility
PsyD Clinical Psychology
Psychiatry Club
Radiology Club
Surgery Club

Athletic Clubs

Rugby
Runner's Club
Soccer Club
Volleyball Club

Social Organization

ACapella
Medical Association
PCOM East
Wilderness Medicine Club

Organizations and Chapters

ACOFPP American College of Osteopathic Family Physicians
AMA American Medical Association (AMA)
AMOPS Association of Military Osteopathic Physicians and Surgeons
AMSA American Medical Student Association
AMWA American Medical Women's Association
APAMSA Asian Pacific American Medical Student Association
CMDA Christian Medical and Dental Association
CNS Clinical Neuroscience Society
Kappa Sigma Phi - Women's Osteopathic Association
Medical Students for Choice
Muslim Medical Association
NLHO National Latino Health Organization
Phi Sigma Gamma - Men's Osteopathic Society
PHR Physicians for Human Rights
PSR Physicians for Social Responsibility
SAOASM Student American Osteopathic Academy of Sports Medicine
SNMA Student National Medical Association
SOMA Student Osteopathic Medicine Association
Sigma Sigma Phi - Osteopathic Service and Honor Society
UAAO Undergraduate Academy of American Osteopaths

"I have no desire to be a cat, which walks so lightly that it never creates a disturbance," William Osler

We the Class of 2010, a mosaic of diverse individuals, establish ourselves as a community united by our pursuit of excellence, connected by our interest in learning, and driven by our desire to serve.

We will strive to:

- o Realize our greatest potential each day.*
- o Maintain and foster our unique interests, which are fundamental to who we are.*
- o Embody osteopathic principles in every aspect of our lives.*
- o Achieve a balance between our own needs and those of our community.*
- o Conduct ourselves honorably, with integrity and the desire to see our colleagues succeed.*
- o Remain resilient, positive, and empathetic, realizing that we are people caring for people.*
- o Seek out and acknowledge the patient's full story without judgment.*
- o Reach out with our hands to touch the patient's mind, body and spirit.*
- o And finally, we will exemplify the highest standards of medical care through selflessness and respect.*

*As student doctors today and osteopathic physicians tomorrow,
we affirm our commitment to a path of many challenges.*

*We humbly assume these responsibilities to ourselves, our colleagues,
our profession and our patients.*

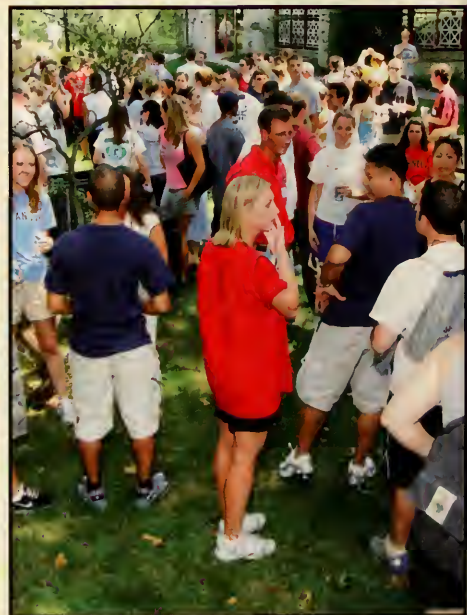


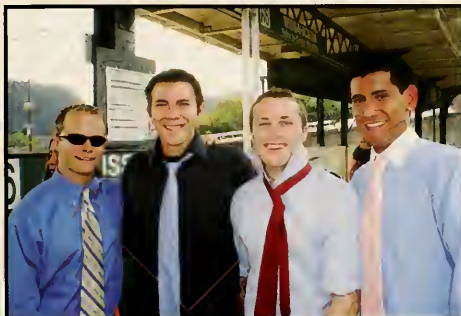
In seeking absolute truth we aim
at the unattainable and must be
content with broken portions,"

-William Osler

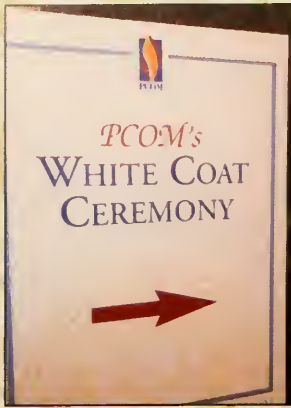
Orientation Week

Little did we know...
where this journey will take
us...
and the friendships it would
form along the way





White Coat Ceremony



We were anxious, We were proud, We were ready





P.C.O.M. Prom



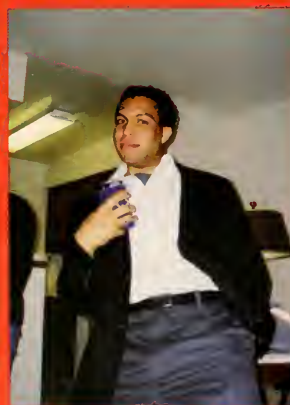
It was time to shine!...and not only in Dr. Kornberg's spotlight



A RED CARPET AFFAIR

2007 - Sheraton Hotel Center City
2008 - Hyatt on the River

CASINO
ROYALE





We want to read school and all we got are these red bottles



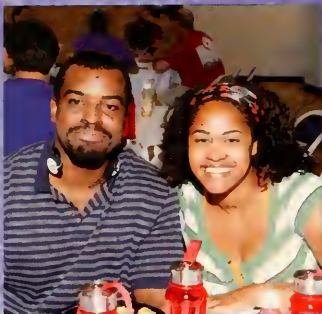
**We Survived
First Year!**



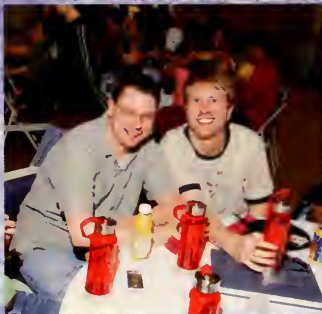
Survivor



I think the answer was "C" to everything



And then he just moves to Cali



Just can't wait to use our presents--



"The philosophies of one age have become the absurdities of the next, and the foolishness of yesterday has become the wisdom of tomorrow."
W. Osler



If you survive, you do the "Lose"



So which HVL is technique do we use, please for?



What's strategic?





Lunch



Laughing NOT in the library, missless



AC freight?



Check off my year



Is this coffee REALLY Pro?



This is a very much, just, first...



Oh, is that me in there?



Red is for Bulldogs



DO Day on the Hill



Washington D.C.



"The very first step towards success in any occupation is to become interested in it," -W. Osler

Locks of Love



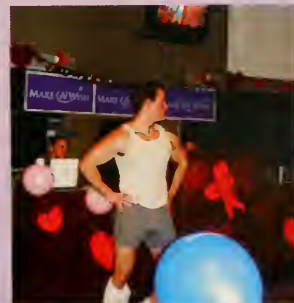
Like mother, like family



Make a Wish Foundation Date Auction



"What's in a name? That which
we call a rose,
By any other name would smell as
sweet"



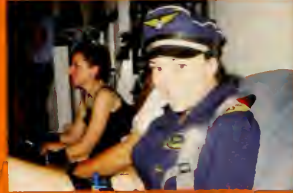
MAKE A WISH



Just Another Excuse to Loosen that Fascia



Maid my armpits smell delicious



Santa, keep me as OAM table



Went to check out my special dysfunction?



Painting Puffy Groom

Halloween, Winter Holidays, St. Patty's, GOLF PROS & TENNIS HOES



be Summer's waifs girl for the Gollings Army



Hangin' out with the snowflakes



Who is the hero and who the pro?



I'm always had ass in the library



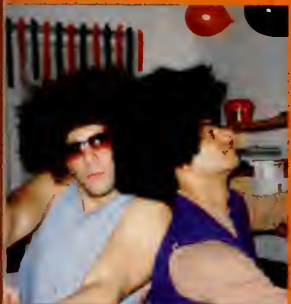
"Humility and knowledge in poor clothes excel



pride and ignorance in costly attire."- William Penn



The Gay Man



The Lady men

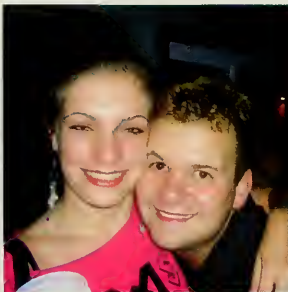


POST EXAM PARTIES





WORK HARD, PLAY HARDER





UNDEFEATED BACK TO BACK!



Softball with faculty and upperclassmen



"There is a place for the fair sex in the practice of Osteopathy - a place as high and noble as that occupied by men." -O.F. Snyder, DO



WINNERS ALL YEARS!



WHEN IT'S TIME TO KICK SOME FACULTY BUTT!!!



Listen COM, 'cause he is it
The beat that we're bangin' is Fogelicious!

Fogelicious definition: Make med students crazy
They want his dollar, Make them holler, Make their brain feel hazy

You can't stump him, Gotta love him
He ain't easy, He ain't cheesy
Got 11 reasons for SLE-sy
Knows what you got just by your sneezy

Fogelicious, Knows all about pernicious

Lack B12 be suspicious, Your anemia ain't fictitious

Aaaaatelectasis, And septic shock shock
We be lining City block just to watch what he's got

Fogelicious (He's hot hot)
Fogelicious (He makes our minds rock rock)
Fogelicious (3 piece suit is what he's got)
Fogelicious (c-c-c-c-c classy classy)

Fogelicious def, Fogelicious def, Fogelicious def, Def def def def def
Fogelicious definition: Make med students wobbly

They always claim they know him, In his office call him Bobby
He's the R to the O-B-E the R the T
And can't no other prof put it down like he

He's Fogelicious, Knows myeloma is so vicious
He be up in the gym just workin' on his fitness, Sixers - his witness
Got that treadmill on lock lock
We be lining City block just to watch what he's got

Fogelicious (He's hot hot)
Fogelicious (He makes our minds rock rock)
Fogelicious (3 piece suit is what he's got)
Fogelicious - Hold... hold... hold up. Check it out...

Thrombocytopenia, Palpable purpura
Honey get some patients, Maybe then you'll get a chance
Don't be hasty hasty, With time don't be wastey, Never lazy lazy

Or you'll make him crazy

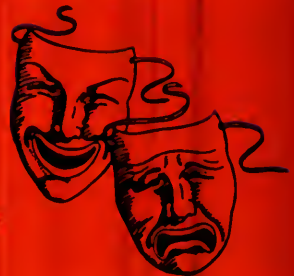
C to the L to the A-S-S-Y, He's so classy
C to the L to the A-S-S-Y, He's so classy
F - OG - EL - I - C - I - O - U - S

To the F, to the O, To the... the... the... the... He's FOGEL!!!!

B* #ch, give me your purse!

Yes, the gentleman in the green hat, loud please.

This is called stunning of the
heart; you know like I stun
somebody upside the head with a
2 x 4 plank of wood.....stunning.
Anybody confused?



This humble country doctor
disagrees

I'm sorry, the devil made me do it.

In the 1950's, the students started
an annual Christmas Show
resurrecting the song and dance
talent that had flourished in PCO's
performing arts in the 1920's and
'30's - only this time laced with
satirical humor. The Christmas
Show evolved into the Flounders
Day (eventually "Follies"), which
premiered January 25, 1980. We
dedicated our Follies (and this
page) to our beloved Dr. Fogel.



This is not the War of 1812,
this is your life's work!

Can someone bring down those
slides?



"He who studies medicine without books sails an uncharted sea, but he who studies medicine without patients does not go to sea at all," -W. Osler, MD

Robert Berger, D.O.
Clinical Learning & Assessment Center
Simmy Ginsburg
Robotic Simulation Suite



"Who ever thought up the word
"Mammogram?" Every time I hear it, I
think I'm supposed to put my breast in an
envelope and send it to someone." ~Jan
King



"The only weapon with which the
unconscious patient can immediately
retaliate upon the incompetent surgeon is
hemorrhage." ~William Stewart Halsted

Anatomy of the white coat

Pens: 7 of them if you're a third year; 2 if you're a fourth year (one for yourself and one for your attending). **Index cards:** filled with vital information about your patient which your intern found out days before you did. **Pocket manuals:** one for the conscientious student; two or more if you're really compulsive. **Stethoscope:** all that money and still no murmurs. **Antimicrobial Handbook:** courtesy of a drug rep which probably would come in handy if it took less than 20 minutes to use. **Unfinished H&P.** **Ophthalmoscope:** unused instrument that often serves as a penlight in a pitch. **Reflex Hammer:** used to entertain yourself when rounds get a little long



Surgery



Surgery



"Symptoms are the body's mother
tongue; signs are in a foreign
language." -John Brown





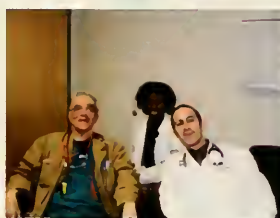
Surgery



Surgery



Rowland Hall



City Avenue



At the Mutter



Psychiatry



Outpatient Clinic



Outpatient Clinic



Saving hearts with the Queen and King of Cards



Absolutely Positively Radiology



City Avenue



Never a non-dance moment.



Faculty vs. Student...chug races

"And lo, The Hospital, still
quiet, old, Where Life and
Death like friendly chaffers
meet." ~William Ernest Henley



Oy/Gyn with Dr. Jack



Sniffy Puffy Sniffy

"A drug is that substance which, when injected into a rat, will produce a scientific report." -Author Unknown



Jersey Shore Rotations...



Who is next for DRE?





Camelia

"Who ever thought up the word
"Mammogram?" Every time I
hear it, I think I'm supposed to
put my breast in an envelope and
send it to someone." ~ Jan King



Sullivan County

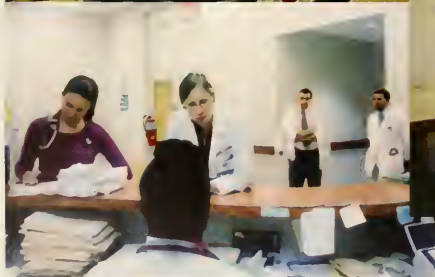


Rosborough



City Avenue

CLINICAL ROTATION GROUPS "Saving lives since 2008 A.D."



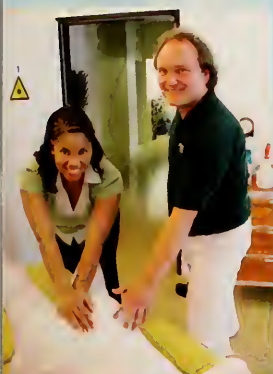
I think you missed the sexual history on your H&P

Lancaster Avenue Healthcare Center

Rosborough Memorial Hospital Clinic

"Two roads diverged in a wood, and I, I took the one less traveled by, And that has made all the difference. "

-Robert Frost



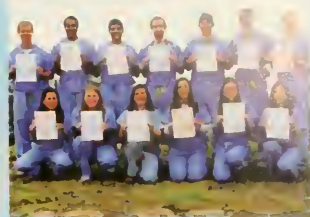
Germany



Panvel, India



Cross Province General Hospital, Mumbai, Kenya



Ecuador



India



Guayaquil



Budapest, Hungary



Vietnam Medical Mission Trip 2007



Duran, Ecuador



Cork, Ireland



Nepal



Free Clinic of Guayaquil



Ecuador



Belize



Nepal

Mens et



Manus



"Release of the intrinsic healing of the body can happen when we use manipulation, our birthright modality." David Heilig, DO



Osteopathic Manipulative Medicine



The Cranial Impulses are telling me to dance



Boffing money on Osteopathy

U.S. Armed Forces At PCOM



In November 1942, the **US Manpower Commission** announced that osteopathic physicians would be deferred from the draft where civilian need warranted. Finally in 1943, federal officials advised the college that osteopathic physicians were recognized as essential and were commissioned in the armed forces.



Despite FDR's acceptance of DO's, the **Armed Forces** were not ready to embrace them as commissioned officers. Instead, the draft board gave osteopathic physicians 2-A deferments to care for the civilian population whose MD's have gone overseas.



In 1966, Secretary of Defense Robert McNamara issued a directive ordering the military to accept qualified DO's who volunteered for active duty commissions in the **Medical Corps**. The **AMA House of Delegates**, which had always fought the inclusion of DO's in the draft, unanimously supported the notion. The first 111 DO's were drafted in February 1967. Hugh P. Scott, D.O. '64, promoted to Rear Admiral in 1990 was among them.







Hippocratic Oath

I swear by Apollo the Physician and Asclepius and Hygieia and Panacea and all the gods, and goddesses, making them my witnesses, that I will fulfill according to my ability and judgment this oath and this covenant.

To hold him who has taught me this art as equal to my parents and to live my life in partnership with him, and if he is in need of money to give him a share of mine, and to regard his offspring as equal to my brothers in male lineage and to teach them this art-if they desire to learn it-without fee and covenant; to give a share of precepts and oral instruction and all the other learning to my sons and to the sons of him who has instructed me and to pupils who have signed the covenant and have taken the oath according to medical law, but to no one else.

I will apply dietetic measures for the benefit of the sick according to my ability and judgment; I will keep them from harm and injustice.

I will neither give a deadly drug to anybody if asked for it, nor will I make a suggestion to this effect. Similarly I will not give to a woman an abortive remedy.

In purity and holiness I will guard my life and my art.

I will not use the knife, not even on sufferers from stone, but will withdraw in favor of such men as are engaged in this work.

Whatever houses I may visit, I will come for the benefit of the sick, remaining free of all intentional injustice, of all mischief and in particular of sexual relations with both female and male persons, be they free or slaves.

What I may see or hear in the course of treatment or even outside of the treatment in regard to the life of men, which on no account one must spread abroad, I will keep myself holding such things shameful to be spoken about.

If I fulfill this oath and do not violate it, may it be granted to me to enjoy life and art, being honored with fame among all men for all time to come; if I transgress it and swear falsely, may the opposite of all this be my lot.

The Osteopathic Oath

as proposed by Frank E. MacCracken, D.O.

I do hereby affirm my loyalty to the profession I am about to enter. I will be mindful always of my great responsibility to preserve the health and the life of my patients, to retain their confidence and respect both as a physician and a friend who will guard their secrets with scrupulous honor and fidelity, to perform faithfully my professional duties, to employ only those recognized methods of treatment consistent with good judgment and with my skill and ability, keeping in mind always nature's laws and the body's inherent capacity for recovery.

I will be ever vigilant in aiding in the general welfare of the community, sustaining its laws and institutions, not engaging in those practices which will in any way bring shame or discredit upon myself or my profession. I will give no drugs for deadly purposes to any person, though it may be asked of me.

I will endeavor to work in accord with my colleagues in a spirit of progressive cooperation and never by word or by act cast imputations upon them or their rightful practices.

I will look with respect and esteem upon all those who have taught me my art. To my college I will be loyal and strive always for its best interests and for the interests of the students who will come after me. I will be ever alert to further the application of basic biologic truths to the healing arts and to develop the principles of osteopathy which were first enunciated by Andrew Taylor Still.

Lynn Wen Acquaviva, D.O.

Temple University, B.S.

Drexel University School Of Medicine, M.S.

Quakertown, PA



"It is not the end
When a towel is thrown onto the ring
My legs might be exhausted
But my heart continues to beat
My tears have already dried up
My heart is on fire
Even if I am hit and I fall

I will stand up again...For you, who believed in my destiny...I will never give up my passion"

Thank you God for guiding me and giving me the knowledge and strength these past four years of medical school, please continue to guide me through this next, new chapter of my life.

For those who believed in my destiny,

-to my parents: Thank you for your unconditional love, support and guidance during those times of stress or uncertainty. I do not know how I could have made it during these four years without you both.

-to my sister: I have always told you that I am here for you, but thank you for always being there for me. Thanks for the various times of listening to me, going out on random adventures or food trips, and watching dramas.

-to my friends:

Kerry and Heather: My Jamaican twin and the "best ever" New York cheesecake baker, thanks for being there during both the good times and bad, keeping me sane and always believing in me.

Rayya, Yein and Shannon: For my chocoholics, thanks for the advice and our trips into the city for the naked chocolate store. Even though we are at different medical schools, I wish you guys all the best in your future endeavors and look forward to our next hangout and cooking sessions.

Krissy: Hey Jem girl, thanks for being truly outrageous ever since preschool. We are getting old, but it is great to have a friend like you to turn to for guidance or just hang out and watch our favorite 80's cartoon show.

And last, but not least, to my PCOM classmates: For those I have become close friends with and to Elton who will always be missed, it has been a fun and crazy rollercoaster ride these past four years. Congratulations to everyone and best of luck!

Lynn Acquaviva, DO

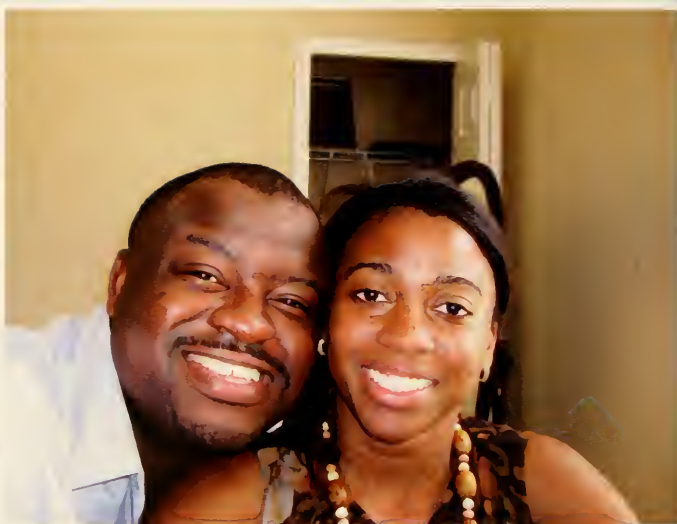


Selase Yao Agbenoto, D.O.

Alabama A & M University, B.S.

Duke University, M.S.

Accra, Ghana



First and foremost I thank God almighty for giving me life and strength to accomplish this great success. Without His grace and mercies all this wouldn't be possible. To my parents the late Maj. Roland (Rtd) and Mrs. Clotilde Agbenoto I owe most of my life credits of success to you for been there for me through the good and bad times, and to that I say a big thank you. Dad I know you are looking down from heaven proudly at me. To my brothers Mawuena and Setsoafia Agbenoto I say thanks for been there for me and making life bearable. Without my family I probably would not have made it this far. To my dear wife Susan Agbenoto, we made it and thank you for your love, support, comforting words, prayers, longtime friendship and patient understanding, to make this journey bearable and possible. Mr Charles Asare. Dr Conrad Bonsi, Mr Fo-Kofi Worlanyo, thank you folks for all your help and support. To PCOM, thank you!!!

"The LORD is my shepherd; I shall not want.....thou anointest my head with oil; my cup runneth over. Surely goodness and mercy shall follow me all the days of my life; and I will dwell in the house of the LORD for ever." Psalm 23



Selase Agbenoto, D.O.

Olukayode Adebisi Akinsola Jr., D.O.

Xavier University Of Louisiana, B.S.

Saint Joseph's University, M.B.A.

Stamford, Connecticut



"If you can dream and not make dreams your master....."

-Rudyard Kipling

First & foremost, all glory is respectfully & graciously directed to my Lord & Savior Jesus Christ, for without him this memorable milestone is devoid of all meaning. Thank you Lord, for your grace, mercy & unconditional love.

To my parents, Steve Olukayode Akinsola Sr. & Helen Omobola Akinsola. I love you both so much. Your guidance, support & love over the years are appreciated & I do not take either one of you for granted. A son could not ask for a better set of encouraging & selfless parents. To my younger brother, Olusola Ayoola Akinsola a.k.a "Lu", WE ARE BROTHERS! Many thanks for being the best cook a big brother could ask for! Love you LB!

To Mojirayo Adebimpe Sarumi, my virtuous woman of God, I thank the Lord everyday for bringing you into my life. Your presence has been a blessing in more ways than I can possibly imagine. I pray that we are able to make God smile together over and over in the future! 143!

To SNMA, which has been a solid support system in my journey to become a doctor, I am indebted. I have gained a greater appreciation for the virtue of service because of this wonderful entity. May it continue to cultivate clinically excellent, culturally competent & socially conscious physicians.

To PCOM, the institution from which I earned my osteopathic medical education, I offer my sincerest gratitude. Dr. Blake, Dr. Fogel, Dr. Fresca, Dr. Coughlin, Mr. Cavanaugh.....thank you for your encouragement, guidance & mentorship.

To Mr. Elton Glenn Cosby, Jr. (1981-2008), may you rest in everlasting peace. You are loved & missed. See you when I get there.

To my friends & colleagues, you are treasured! Thank you for your support!

To the Class Of 2010, I pray for God's best in your future careers!

Peace, love & blessings to all....

Olukayode A. Akinsola Jr., D.O., M.B.A.



**Maame Abena Akomaa
Akomeah Boti, D.O.**
Wartburg College, B.A.
Saint Joseph's University, M.B.A.
Ejisu-Donyina, Ghana



I can't even fathom where I would have been were it not for God who has granted many of my inner most desires.

To my parents Kwadwo and Elizabeth Akomeah, my siblings and my immediate family, you have been with me every step of the way. This journey will have been impossible were it not for you. You have encouraged and also supported me spiritually, psychologically, emotionally and physically throughout the years. You were and still are my greatest cheerleaders. Thanks for the sacrifices you've made for me. To the Philadelphia Ghanaian Seventh Day Adventist Church, I am proud, privileged and count it a blessing to be a part of such a loving, caring and nurturing community. To my friends and the acquaintances forged, I am grateful for the impact you've made during these years.

To the class of 2010 "In our careers, we will meet many people. All are significant. They deserve our attention and care, even if all we do is smile and say hello."

To every- and anyone who made this wild dream a reality thanks for enjoying the ride with me.

After all is said and done "I hope that my achievements in life shall be these - that I will have fought for what was right and fair...I will have risked for that which mattered.... I will have given help to those who were in need, that I will have left the earth a better place for what I've done and who I've been,"

C. Hoppe

Medasi

Mo ba, Mo nnua, mo wofasi, mo siwaa, mo na-na eni mo adanfo..



M. Akomeah Boti, D.O., MBA



Nicole Elana Albert, D.O.

The Pennsylvania State University, B.S.
Philadelphia, Pennsylvania



We finally made it. It seems like just yesterday we all reeked of cadaver. So many people in my life have helped make this day possible.

MOM- Our relationship may seem odd to those on the outside, but we both know the mutual love and support that has helped us through many difficult times. No one could ever believe in me as much as you have. You are my role model and my best friend.

DAD- You are the light that guides me when things seem too tough. I wish you were here to see how far I've come. You will be in my heart forever.

BILLY- You entered my life at a time when I needed someone like you the most and have treated me like a daughter ever since. We are so lucky to have you as part of our family.

MOMMOM & POPPOP- Thank you for always staying so involved in my life and education.

AUNT HEIDI & UNCLE ALAN- Thank you for always caring, no matter how much you have going on in your own lives.

CJ- Hey, thanks for putting up with me! Here's to many more Eagles games, TV show marathons, jiffy pop, and mind erasers.

PENN STATE CREW-Thanks for never letting me lose the "shot Nazi" in me.

PCOM FRIENDS- Who would have ever thought we could have so much fun in med school? Continue to work hard and play hard!



Michael Alterman, D.O.

Rutgers University, B.A.
University Of Medicine & Dentistry
Of New Jersey, M.B.S.
Marlboro, New Jersey



To my Family: Mom and Dad you both made this possible. Without your unyielding support I could not have come this far. I am so grateful to have such wonderful parents. Cheryl and David I couldn't ask for better siblings, you both have made this journey a little easier. Now you all can finally call me Dr. Mike.

To my Friends: Thank you for all the great memories over the past four years. I wish you all much success in your future endeavors.

To Lynn: Over the past four years we have gone through so much together. You have been so supportive during these trying times. I am so glad to have you in my life, and look forward to spending many more years together.

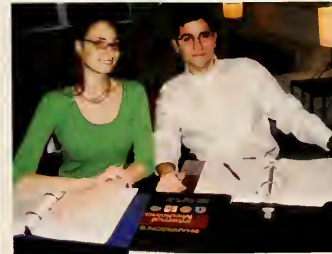


Michael Alterman, D.O.

Frank Joseph Amico Jr., D.O.

Hofstra University, B.S.

Melville, New York



Medical school, as we all know quite well, is difficult to say the least. It requires an almost inhuman work ethic compounded with an internal drive for success and perfection. The level of success you achieve can only be attained with the support and help of those around you. I would like to thank my family, especially my mother and father. My first two years of medical school presented me with unforeseen and almost insurmountable obstacles that I was neither prepared for nor expecting. However, through the unlimited support and unconditional love of my parents, I have been able to attain levels of success I never thought possible.

He who studies medicine without books sails an uncharted sea, but he who studies medicine without patients does not go to sea at all.

~William Osler

Frank J Amico DO



Richard Andres, D.O.

Swarthmore College, B.A.
Saint Joseph's University, M.B.A.
Milville, New Jersey

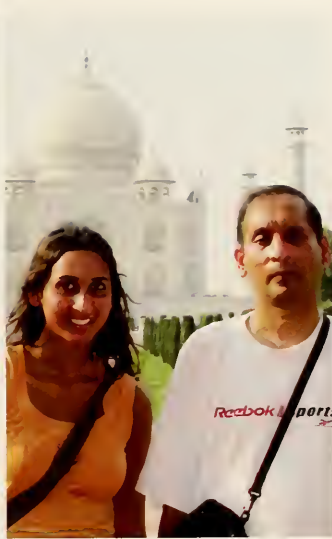


Richard D. Andres, Jr. D.O.

Karishma Amina Anik, D.O.

Bowling Green State University, B.S.

Bowling Green, Ohio



Thank you to everyone who made these past four years amazing. I am truly blessed to be graduating from the Philadelphia College of Osteopathic Medicine, and I look forward to the future and all that it has to hold.

Karishma Anik, D.O.



Elise Attardo, D.O.

Fordham University, B.S.
Chester, New York



To Mom and Dad:

THANK YOU for your unconditional love and unwavering support. Thank you for always believing in me. Your love has been a much-needed constant in my life of flux. I am here because of your hard work and sacrifice. I love you!

To Christine and Steven:

Thank you for always dealing with me and my nonsense. You always come through for me – whether I need someone to talk to or a couch to sleep on. I am so lucky to have you as siblings and as friends. I love you. I love you, I love you.

To my grandparents, aunts, uncles, and cousins: Thank you. I have the best family in the universe.

To my friends: Medical school was wonderful because of you. Thank you for maintaining my sanity, being a source of comfort, and ALWAYS making me smile.

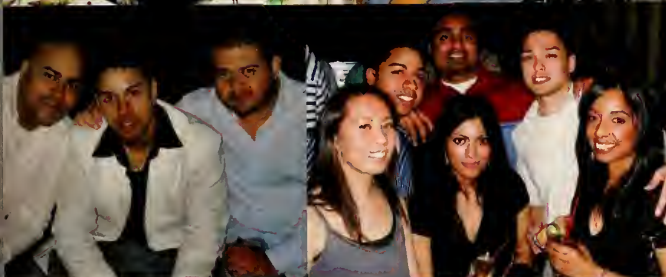


Elise Attardo, D.O.



Shan Babeendran, D.O.

New York Institute Of Technology, B.S.
New Rochelle, New York



Mom and Dad - There is no doubt in my mind that I would not have been able to succeed without your guidance and un conditional support. Thank you for all that you have given up so that I may fulfill my dreams. I am so proud to be able to call you my parents. Our family could not be closer knit, and we all owe that to the love that you have provided.

"B" - It would be impossible to ask for a better big brother. You've made me a stronger person, you've opened doors for me which I would never have been able to open on my own. Eventually we'll get that Aston Martin...one day.

"D" - I never realized how great having a sister would be until you joined the family. I feel like I've known you my entire life. Thank you for always supporting me and being there when I needed a sister.

Baby Lucas - My first nephew. You're only 3 months old and yet you've changed my entire life. I will always be here for you and promise to be an uncle that other kids wished they had.

To my uncles, aunts, cousins, and Brent - you have all helped to raise me, and have all taught me lessons in life that I will carry with me forever. Thank you for helping me become who I am today.

Dr. Morello - My employer, my mentor, my friend. I truly believe that I will be a better doctor because of the time I was able to spend learning from you. You have certainly influenced the path I have chosen.

To my friends: to say that the past few years have been challenging is an understatement. Lots of long nights, lots of post exam parties and lots of great memories. Class of 2010, its been a great four years!

Shan Babeendran, D.O.



James W. Bailey, D.O.

University Of Scranton, B.S., B.A.

Rio Grande, New Jersey



Mary: Who would have thought that a community theater audition could have led us to where we are today? Your generous love and support have eased me through the rigorous years of medical school. My gratitude for your many visits to Roxborough and for those late Sunday nights is immeasurable. I am blessed to have you as my wife and look forward to beginning the adventures parenthood and internship with you. Thank you again for putting the "other" first, generously.

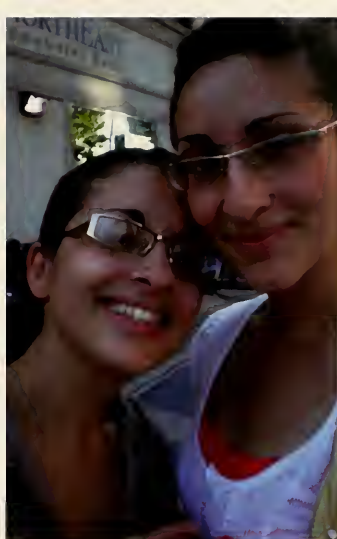
I love you.

Mom and Dad: Thank you for your continued educational motivation. Your love, perseverance, and encouragement through these many years of education have given me a foundation on which to pursue my dreams. I would not be at this point in my life had it not been for your complete altruism. I love you both.

My friends: It has been a long road of late study nights and endless laughter. May we all succeed to our fullest potential!



James Bailey DO



Anastasia Bakoulis, D.O.

Barnard College, B.A.

Bronx, New York



PCOM

CLASS of 2010



“Yes, there were times, I’m sure you knew

When I bit off more than I could chew

But through it all, when there was doubt

I ate it up and spit it out

I faced it all and I stood tall

And did it my way.”

--F. Sinatra

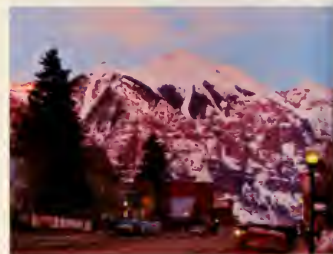
Mama, Mpampa, Chichi, all this... because of you...

Anastasia Bakoulis, D.O.



Christine Basil, D.O.

Miami University, B.S.
Buffalo, New York



Medical school has been an incredible journey. It has been four years filled with gallons of coffee, tons of textbooks, and impossible exams; years of opportunity to meet new people and friends who have forever shaped my life; years of increasing love and appreciation for the family that has encouraged and supported me for absolutely every second of my life, no matter what. I have earned the title of "Doctor," but share the honor with many. With sincerest appreciation, I thank you!

To my family: Mom, Dad, Chucky, and Jess. You are the glue that holds me together. Mom: thank you for your love and sacrifice. Those 3AM winter horse show mornings were a greater trial on the human spirit for endurance and determination than any night on call in the hospital will ever be! Dad: thank you for your lessons, especially "Good things happen to good people." Years of waiting beside you for a fish to bite the line were lessons in patience and perseverance. Eventually we catch one! To Max: my "rock." Thank you for your silly jokes, your wonderful smile that warms my heart, and your unwavering, infallible commitment to me. Our adventures have only begun!

Thank you for taking this journey with me: my Buffalo & Miami girls; Hickory Run Farm, Penny, the Langs, Stacey & the horses; Dr. Lipka & Merrick; Nardin, Miami, Mrs. May, Mrs. Skoog & Dr. Sherman: you gave me the tools and confidence to succeed; all of the patients who let me into their lives: you taught me as much about life as medicine.

"To whom much is given, much is expected."



Christine Basil, D.O.



Brent Charles Beddis, D.O.

The Pennsylvania State University, B.S.

Lansdale, Pennsylvania



275 words can't begin to describe how grateful I am for the insanely supportive cast of those around me. Without them, getting through medical school would have been impossible. The debt of gratitude I owe these people far exceeds the debt I owe PNC Bank.

-- Dr. DeColli, Dr. Doroshov, Dr. Simelaro, and Dr. Woodruff: Your help was invaluable. Thanks for everything.

-- Andrew, Clint, David, Jon, and Owen: Your friendship means the world. Thanks for getting me through some tough times.

--Jesse/Hoppe: Thanks for the help with this page.

--The Sedam/Good family: Your support means so much. Thanks for welcoming me into the family... and for letting me date Kathryn!

--The Beddis/Spano family: I'm extremely fortunate to have such a great family. Thanks for the constant encouragement.

--Bry: I consider myself very lucky to have you in my life. Thanks for being everything I could ask for in a brother.

--Dad: It's hard to express just how much you mean to me. Thanks for being an amazing role model... I'll consider it a huge success if I end up even half as good of a father as you are. Everyday I strive to make you proud of me.

--Mom: I love you so much. I'm overwhelmed thinking of everything you do for me. Thanks for always being there with whatever I needed. You're a great mom and you'll never be underappreciated.

--Kathryn: If you're reading this, then you already know... Nothing would make me happier than to spend the rest of my life with you. Thanks for being my rock, my home, my best friend... my everything.

B + B Beddis DO



Margaret Kathryn Behr, D.O.

Allegheny College, B.S.
Pittsburgh, Pennsylvania



To my family: When it is all said and done, my family is my life. Nothing I do in life is without my family's input, love and constant support. I thank my parents for encouraging me to be the best I can be and supporting me in any way possible to make my dreams a reality. You have all, in some way, been part of my inspiration to become a doctor.

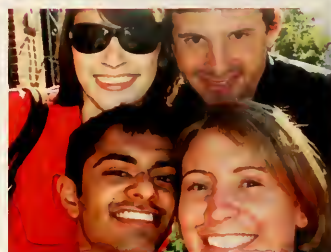
To my friends: There were so many times when I didn't think I'd make it through, but you guys were always there to remind me that you felt the exact same way! I learned so much from each and every one of you and I believe that I am a better person for it. Stef, you taught me how to give of myself and expect nothing in return. Anuj, you taught me how to always find time for a nap. Kush, you taught me how to be optimistic and love myself in the toughest of times.

Mega, you taught me how to always see both sides to a dispute. Christy, you taught me to be myself without regard to what anyone else thought. Rob, you taught me how to be cynically intelligent. Jon, you taught me how to be adventurous and live life to the fullest everyday. Paul, you taught me that Nascar and Jack Daniels are everything. "The Cat", you taught me to see the humor and simplicity in everything. And Lee, you taught me to never worry about anything, cause it's probably "not that important." I am so lucky that I can call you all both my friends and my colleagues.

Love you guys...



Margaret K Behr, D.O.



Caroline Biswanger-Bera, D.O.

Ursinus College, B.S.

Havertown, Pennsylvania



To My Family: At the age of four you smiled when I said I wanted to be a doctor and have been there for me since every step of the way. Your own personal and professional journeys have been inspirational in helping me pursue my dreams. Your encouragement for me to follow my dreams was my light when obstacles arose. I am truly blessed and thankful for your support and love all of these years.



To My Friends: Whether we have known each other a lifetime or only a few years, our connection has been everlasting. Our friendship has been my distraction, my adventure, and my strength throughout my pursuit to complete medical school. Our friendship means everything to me, and you are my extended family.



"...But when it comes to friendship,
I hold that dearly.
And yours will always be with me.
I mean that sincerely."
-- Harry "Bud" Sons



Neerali Shah Bernard, D.O.

The George Washington University, B.A.
Trumbull, Connecticut



To my family: Your love and support has made me the person I am today. I appreciate everything you have done for me and hope to make you as proud as you make me.

To my husband: You are my world. From our first year apart, your love has made me realize that anything is possible. From now on we are the Huxtables...strike that, reverse it...We will make the world proud. I love you.

To my friends: Thank you for all your support and laughs. I realize that medical school has been a journey and not an event. I have learned so much from you and enjoyed every minute of it.

"We must be the change we wish to see in the world." Gandhi



Neerali Bernard, DO



Gina M. Blocker, D.O.

University Of Pittsburgh, B.S.
Mayo Clinic College Of Medicine, M.S.
Lincoln University, Pennsylvania



Congratulations to the Class of 2010!!! WE DID IT!!! It's almost impossible to believe that these 4 years have gone by so quickly!

Together, as a class we have achieved our dreams of the future...and had the time of our lives doing it! To my family: Gram, Mom and Dad, and of course "the sibs"—you guys are the best!!! Not sure how I would have made it this far without your TLC and patience. To all of you, I give the most sincerest Thank You: Cornelius, thank you for standing by me, and loving me through it all..I look forward to the rest of our days together. To my dearest and closest friends: We had some great times!!! Here's a snapshot of my favorite memories: "It's a GRAND 'OL Flag..."

Wooden Car (Yes I said it!!), "California...no doubt about it..."/"Black time is the world..." (ha-hah); The Kurtz' Lake house 2007; Me: "Have fun in AC Lam!!" Lam: AC? Huh? I'm going to AC???

(...so much for a surprise!!); The numerous KARAOKE/Game NIGHTS!!!; Chicora Trip, J-5 Ski Trip. There are many, many more memories that I cherish, and I will carry with me forever. To M.K.—Thank you for being there, always...and showing me how to be a better me. I.O.—You're simply the best! Thanks for standing by me, no matter what. C.M.—Keep on keepin' on kid!! E.Cosby—RIP, You are gone but will never be forgotten... your legacy will live on forever. Lastly, To my classmates, my colleagues: I wish you peace and happiness, and many blessings in all that you do.

Thank you 2010! It's been REAL!

Gina M. Blocker, DO



Marisa Brazitis, D.O.

James Madison University, B.S.
Sparta, New Jersey



To My Family and Friends:

We did it!! I can't believe this day has finally come. Four years has gone by so fast and I have you to thank for that. Your unending love and support throughout the past four years has been a driving force in my life without which I couldn't have made it this far. I am blessed to have you

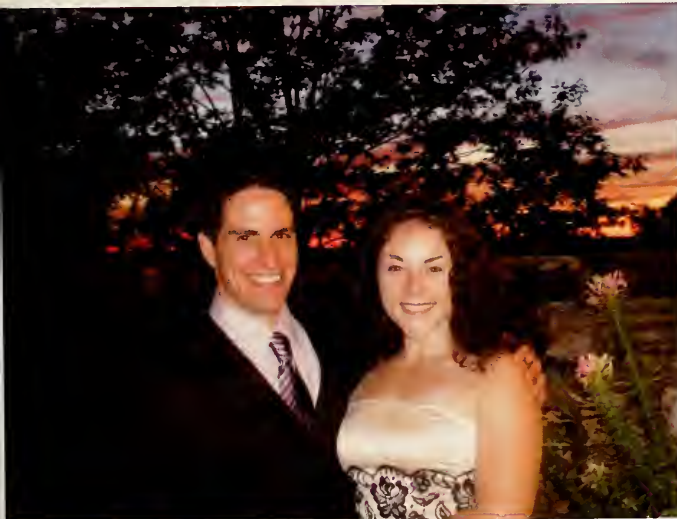
in my life to lift me up when I needed encouragement and to bring me back down to earth when I played the Dr. card too often. You

have kept me sane and made this journey a magnificent one. I can't thank you enough for all that you do but I promise I will continue to try to make you proud each and every day. I love you all so much.

Marisa



Marisa Brazitis D.O.



Robert J. Brunner, D.O.

Allegheny College, B.S.
Pittsburgh, Pennsylvania



First and foremost, I must thank God for He is my strength and without Him nothing is possible. I look forward to sharing the talent He has bestowed on me with my patients and colleagues and hope to make a difference, be it ever so small, in their lives.

To my beautiful wife Emily:

We did it!!! All of our hard work and dedication finally paid off and now we get to spend forever together. I can't wait to find out what the future has in store for us.

Mom and Dad:

You've never stopped believing in me and doing whatever it took for me to achieve my dreams. This is just as much your degree as it is mine. I can never thank you enough for all of the sacrifices you've made. Love you most!

To my awesome family and friends:

The trips to Shady Maple, the Diner, Christmas Happy Hours and Friday nights at Old Forge helped to make the weekend long study sessions at the library and months of Cell and Tissue bearable. I know I wouldn't have made it without the love and laughter you brought into my life. You're always in my thoughts and prayers.

"The practice of medicine will be very much as you make it - to one a worry, a care, a perpetual annoyance; to another, a daily job and a life of as much happiness and usefulness as can well fall to the lot of man, because it is a life of self-sacrifice and of countless opportunities to comfort and help the weak-hearted, and to raise up those that fall." - Sir William Osler

Robert Brunner D.O.



Emily Dilzer-Brunner, D.O.

Le Moyne College, B.S.
Saranac Lake, New York



Life's great value comes not from fleeting pleasure or momentary satisfaction; it comes from understanding the deeper meaning of life and our role as men and women for others. To serve others is a gift of unequivocal exponential; service does not place us above or below our counterparts, but rather, it allows us to walk beside someone, to share in their sufferings and offer solace and healing. We, as physicians, have been granted a sacred gift to promote healing, and in tribute to our successes, we must acknowledge those who have supported us along our journey:

God strengthens my soul with every step that I take. God's Goodness and Grace have brought me here, and I pray that His hands will continue to work through me so that I may offer a healing touch to all people and share my gifts with the world.

To my family: I love you with all my being. I am blessed to have such an incredible family: Mom, you taught me that there's no such thing as loving too much; Dad, you taught me to love what I do and to do what I love; Alli-Cat, you taught me that laughter (and chocolate) is the best medicine.

To my husband: Rob, you are my best friend and my one true love, you have taught me to love more deeply and fully than I thought possible. I am so proud of you!!!!

To my friends: Thank you for the countless laughs, words of encouragement and everlasting friendships.

"And in the end, it's not the years in your life that count. It's the life in your years."-- Abraham Lincoln



Emily Brunner D.O.

Peter A. Burke Jr., D.O.

Hamilton College, B.A.

Princeton, New Jersey



We succeed only as we identify in life, or in war, or in anything else, a single overriding objective, and make all other considerations bend to that one objective.

Dwight D. Eisenhower (1890 - 1969), speech, April 2, 1957

The past eight years of college and medical school have enlightened my mind, revived my spirit and strengthened my resolve. Of all that I have achieved in my life, graduating from medical school is the pinnacle of my accomplishments. Through all of my struggles and hardship, accomplishing this task would have been impossible if it were not for the love and support of my family and friends.

Mom and Dad: Thank you for supporting me over this challenging period in my life, your guidance is truly what kept my little ship afloat when it could have easily sunk at any time. Your inspiration is and will remain a guiding light.

Kathy and Ted: My home away from home. I know I must have been a pest over the past four years with my frequent visits and eating you out of house and home. If there ever was somebody to turn to in an hour of need I know I could turn to the two of you. Thank you for all that you have done for me, if there is anything you ever need do not hesitate to ask.

Hamilton and home friends: Thank you for sticking by me all of these years. Your friendships and advice have kept me happy and healthy. Thanks for everything.

PCOM friends and roommates: It has been a long and hard four years. Now that we are graduating and have attained what we have sought for so long, let us not forget why we chose to become physicians: the vocation to a life of service. I wish you the best of luck and success in the future.

KMN: Thank you for the past year. It has been the most fun and best time of my life. Thank you for guiding me with all of my difficult decisions over the past year. You're the best and I look forward to our future.

His whole life was a million to a one shot- Nothing could be further from the truth.

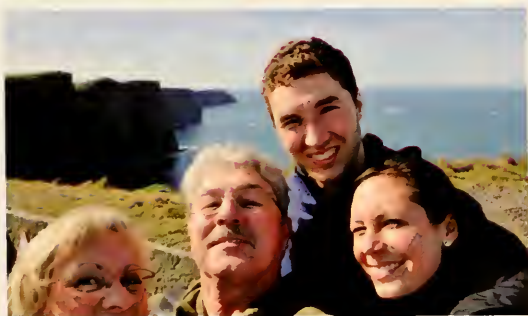
Peter Burke, D.O.



Samantha R. Burkhart, D.O.

University Of Pittsburgh, B.S.

Reading, Pennsylvania



Samantha Burkhart, D.O.





Charles Calais, D.O.

Fayetteville State College, B.S.
Central Michigan University, M.H.A.
Kenner, Louisiana



To God: You have always been the source of my strength and courage throughout this incredible journey that I call my life. I give thanks to you for allowing me the opportunity to serve humanity again by providing care for the sick and ailing. All praises are due to you.

To my loving wife Teyoka: You have been there for me through the valleys and mountain tops of my life. Your love and care has never wavered one bit. I am truly thankful for your encouragement, sacrifice, and support throughout our marriage. I am excited about growing old with you. I love you!

To Charles III (CJ): Lil Caesar, you are shaping into the fine young man that I always knew you would be. I appreciate your understanding and patience, and I will do everything in my power to guide you down the road to success. Remember, if you believe, you can achieve. Love, your dad.

To Carter (Baby Carter): You are a precious bundle of joy and inspiration for me. You too have contributed to this day far beyond what your little mind can imagine. One day, I'll tell you a lil story about me. Love, daddy.

To my parents, Michelle, Amanda, and Cedric: There is so much to say but know that each of you has contributed immensely to this day. I love you guys.

To Friends and other Family: Thanks for your support over the years. I will always be there to help in any way I can.

To PCOM and its affiliates: Thanks for the learning opportunities and awesome experiences. I will never forget some of the rotations and patients alike.

He who dwells in the shelter of the Most High will rest in the shadow of the Almighty. I will say of the Lord, "He is my refuge and my fortress, my God, in whom I trust." Surely he will save you from the fowler's snare and from the deadly pestilence. He will cover you with his feathers, and under his wings you will find refuge; his faithfulness will be your shield and rampart. You will not fear the terror of night, nor the arrow that flies by day, nor the pestilence that stalks in the darkness, nor the plague that destroys at midday. A thousand may fall at your side, ten thousand at your right hand, but it will not come near you. You will only observe with your eyes and see the punishment of the wicked. If you make the Most High your dwelling, even the Lord, who is my refuge then no harm will befall you, no disaster will come near your tent. Psalm 91, 1-10



Chel Calais DO, M.H.A.



Ashley Elizabeth Caplan, D.O.

University Of Pennsylvania, B.A.
Mountainside, New Jersey



"Go confidently in the direction of your dreams! Live the life you've imagined."
—Thoreau

Thank you to my family, my husband Blake
and all my friends who supported me every
step of the way.

I couldn't have done it without your love and
encouragement.



Ashley Caplan D.O.





Abraham Chacko, D.O.

Villanova University, B.S.
Upper Darby, Pennsylvania



First I want to thank God for giving me the opportunity to get into medical school and ultimately finishing. It is only by his grace that I was able to finish and move on to the next phase of my life. Secondly, I want to thank my parents, brothers and the rest of my family for their constant prayers and tears through these last four years. I am very thankful for all the friends that I have made in the last four years of my life especially my CMA brothers. My fellowship with you guys have grounded me in my faith and allowed me to thrive through the struggles of medical school. I believe everyone that I have become close to in the last four years have come into my life for a reason, and no matter where we end up in life, you will always be remembered.

Abraham Chacko, D.O.



Jennifer Cheng, D.O.

University Of California, Los Angeles, B.S.
Drexel Univ. College Of Medicine, M.M.S.
Lafayette, California



Jennifer Cheng, D.O.

Michelle I. Cifone, D.O.

Villanova University, B.S.

Staten Island, New York



Mom, you are and always will be the wind beneath my wings.

Maria and Melissa, keep reaching for your stars. Never settle for less.

Carol, thank you for always believing in me, especially when I didn't have the courage to believe in myself.

Frank, my Love, my Angel. You've made everything possible.

Thank you to all my family and friends for their constant love and support.



Michelle I. Cifone, D.O.



Timothy Clark, D.O.

Colby College, B.A.

Braintree, Massachusetts



Mom, Dad, Christy, Mike, Brian, Abby, Addison, Aidan, Nanny C., Nana, and everyone else- thanks for always making home a warm and inviting place to which I always wanted to return. As families go, I'd be hard-pressed to find one that is more fun and entertaining.

Jim, Michelle, Mike, Steph, Kevin, and all the Colby Kids- you are all the best friends I could possibly imagine. Thank you for always putting a smile on my face, and reminding me where I'm coming from (and hopefully going back to). I could not have made it through the past four years without you.



Jenny & Laura- in many ways this degree belongs as much to you as it does to me. For all the advice, concern, caring, time, love, understanding, patience, and endless hours on the phone spent listening to me complain, worry, vent, or babble about God knows what, I can never, ever, ever thank you both enough. I would be nowhere, and nothing without you. (And, yes, Laura, I am aware there's a run-on sentence there.)

Two things I always try to remember:

"Nothing in the world can take the place of persistence. Talent will not; nothing is more common than unsuccessful men with talent. Genius will not; unrewarded genius is almost a proverb. Education will not; the world is full of educated derelicts. Persistence and determination alone are omnipotent."

Pres. Calvin Coolidge

"Uhm, I'd feel better if I had a needle in it."

Dr. Robert Fogel

A handwritten signature of Timothy Clark.



Jesse Braden Conrad, D.O.

Binghamton University, B.S.

Vestal, New York



Steph – Remember when we met in med school? That was fun. Thanks for being amazing.

Mom and Dad – Thank you for the love and opportunity and for always believing in me.



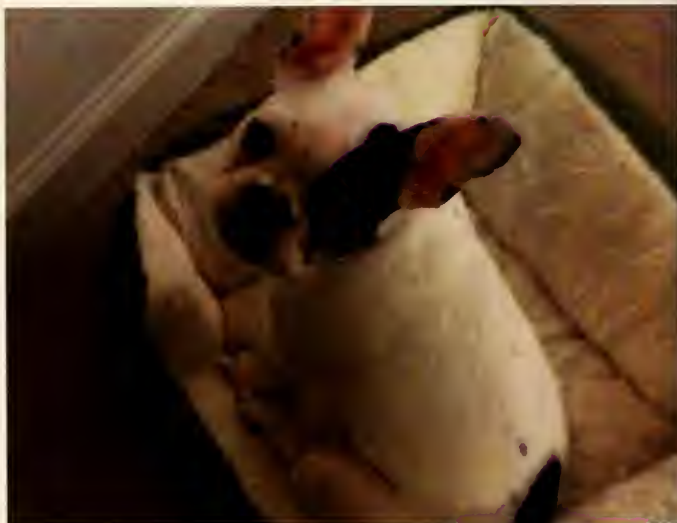
Jesse Conrad D.O.



Ashley Conshue, D. O.

Kutztown University, B.S.

Pottsville, Pennsylvania

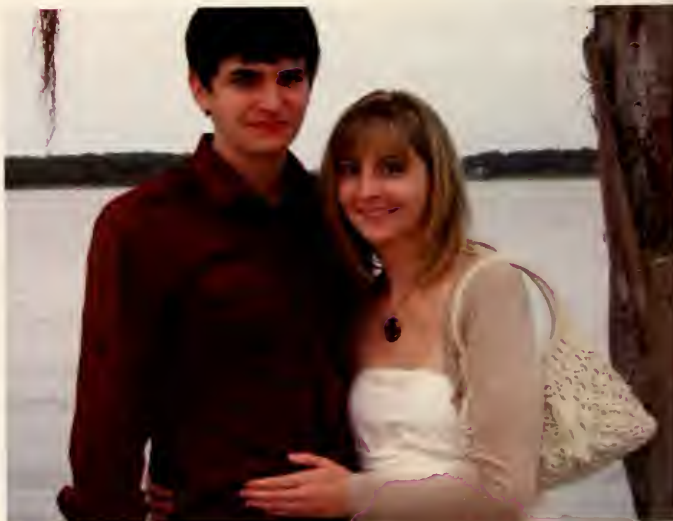


To my Mom & Dad: Thank you for your love and support. I am so grateful for all the sacrifices you have made for me. Thank you for believing in me, even when I did not. Thank you for instilling in me the values of hard work and determination. All the lessons you have thought me in life have gotten me to this point. I couldn't have done it without you.

To Britt: Thank you for always being there when I needed to talk and never hesitating to take a trip down to Philly when I needed a friend. You are an amazing sister and best friend. Remember that I am always proud of you.

To Chris: Thank you for being there for me through some of the toughest years of my life. You were always there for a much-needed hug, a good laugh, and a shoulder to cry on. Thank you for reminding me everyday how proud you are of me and that I can do anything I set my mind to. Thank you for being at my side through this journey and the next journey ahead. With you by my side, anything is possible. I am so lucky to have you.

I love you all.



Ashley Conshue D.O.

Jonathan Eric Cooperman, D.O.
Franklin & Marshall College, B.S.
Jenkintown, Pennsylvania



To the love of my life, Claudia, there will never be enough room on any page to truly describe how much you mean to me. For better or worse, hopefully better, I look forward to the rest our lives together. You, Jake and Charlie are my inspiration and the reason I do all that I do. When my children are old enough to read this... you make me so proud, daddy loves you and mommy more than anything in the world.

A special thank you to my family: Mom and Dad, Ali, Ris, Josh and Grandpa. Your continual support, in so many ways, has meant so much to me. Mom and Dad, you have instilled in me a strong work ethic and the motivation to succeed which has gotten me where I am today. I am forever grateful.

To my friends, whether it's quoting lines from *The Office* or texting one liners, you have made my med school experience bearable. I wish you all much success in your future endeavors, to help you on your way I leave you with this piece of advice courtesy of Andy Bernard "I'll be the Number Two guy here in Scranton in six weeks. How?

Name repetition, personality mirroring and never breaking off a handshake. I'm always thinking one step ahead. Like a carpenter that makes stairs."

Finally, to all those who have believed in me: family, mentors, professors, and peers, I strive to live up to your expectations and become the best physician I can be. Thank you.



Jon Cooperman D.O.



Jonathan Cordova, D.O.

The Pennsylvania State University, B.S.

Lebanon, Pennsylvania



Mom and Dad:

Thank you for everything you have given me throughout my entire life. You have been amazing parents and have supported me through all my ups and downs. I couldn't ask for a better support team. You are both an inspiration and I love you both from the bottom of my heart.

Perlita, Gordie, Luke, Lance and Levi:

Thank you for all the support you have given me over the years. Without knowing it, you have all helped shape and mold my life and career choices. Thanks for always watching over me and allowing me to be such a huge part of your lives. I know times will get tough in the future but stay strong, have faith and know that I will always be there. Miracles do happen!

Sarah:

What can I say; it's been a long ride. Thank you for everything you have done for me over the past few years. You have been my best friend throughout this entire process and I know I never could have gotten here without you. I know it wasn't the easiest road, but you always stayed by my side. You encouraged me when I wanted to give up and you always had such high expectations for me that you made sure I reached. I love you with all my heart and MLSTDWM!

PCOM friends:

We made it! Thanks for a great 4 years. I wasn't sure what to expect on that first day of classes but you all became such a close part of my life. Good luck in the future with your careers and please keep in touch.



Jonathan Cordova, D.O.



David Lee DaHill, Jr., D.O.

Salisbury University, B.S.
Philadelphia College Of Osteopathic Medicine,
Certificate in Biomedical Sciences
Salisbury, Maryland



I would like to thank the faculty and staff at PCOM of both the DO Program and Biomedical Science Program for their part in my becoming an Osteopath. I would like to give special thanks to Dr. Tina Woodruff and the staff of the Student Affairs for the understanding and compassion given me in my recovery and continuing in my clerkships. A "Big Thanks!" to Dr. Larry H. Chou, MD and Charlotte Solomon, PA for all their efforts in my recovery. And, a "Thank You!" to Dr. David Kuo, DO, Dr. Julia Helstrom, DO, and Dr. Larry N. Finkelstein, DO for the great time I had at Roxborough Healthcare Center for my Urban Clerkship.



Finally, I would like to give a special thanks to all my family and friends for their help and sacrifice, which were many, in ensuring that I continue with my education and goal to become a physician. Thanks to Shaun Gill, Justin Avera (whom I hope is as well recovery well from his injury!), Kevin Hollick, Shan Babeedran, and Danielle Ferraguti for all the great times we had and hopefully continue to have as we stay in touch with one another.



Special Thanks to my mother (Carmen) and father (David Sr.), Giselle Joyce Altea, and Jonathan Neville, who all will forever be in my heart for all that we have gone through and sacrificed for one another. I am forever indebted to them and will strive to the best of my abilities to help them in all their endeavors.

David Lee DaHill Jr.



Megan Joy Dambach, D.O.

University Of Maryland - College Park, B.S.

Middletown, Maryland



Thank you to all my family and friends whose love and support made this long journey possible.

Without you I would not have made it this far.

Thank you to my Mom for her faith, to my Dad for giving me logic and practicality, and to my Brothers

for making me strong. To all my friends that welcomed me into their hearts and homes (you know who you are) I will always be grateful. My doors are always open and my phone is always on. Love you lots.



"Standing on a hill in my mountain of dreams,
telling myself it's not as hard, hard, hard as it seems"

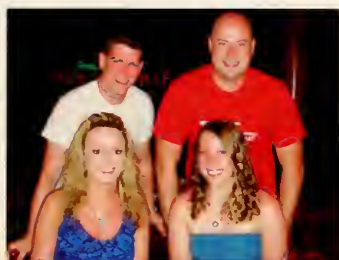
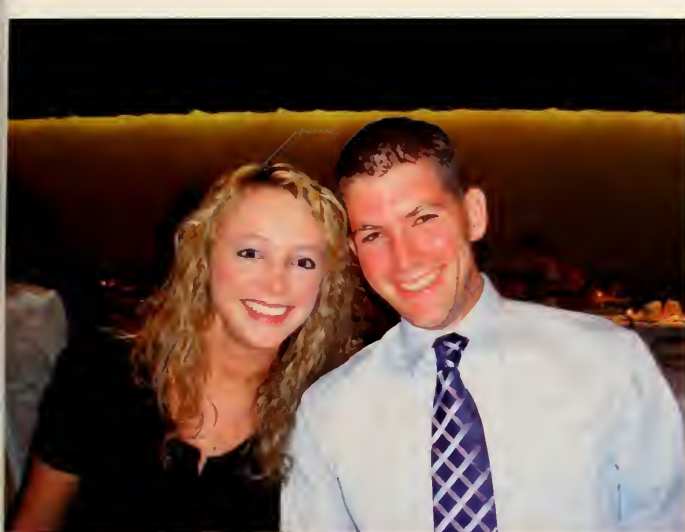
Led Zeppelin, "Going to California"

Megan Dambach



Daniel J. Dean Jr., D.O.

Ursinus College, B.S.
Warrington, Pennsylvania



To my beautiful wife, Liz, my mother, father, brothers, and family, your unwavering support of my endeavors has helped me become what I am today.

To my friends, thanks for everything, from the study sessions to the nights out.

To my Navy colleagues, it's a small family. I am sure I'll have the pleasure of working with you in the future.

To all my colleagues at PCOM: I wish you luck, fair winds and following seas.

"If one advances confidently in the direction of his dreams, and endeavors to live the life which he has imagined, he will meet with a success unexpected in common hours."

Walden; or, Life in the Woods
-Henry David Thoreau

D. J. Dean Jr. D.O.



Richard S. DePalma, D.O.

Rutgers University, B.A.

Brick, New Jersey



I just wanted to thank my loving family for all their encouragement and support over the years. It's been a long road and I couldn't have gotten to where I am today without them.



Rich DePalma, D.O.

Lauren Ann DeVita, D.O.

Lafayette College, B.S.
Lewistown, Pennsylvania



“Finish every day and be done with it. You have done what you could; some blunders and absurdities crept in; forget them as soon as you can. Tomorrow is a new day; you shall begin it serenely and with too high a spirit to be encumbered with your old nonsense.”

— Ralph Waldo Emerson



Lauren Ann DeVita



Chelsea M. DiDonato, D.O.

University Of Scranton, B.S.

West Chester, Pennsylvania



Thank you to my friends and family, who, somewhere along the line became one and the same.

Y cuando levanté mis ojos a tu nombre, tu corazón de pronto dispuso mi camino. (Pablo Neruda)

Mom and Dad- Thank you for the opportunity and the inspiration. I love you always.

Adversity is like a strong wind. I don't mean just that it holds us back from places we might otherwise go. It also tears away from us all but the things that cannot be torn, so that afterward we see ourselves as we really are, and not merely as we might like to be. (Arthur Golden)



Chelsea M. DiDonato, D.O.

Nicholas DiGeorge, D.O.

LaSalle University, B.A.
Philadelphia, Pennsylvania



Nicholas DiGeorge D.O.



Anthony C. DiNardo, D.O.

Washington & Jefferson College, B.A.

Aliquippa, Pennsylvania



The past four years of medical school has granted me more than an education and a degree. It has been a lifetime commitment to colleagues I honor as best friends and the prestige of excellence of PCOM I promise to exemplify through my career.

I could not have asked for any better of a supportive family during my journey and I am truly blessed to have such positive inspirations in my life.

Thank you Mom, Dad, Lisa, Josh, Grandma Lisa, Grandparents Adelina & Sam, Uncle Vince, and the rest of my family. Although you are no longer with us, Grandpap Antonio, I know you are watching over us all, for you are my inspiration.

As we lead our separate paths to a never-ending pursuit of knowledge and healing, I wish the entire class of 2010 to happy and successful lives. Your talent is God's gift to you. What you do with it is your gift back to God.



Tamara Rausa Donatelli, D.O.

Malboro College, B.A.

Rio de Janeiro, Brazil



To all of my friends and family, thank you for your endless support. Euge, we all know that I would dedicate my career to you. May I always be so fortunate as to have you with me. Mae e Andrea, obrigada por tudo...fico orgulhosa do seu orgulho. Tio Sal, Tia Cookie, and Tia Tana; thank you for making sure that I always had everything I needed to succeed...and for calling before and after every exam! Thank you Justin and Sandy, you redefine the word family. Sharon, Tom, Dennis and Kathy; thank you for extending your love and support to me. Vo, Mara e Monica, voces me inspiram para ajudar neste mundo para que a vida seja melhor para outros. To my friends of old, thank you for giving me something to keep up with and someone to walk beside. To my PCOM friends, thank you for being such amazing people. Mike, Huy Do, and Precious: I wouldn't have wanted to go through this with anyone else! Keli, without you, I wouldn't even have known what to do with my white coat! Derek, people always ask how I can be a mom and in medical school and my answer is always, "Derek, I give him all of the credit in the world." I am the luckiest woman on the planet to have you by my side. You have exceeded my every expectation and hope of what a husband and father are meant to be. I owe you my greatest expression of respect and gratitude. Oh, and by the way, how's that for a "J-O-B!?!?!?" I love you!

Angelina, minha linda, isto e para voce...

"Go confidently in the direction of your dreams! Live the life you've imagined. As you simplify your life, the laws of the universe will be simpler." ~Henry David Thoreau

Tamara Rausa Donatelli, D.O.



Colin Lane Donnelly, D.O.

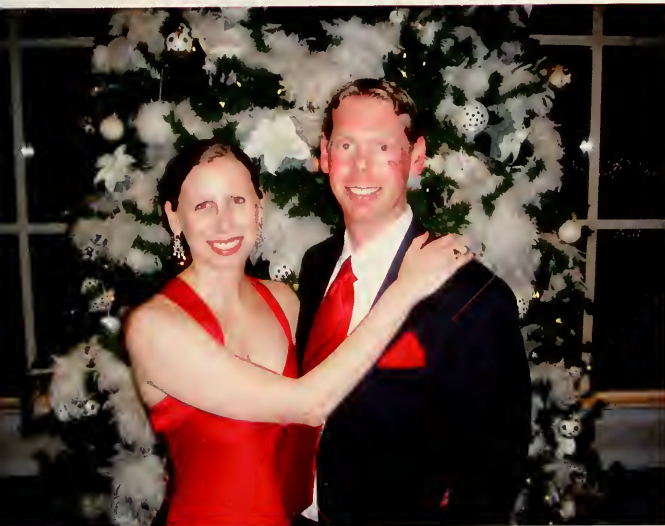
Miami University, B.A.

Dallas, Pennsylvania



I am able to realize my goals and dreams only because of the overwhelming support from family and friends. Thank you to my family whose love and encouragement make every struggle manageable and every success rewarding. Your willingness to risk paralysis by allowing a first year medical student to repeatedly manipulate your spine has not gone unnoticed. Thank you to my friends who made a difficult four years enjoyable every step of the way. I will carry with me countless memories more valuable than any lecture or rotation.





Keli Anne Donnelly, D.O.

Guilford College, B.S.
Lafayette Hill, Pennsylvania



Mom and Dad,

We did it! Mom may have reached the finish line first, but I am not far behind. And now I am finally moving out! Thank you for your continual love and support. All of the home cooked meals, laundry, errands, and countless acts of kindness enabled me to succeed. You taught me to reach for the moon and now I am graduating from medical school.

Family and Friends.

Everyone's interest in my success and constant support helped me achieve this dream. Meem and Pop, and MomMom and PopPop, thank you for your encouragement. Chadd, thank you for having faith in me.

Tamara,

We did it! Thank you for your study guides, burritos, Chinese food in a cup, emergency ponchos, and most importantly, your friendship.

Mike,

Thank you for keeping a smile on my face. I am looking forward to a life of adventures together.

Love,
Keli

Keli Donnelly, DO



Brendan Joeshph Doucette, D.O.

University Of Virginia, B.A.

Greenfield, Wisconsin



Looking back upon the past four years, it's hard to believe that I, as well as many of my fellow colleagues, have gotten to this point: standing on a podium ready to graduate into the world of medicine as a physician. Throughout all of the trials and tribulations one encounters in medical school—ranging from hours of studying in my apartment while attempting to juggle my reality television viewing into my studies (a difficult feat, no doubt)—it is unthinkable to contemplate where I'd be without the support from my wonderful family. In fact, rather than extrapolating about myself, I think it is necessary to dedicate this space to the ones who have been with me the entire way: my parents. If there could be a Noble Prize awarded to parents, Tim and Linda Doucette would have walked away with this award for 26 straight years; needless to say, humanity owes them a great deal of thanks, if not solely for just keeping me out of trouble for all these years. While I was in college and more concerned with becoming the next Ryan Seacrest, they were there to support me. Subsequently, through the emotional rollercoaster that was medical school, they remained by my side, offering a listening ear when needed and financial support even when it wasn't solicited. To say that I wouldn't be where I am without the support of my family would be a drastic understatement and would be doing a disservice to the exceptional work they have done. They say that graduating medical school is quite an accomplishment and it certainly is; however, I think the effort that my parents continually put into me is an achievement that can only be met by truly remarkable people. And that, in a nutshell, is why I owe them all the gratitude in the world. For every on-call night that ends without sleep or any bureaucratic obstacle I encounter in the medical world, I will be reminded of the tremendous sacrifice that my parents made to help me get there and suddenly, no inconvenience will deter me from my ultimate goal: to become an exceptional physician. The parenting aspect? Well, let's just say that if I'm even half the quality of my parents, I'll consider it a monumental success. Then again, that requires someone actually marrying me so let's just say I'm going to take it one step at a time. Mom and Dad, I am forever grateful!



Brendan Doucette D.O.



Courtney Ann Downey, D.O.

Widener University, B.S.
Mahanoy City, Pennsylvania



To my momma—you are by far the most amazing person I have ever met. The realm of things you can do is simply incredible. You taught me so much, but most importantly to always see the best in every situation. Thank you for always believing in me and for never giving up. I love you. Everything I am today is because of you. If I become half the woman you are I will be thankful.

Gary—you stepped up the most when things were the worst and we are so lucky for that. I love you.

Katie, Butch, Gary & Aubrey—the four of you cannot begin to imagine what you mean to me. You are my reasons. I look at my life and I could never imagine it without you. I love you with all my heart and I would do anything for you. Always remember to dream big! I'll be by your side forever.

Linds—my PIC. It's crazy to think back over the last 4 years, who would have thought that anatomy partners could turn into the best of friends? Our adventures over the years have been amazing. You are the best friend I could ask for. Thank you for always being there for me. We may have tripped and stumbled through times but we never fell. We did it, here's to us. SF4L. Love you!

To my Daddy—when I started med school, I just assumed you would be here the day I finished. I never thought it would be like this. Not a day goes by that I don't think of you. I miss you more than you could ever imagine. I think Kristina Cornell's song "Little Red Balloon" sums it up best, "What I'd give to have you here to see my dreams come true." I love you Dad. I hope you have a big smile on your face in heaven & that I'm making you proud. Thank you for everything. Rest peacefully.

To my love—it's been an adventure since day one but I couldn't imagine it any differently. Thank you for being by my side. I love you.

Class of 2010—we did it! Congratulations docs!

Cathy, DO



Diana Drogalis, D.O.

University Of Scranton, B.S.
Old Forge, Pennsylvania

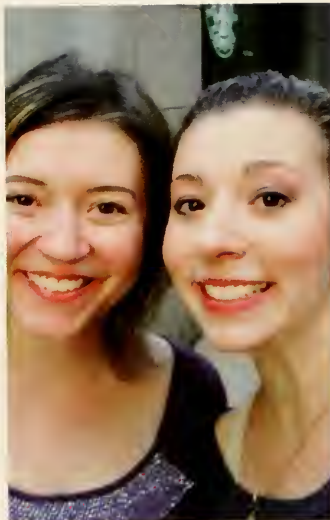


To the Class of 2010: We made it! Congrats and best wishes to every one of you. I'm so proud to call each of you my classmates. I wish you all the very best in whatever life holds for you!

To my friends: I couldn't have made it through med school without you guys. We share memories that no one else would ever understand--the well caffeinated, jittery study sessions, post exam parties, and frequent Lord and Taylor trips to name just a few. You will all always have a special place in my heart!

Christina, James, and Michael: Best siblings in the world- plain and simple. Thanks for everything! Love you guys!

Mom and Dad: If I owe this degree to anyone, it's definitely the two of you. Thank you for the many words of encouragement throughout the years. You're the best parents in the world. Love you!



Diana Drogalis, D.O.

Dora Teyze and Gemile:

The future belongs to those who believe in the beauty of their dreams. ~Eleanor Roosevelt

PCOM PROM 2008



Denise Drohobyczer, D.O.

Amherst College, B.A.
St. Louis, Missouri



A sister is a forever friend. ~Unknown



Gillian & Michael



Janet and Roseanne



ALL I AM, OR CAN BE, I OWE
TO MY ANGEL MOTHER.
~ABRAHAM LINCOLN



My Birthday,
September 2009

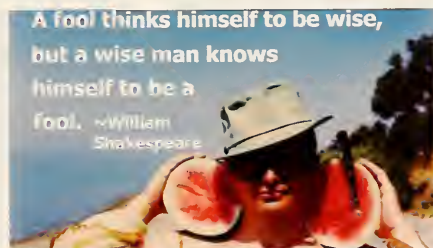
Diana

Jen



Yewah's Birthday

December
2009



A fool thinks himself to be wise,
but a wise man knows
himself to be a
fool. ~William
Shakespeare

Denise Drohobyczer, D.O.



Crystal Michele Duffy, D.O.

The Pennsylvania State University, B.S.

Jim Thorpe, Pennsylvania



These past four years of my life have been a whirlwind, and as I reflect back on them, it is hard to believe I have accomplished so many great things in such little time! Medical school was a huge balancing act – one filled with both personal and professional growth. I have so many people to thank for helping me grow into the young professional I have become.

To my husband Patrick:

Thank you for your unwavering support and guidance during these past four years. Thank you for understanding the complexity of medical school and for tolerating our conversations during dinners! I love you, forever.

To My Family:

Thank you so much for all of your patience, understanding and support throughout these four years. Your constant presence in my life has been a blessing and one that I will continue to cherish as I enter the next phase of my training.

To My Friends:

Thank you for providing lots of laughter and good times during a very stressful four years! The common ground we share will forever be in my heart. I give all of you credit for my success – your support is appreciated more than you will ever know! I wish you all the success and happiness that this world has to offer!

"Success is a journey, not a destination."

- Arthur Ashe



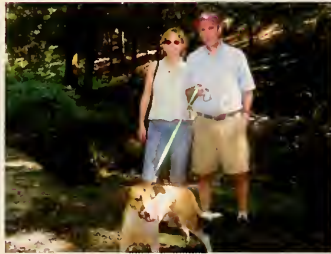
Crystal M. Duffy, D.O.



Kevin Marshall DuPrey, D.O.

University Of Delaware, B.A.

Lancaster, Pennsylvania



To my family: Thank you for your genuine support and continued encouragement through all that I encounter. Dad, you have been my role model since I can remember. I always appreciate your advice and guidance especially now that I decided to follow in your footsteps a little more closely. Mom, you have shown me what it is like to be a truly altruistic and generous person. Sarah, thank you so much for all of your emotional support, I know I can always count on you.

To my friends and classmates: Thank you for being such an amazing group of people who have filled medical school with so many memorable and enjoyable experiences. It is always refreshing to see a familiar face out in the hospitals as we have drifted away from the classroom. I hope that our paths continue to cross as our lives grow increasingly busy with new endeavors.

Kevin DuPrey, D.O.



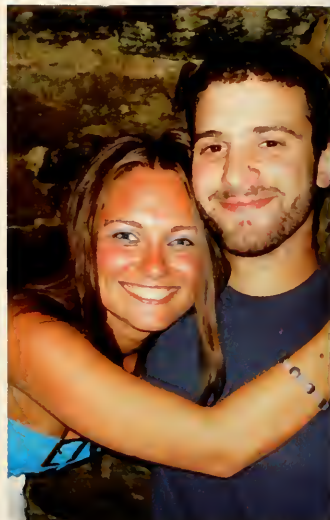
Anna Dymarsky, D.O.

Temple University, B.A.
Philadelphia, Pennsylvania



Thank you to my family,
especially my parents, whose
everlasting love and unyielding
support have guided and nurtured
me all of my life.

And to B, whose willing shoulder,
positive outlook, and kind heart
have been steadfast through both
the worst and the best of times.



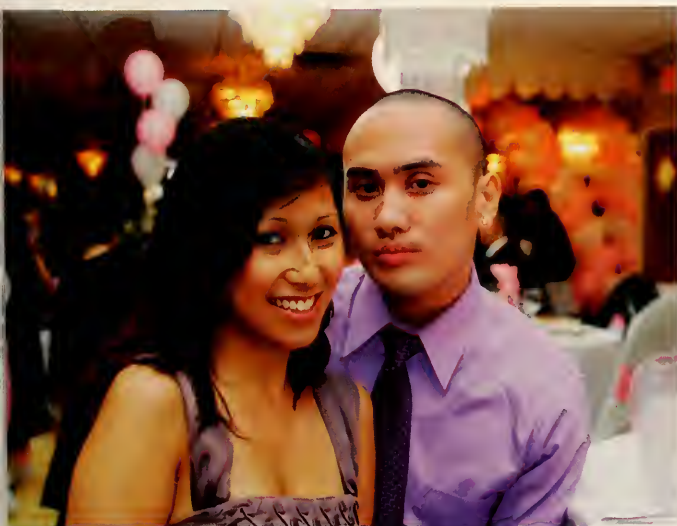
Anna Dymarsky, DO

Katrina Raagas Elio, D.O.

Tufts University, B.A., B.A.

Philadelphia College Of Osteopathic Medicine, M.S.

Franklin Square, New York



Mom, Dad, Karynn, and Jay-R – “Thank you” doesn’t even begin to say enough. Your love, endless support, and unfaltering faith in me and in God have brought me to this point in my life. My achievements are as much yours as they are mine. Love you guys!

Friends and Extended Family – Thank you for the laughs, memories, and encouragement during the last four years. It has been the ride of my life, and I am so happy I was able to share it with all of you.

Brian – Simply put, I could not have done this without you. You’ve been by my side through the best and worst days, and for that I am forever grateful. I can’t wait for our next chapter and adventure to come. I love you!

Class of 2010 – Congrats and Best of Luck!

Katrina Raagas Elio, D.O.



Matthew John Fallstick, D.O.

Saint Joseph's University, B.S.

Bensalem, Pennsylvania



I want to thank everyone close to me for their constant help through the years. I would like to thank my wife Carolyn, without your smile to come home to every day none of this would mean anything. Looking at you makes me believe there is always the promise of better days and a more perfect world right around the corner. You are and always will be the best thing that has ever happened to me, and I love you.



Mom, thank you for your constant love and support. Whether it was early morning hockey practices, medical school, or health issues you were always there to support me or give me words of encouragement. Life has always been easier and a little happier with you around. I couldn't have made it this far without you.

Mom mom, I have always admired your unwavering love for everyone in our family. You've given so much of yourself to Kristin and I throughout the years. It's true that you're my grandmother but it has always seemed that you were much more than that. You gave up your golden years to take care of Kristin and I, and you became a parent all over again for the fourth and fifth time in your life. Thank you for making home a place I look back on with fond memories and a calming comfort. To Kristin, my sister, thank you for turning into such a great friend and someone I can talk to when life gets a little hectic. I love you all.



Matthew J Fallstick DO



Charles R. Fedele Jr., D.O.

Le Moyne College, B.S.
Drexel Hill, Pennsylvania



First, I would like to thank my beautiful wife, Bernadette, for her constant love and support. Without you, I certainly would not be here today. We did it!

To my Mom and Dad: Thank you for everything. You have always encouraged me to follow my dreams and I am grateful for that.



To Kerry and David: Thank you for listening to all of my stupid medical humor. You are the best sister and brother that a person could have.

To my beautiful daughters, Sydney and Samantha: I love you both. You are the reason that I get up everyday!

How far you go in life depends on your being tender with the young, compassionate with the aged, sympathetic with the striving and tolerant of the weak and strong. Because someday in life you will have been all of these.

- George Washington Carver



Charles R. Fedele Jr., D.O.



Danielle A. Ferraguti, D.O.

Temple University, B.S.

Philadelphia College Of Osteopathic
Medicine, M.S.

Warminster, Pennsylvania



To my Family:

Words cannot express my gratitude for the sacrifices you have made in order to make my dreams come true. Thank you for all your encouragement, support, love, and understanding throughout the years. And most of all, thank you for standing by my side every step of the way. You have made every moment worth it. One day I hope to be able to repay all that you have so unselfishly given to me. I hope I have made you proud and I have made all your sacrifices worthwhile in the end.

To my Friends:

This was an unforgettable journey. I am thankful to have met such great people who I could share this experience. While the majority of our time was spent in the classroom and in the library studying, we still found time to have fun. Post-exam parties, holiday parties, get-togethers, dinners, movies....these are some of the memories I will take with me. Wherever we end up, I hope we can still find time for each other and continue making those great memories. Thank you for always being there and good luck in all your future endeavors.



Danielle Ferraguti, D.O.



Luisa Galdi, D.O.

Drexel University, B.S.
Philadelphia, Pennsylvania



To my family and friends at home:

Thank you for accompanying me on this crazy journey with your unyielding patience and support.

To my PCOM family and friends:

"It seems like only yesterday we started, (ooh) but soon we'll put away our books and pens. We'll go on with our lives once we have parted. But how can we say farewell to our friends?" Thank you for the laughs, the tears, the late study nights and, of course, the beers :)

"Some people come into our lives and quickly go. Some stay for awhile and leave footprints on our hearts. And we are never, ever the same."

-Anonymous

love,
me

Luisa Galdi, D.O.



Heather Roehrs Galgon, D.O.

University Of Pennsylvania, B.A.

Havertown, Pennsylvania



"Hands that serve are more sacred than lips that pray"

-Mother Theresa

Thank you to my family. Without your support, love and encouragement this would have been impossible.

To my husband, Dave, thank you for unconditionally supporting my dreams and ambitions. Because of your flexibility and selfless contributions we survived med school, B-school, buying a home, getting married, birth and death, and we're only stronger for it.

To my mom, Stacey, thank you for being my #1 babysitter, nanny, travel companion, landlord, and tireless supporter.

To my Dad and my sister, thank you for instilling in me the belief that I can do anything, teaching me to never take no for an answer, and reminding me to continue to look beyond myself to make the biggest impact.

To the OMM Department and my fellow Fellows (past, present & future), thanks for an amazing 5th year. You helped me to become a better physician.

To my children, Bryce and Baby Galgon, may you always follow your dreams no matter what obstacles lie ahead of you. To be great, you must first tackle the impossible.

I love you all.

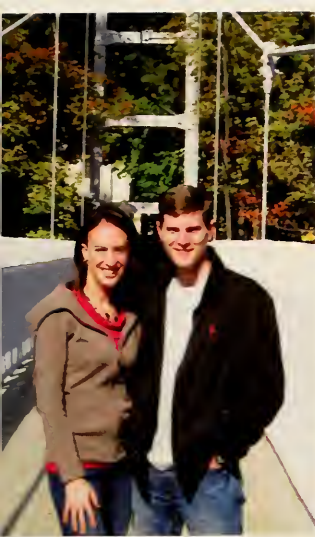


Heather Roehrs Galgon, D.O.

Nicole M. Gartner Spare, D.O.

Carnegie Mellon University, B.S.

Pittsburgh, Pennsylvania



Jesus, my Lord and Saviour, has given me a love for people and for life. My life has been changed by God's love and grace, and it is a joy to share that with every person He puts in my path. I am thankful for this journey.

My parents have been my foundation to accomplish my goals and dreams. After attending every dance recital and track meet, driving hours to watch me compete for less than five minutes at NCAA Nationals, and planning a wedding with both of you being 7000 miles away, I have no doubt that you will go to every end of this earth to be there for me when I need you the most.

Lindsay and Angela, as sisters we keep growing closer even though now we are living in different cities. After witnessing the birth of my first niece during the first year of medical school, I am excited to watch our new families grow up together!

Patrick, your heart and passion for our Lord has encouraged me throughout our relationship and will continue in our marriage. 2010 is an exciting year for us with our wedding and graduation all in the same week! I look forward to more adventures with you as we ski and travel to new places together.

PCOM friends, I will cherish memories of nights in Manayunk, ski trips, Starbucks, stackable highlighters in class, and marathon training.

Over the last four years in Philadelphia, I have been blessed with an amazing community of friends from my church who have lovingly supported my endeavors from taking classes, to going away on rotations, and completing two Boston marathon races.

PCOM Class of 2010, I wish you the best in your future careers in medicine.



Nicole Gartner, DO



Nina Sara George, D.O.

Haverford College, B.S.
Pittsburgh, Pennsylvania



To my family, Mom, Dad, Neal, Prince, I certainly could not have done this without your love and support from day one. There were many times where

I would have been satisfied quitting school and coming home to work somewhere locally. I thank you for giving me strength to carry on and excel in all that I do. For, "the key to happiness is chasing dreams- The key to success is making them come true." There is not one day that passes that I don't thank God for giving me the best family a person could ever ask for. I love you all from the bottom of

my heart. To my family that has passed, Joshi Chachan, Preeth Chettan, Amma, Ammachi, Appachan, I keep you in my heart and hope you rest in peace and watch over me in this life journey. To my friends, thank you for sharing with me the some of the best times in my life. And to those who have taught me the power of knowledge, I thank you for bringing me to this day.



Nina Sara George D.O.

Shaun David Gill, D.O.

Millersville University Of Pennsylvania, B.S.
Abington, Pennsylvania



I would like to thank my family and friends for all their support during medical school. Without you, none of this would have been possible. I am grateful for the wonderful opportunities that PCOM has offered me during my medical education, and for the high level of excellence that accompanies being a graduate of our College.

To my colleagues in the military, remember to stay the course, and hold dear the ideals of our osteopathic profession, as leaders and professionals. We are the future of military medicine, and we are embarking on a mission that is critical not only to the freedom of our country, but to the freedom of the world. Every generation has its Heroes, be strong in your commitment and let nothing cause you to falter.

To the Osteopathic physicians who have helped shaped our profession. Thank you for your dedication, and for forging the path for future graduates. We will continue to lead the way.

Finally, I would personally like to thank Dr. Murry E. Levyn, DO '46 for introducing me to the field of Osteopathic Medicine. Thank you for your guidance.



Shaun David Gill D.O.



Lindsey Marie Govern, D.O.

Shippensburg University, B.S.

Mechanicsburg, Pennsylvania



Mom and Dad- Thank you for all of your guidance and support throughout the years. I don't know how I would have made it without all of your help. I may not have said this enough but I appreciate all that you have done for me to help me reach my dreams. WE DID IT!

Allison- Thanks for your love and encouragement. We managed to get each other through these tough years. Thanks for always picking up my phone calls and being there with words to help me through my challenges....there will be many more now that you're my personal pharmacist!

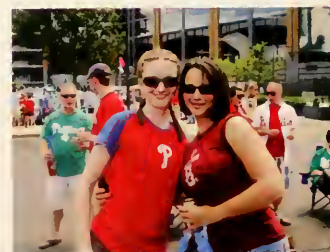
Jess- It took one random night for us to end up at roomies....and now 3 years later we somehow survived Presidential City and I'm leaving with you as one of my best friends. You are such a wonderful person and I wish you all the success in the world!

My ship girls- Thanks for being a great source of strength and motivation through the past 8 years. I'm so glad our friendships survived the craziness of the past 4 years.

PCOMers- You all have made my medical school experience so wonderful. Thanks for all the late nights in Philly, the laughter you brought to my life, and the friendships that will last. Best wishes in reaching your dreams.

"The ultimate measure of a man is not where he stands in moments of comfort, but where he stands at times of challenge and controversy"

-Martin Luther King Jr

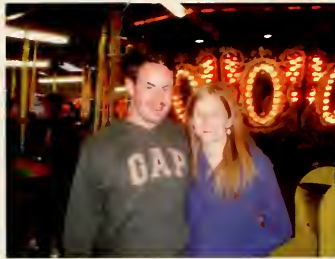


Lindsey Govern D.O.





Bradley Grant, D.O.
University Of Maryland - Baltimore
County, B.S.
North East, Maryland



I'm going to miss PCOM. There's something wonderful about being a med student, being filled with a sense of awe and respect for the human body and mind, like you are gradually being made privy to a few of God's secrets. Or something cool like that.

Thank you to my wife Chrissy, who has faith in me that defies reason but is appreciated nonetheless. The passion and conviction with which you teach young minds inspires me to be a better doctor.

Thank you to my parents, who put my education before all else, and gave me opportunities that they never had. Mom, whenever I need to be compassionate, all I need to do is ask myself how you took care of your patients. Dad, when I was little I told myself I wanted to know as much as you did about seemingly everything. I'm nowhere close, but maybe one day.

Thank you to my brother, who is my best friend and confidant.

And finally, thanks to my classmates, whose altruism and intelligence is thankfully tempered by the ability to have a great time. I never suspected that my favorite thing about med school would be our friendships.

Bradley Grant D.O.



Nathan Greczek, D.O.

Juniata College, B.S.
Cresson, Pennsylvania

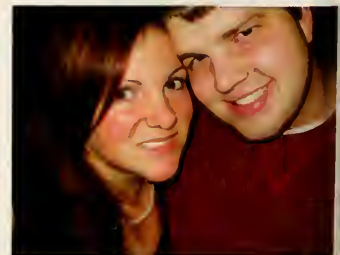


To my Parents- Thank you for all of the support and sacrifices you have made for me throughout the years. You have always driven me to be the best. You have made me the man I am today and I am so proud to call you my parents. I love you both very much.

To my Brothers- Thank you both for always being supportive of my decision to become a physician.

To my anatomy lab group- All of you made the first semester of medical school very enjoyable and I am thankful we had the opportunity to get to know each other. We had a lot of fun together like "I feel like makin' love!", the bone box, and of course TOT. I wish all of you the very best!

To Sarah- You have been the most amazing part of my life since I have met you. Your never ending support of me is always appreciated. I am so proud of you and all of your accomplishments. I love you so much and can't wait to spend the rest of our lives together.

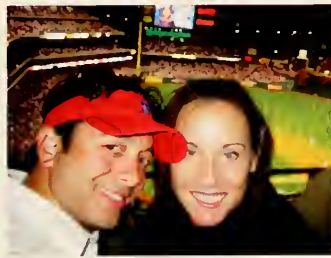


Nathan Greczek, D.O.

Colleen Guest Marchetta, D.O.

LaSalle University, B.S.

Yardley, Pennsylvania



Mom & Dad: You have been the best two guides I could have asked for in life. Not only have you both inspired me to enter the field of medicine, but you showed me how to do it with compassion and purpose. I owe everything to you.

Tony: 'Thank you' is not enough to express how much I appreciate everything you have done and sacrificed for me over the past four years. I would not have been able to do this without you. I love you.

Megan & Lauren: Thank you for sharing your experiences with me and for your guidance throughout medical school. I could not have accomplished this without your faith and wisdom.

Katie, Dennis, Kevin, & Matt: I would not be here without your unconditional love. Thank you for listening to me, challenging me, encouraging me, and for always knowing how to make me laugh.

Marchetta Family: Thank you for your love and support and for welcoming me into "la famiglia".



Colleen L. Marchetta, D.O.



Daria Lin Guelig, D.O.

University Of Virginia, B.A.

Wellsboro, Pennsylvania



Lee J. Guo, D.O.

Boston College, B.S.

Boston, Massachusetts



Infinite gratitude to my family, my friends, and my mentors. I am here today because of you and I will get there tomorrow for you. Thank you all for your enduring support, endless inspiration, and timeless wisdom!

MS-I

"Medicine is a marathon, not a sprint"

MS-II

"The Lord gave and the Lord has taken away; may the name of the Lord be praised"

- Job 1:21

MS-III

"Good judgment comes from experience. Experience comes from bad judgment."

-J.M, MD

MS-IV

"Know thyself"

-Plato



Dawn Marie H. Gurican, D.O.

Saint Joseph's University, B.S.

Mount Joy, Pennsylvania



I can't believe how quickly these last four years have past. I am excited to say that my life as a student has finally ended while my medical career has finally begun.

First and foremost I would like to thank my family. Throughout these years you have sacrificed so much to help me achieve my dreams. You were always there for me through the application processes, interviews, board examinations, endless studying and moving countless times. I wouldn't be where I am today if it weren't for your infinite love, support, encouragement and prayers. I know that you are very proud of me and I hope to continue making you proud as I embark on my medical career.

I also have to acknowledge my friends who throughout medical school have always been there to listen to me, to spend time with me and take me out of the medical school state of mind. I hope that we continue to always be there for each other. I love you all so much and cherish the time we have together.



Dawn Marie H. Gurican, D.O.

Stacey G. Hackett, D.O.

Miami University, B.A.

Philadelphia College Of Osteopathic Medicine, M.S.
Chesterland, Ohio



Someone once told me that the only people who will always be there no matter what are your family. I cannot emphasize enough just how much my family has been there for me.

Mom, Dad, Ash, Bry, & Danny: you have been so tremendously supportive of me through this life-changing endeavor called medical school. You are indeed my biggest supporters. It is impossible to express how grateful I am for you...I cannot thank you enough. Thank you for everything – for your endless encouragement, pep talks, shoulders for me to lean on, ears to listen to my oh-so-long stories, and jokes to make me laugh. Making it through this would simply not have been possible without you. I love you so much!

To my amazing friends at PCOM: the time has flown by so quickly...I can't believe we're DONE!!! This roller coaster of a ride has been SO much more fun and bearable with you. We had Couch Tomato, Starbucks and Friends to get us through, and of course we had each other. I am so blessed to have had the opportunity to meet such wonderful people and form friendships that I know will last a lifetime. I will miss you, but we will be keeping in touch.

CONGRATULATIONS CLASS OF 2010!!!

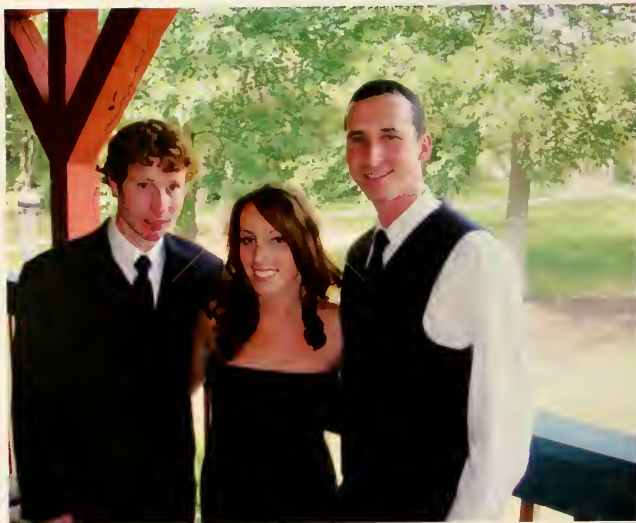
Stacey G. Hackett, D.O. 

Richard T. Hale, D.O.

The Pennsylvania State University, B.S.
State College, Pennsylvania



The closing of one chapter only leaves us with excitement for what lies ahead in our yet unwritten future. As a class, similar to those before us, we have built a strong academic foundation at PCOM. Thanks to the PCOM community, I know we are more than qualified to continue as residents, fellows, and one day, as attendings. No matter where each of us will be in the years to come, I am more than proud to be a member of the Class of 2010. To my family and friends, thank you for all of your support, it has not gone unnoticed over the past four years. Good luck to everyone and never forget our roots here at PCOM!



Richard T. Hale, DO

Jennifer E. Hanson, D.O.

Saint Joseph's University, B.S.

Cheshire, Connecticut



Congratulations Class of 2010!

Mom and Dad: Thank you for all of your encouragement. I couldn't have made it this far without your love and support. I hope I've made you proud. I love you so much.

Ryan: I feel so blessed to have you in my life. The day I met you was the day I met my best friend. You have been so supportive and understanding. I can't wait to see what the future holds for us.

Sep: Thank you for being such a great friend over the past 8 years! You never let me forget life beyond medical school and for that, I will always be grateful.

My PCOM Friends: We made it! I never thought medical school could be so much fun. I couldn't have done it without you by my side. I wish you all the best!

Jennifer Hanson D.O.



Misha Harrell, D.O.

North Carolina State, B.S.
Wilmington, North Carolina



M Harrell, DO



Nate Hemerly, D.O.

Drexel University, B.S.
New Tripoli, Pennsylvania



I'd like to thank all the people who made my journey through college and medical school possible. My parents were always there for me when I needed them. Melissa, my fiancé, provided the breath of fresh air I needed when the bubble that is medical school started to close in around me. I thought of her smile when I started to feel the stress and everything became fine again. Dr. Fogel and other faculty members provided me with the knowledge I needed to succeed during 3rd and 4th years.

My message to my classmates is to never forget where you came from. Whether you're a Penn State or Penn graduate, or you're from New Tripoli or New York City, be proud of who you are and remember that your actions influence people's perceptions of more people than just you. Make everyone in your life look good by succeeding with character.

One last piece of business...Go Eagles, Drexel Dragons, Dale Earnhardt, Jr., Phillies, and Flyers.



Nate Hemerly, D.O.



Joseph Herres, D.O.

Saint Joseph's University, B.S.
Wellsboro, Pennsylvania



To my Wife, Joanna, thank you for all the love, encouragement, and support. Without you, I would never have made it this far. We are a great team!

To my Son, may you always follow your passions and never be discouraged, your Mother and I will always be there for you.

To my Family, thank you for always believing in me and teaching me the value of hard work. I love you guys very much.

To my Colleagues, may we all strive to remember what a privilege this profession is.

If you can't explain it simply, you don't understand it well enough.
-Albert Einstein



Christopher T. Higgins, D.O.

DeSales University, B.S., B.S.

Schnecksville, Pennsylvania



To my family: Mom and Dad - you have always wanted the best for your children. Thank you for all of your hard work, dedication, support and sacrifice that got me to the position I am in now. I will strive to do my best knowing you made it possible for me. I love you.

Scott - though we have had some sibling rivalry when we were younger, I believe we have become the best of friends since then. Thanks for everything and I wish you and AnnMarie the best in life and love as well as all your future endeavors.

To my friends (that's you Class of 2010): Though we have seen some lows throughout our four years together, we have seen even more highs and I couldn't think of a better group to go through it all with. Go forth and take everything we learned and become as a class and spread it to everyone you meet because I believe the world will be a better place because of it. Never lose touch with each other though because although we have changed so much over these four years I can't wait to see what the future has in store for us. Later gators but don't be strangers!! ;>)

"Don't cry because it's over. Smile because it happened."

~Dr. Seuss



Christopher Higgins, D.O.



Phuong Thi Hoang, D.O.

Muhlenberg College, B.S.
Allentown, Pennsylvania



Dear Lord, thank you for always watching over my entire family and blessing us with so many gifts. I know that I would not be here without your unconditional love, strength, and faith. Thank you for sending your angels to help me through difficult times, especially my family, Marnina Shelkin, Lee Guo, Georgia Fliakos, Nea Hargrove, and Susan Tom.

Dear Mom and Dad, I love you both so much for being so supportive, loving, and giving me everything that I need even in times of poverty. Thank you for raising me to be a strong and independent woman. Thank you for always believing in me, especially when I think that I can't. Without you, I would not be here. I love you, Mom and Dad!!!!

Dearest Nick, I love you endlessly! You have shown me the true meaning of love. I am so blessed to have you and your family in my life. Thank you for your unconditional love and support. You are the only person who can make me smile when no one else can. I am counting down the days to

May 29, 2010, when we will be married in front of our families and friends. I promise to love, respect, honor, and be faithful to you. I can't imagine life without you!



Phuong Thi Hoang, D.O.



Susan Marie Holencik, D.O.

Bucknell University, B.S.

Ramey, Pennsylvania



To My Family: It is through your endless love, numerous prayers, and unrelenting support that I have made my dreams come true! Through the hours of studying, seemingly infinite nights on-call, and dreaded board exams, it was thoughts of each of you that propelled me through every challenge. For giving me a moral foundation to stand on, for listening to me whine, for cultivating my sense of humor, and for simply being the people I love most in this world. I am now, and will always be, eternally grateful!

To My Friends: As our journey together comes to a close, it is with much love and my unrelenting enthusiasm that I want to say "Thank You"!!! Thank you for allowing me into your lives to take this ride with you. Thank you for being some of the most intelligent, sincere, and caring people I have ever known. Thank you for being a shoulder to cry on and a buddy to laugh with. Most importantly, thank you for laughing at my stupid jokes. From hulk hands, to numerous meat festivals and luaus, to post-exam retail therapy, to 32 foot extension ladders, to lunches out that lasted until dinner, you are the crew who made these last four years the experience of a lifetime!

God Bless!

~Susan, Suz, Susie, Sue, Doodie



Susan M. Holencik, D.O.



Kevin S. Hollick, D.O.

York College Of Pennsylvania, B.S.

York, Pennsylvania



Thank you Mom and Dad for
being so understanding and
patient. That goes for Pap and
Weezy too. Thank you my dear
wife, Lori. I couldn't have done it
without your love, support, and
sacrifice. We're almost there, just
a little more to go.

With all my heart,
Kevin



Kevin S. Hollick, D.O.



Robert J. Horn, D.O.
Villanova University, B.S.



Robert J. Horn, DO



Bryan K. Houseman, D.O.

Northeastern University, B.S.

Chattanooga, Tennessee



The amount of gratitude I have for those that have supported me over the years is truly immeasurable. The hard work and countless hours of stress, growth, laughter, and tears have only opened the door to a life of service.

Jessica, you have gone through so much with me over these years that I thank you for putting up with my schedule, my volatile moods, and keeping our house one step away from a circus. I look forward to the journey together that this process brings.

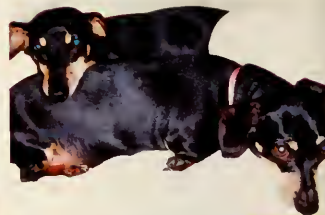
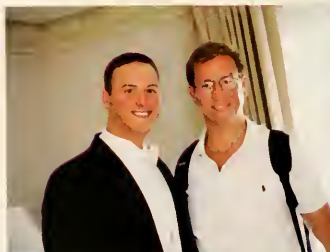
Mom and Dad, really all I have to say is thank you. Thank you for working so hard to raise me in his image, teaching me right from wrong, and never allowing me to give up no matter how high the obstacle. I will forever be indebted.

Brothers, Sister, The Lehman's, and The Nadeau's yall have been so helpful in supporting me through your actions of generosity and words of inspiration. This is just the beginning of a life we can all enjoy.

To my colleagues, I wish yall all the best and hope that we can all make a difference to those who seek our skills.

What a ride...

 , DO



Courtney Huston Chellev, D.O.

The College Of New Jersey, B.A.

Vineland, New Jersey

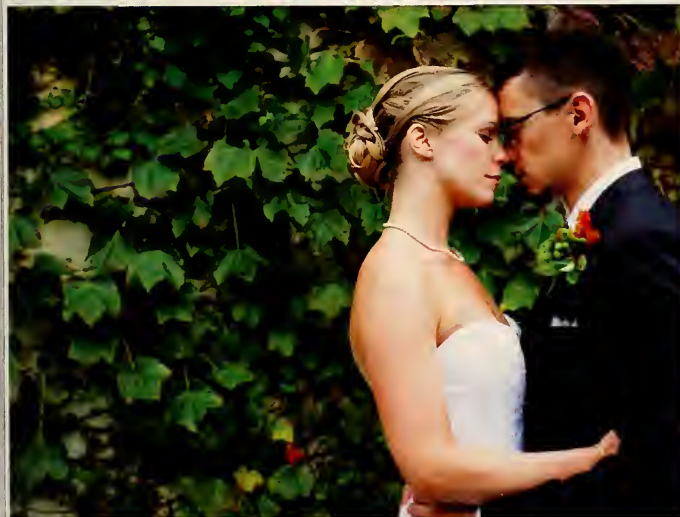
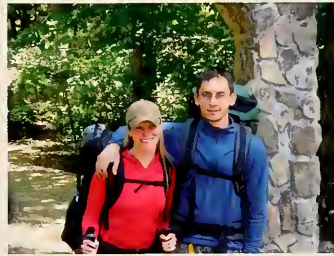


To My Family: Thank you from the bottom of my heart for everything that you are to me and everything you helped me to become. Without your love and support so many things in my life would not have been possible. My love for you is beyond words.

To My Husband: You are my hero through and through. Everything a hero should be to a person you have been for me. You inspired me when I felt discouraged. You congratulated me when I triumphed. You took me on wonderful adventures. You held me in your arms when I was broken. Your love helped make all my dreams come true.

To the Class of 2010: Best of Luck! Thanks for all the laughs and support! We did it!!!

Courtney Huston Chellev DO



Alexandra Isakova, D.O.

State University Of New York At Binghamton, B.S.

Drexel University, M.B.S.

Brooklyn, New York



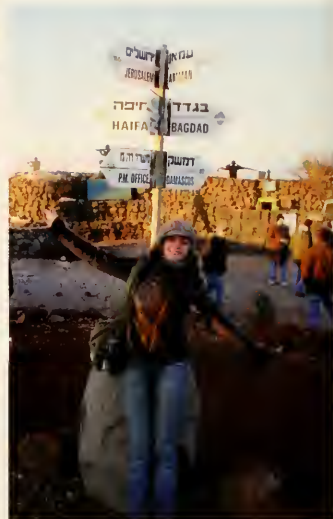
The path that has led me here has been slippery and tortuous paved with cobblestones of friends, adhered with cement of family and lined by pillars of love and hope, transgressing a bouquet of places at home and abroad. My dreams of becoming an artist, actress, writer have been surpassed by my undying passion and desire for medicine – an obstinate fascination and an eloquent determination that defied all obstacles since childhood.

Thank you to my family for their patience of dealing with the unknown and blind support (which frequently came in forms of food stuffing mine and my friends' fridges...).

I think everyone of you(classmates) have touched me in a kind way. We've shared at least one moment together that has been imprinted in my memory. Thank you Scott for being an amazing friend and my partner in crime all over the US with COSGP and our trips to Nardi's!!! in LBI(thanx to Demetri of course). Thank Gil for our unique and crazy friendship. Thank Nina for being my bestie! we've had amazing times together and I can share anything with you. Thank you Brandon, Brandon, and Gil for letting my crash at your place randomly for an entire year, thank you for all those that have given me rides at the end of my first year when my car died! Casey, you'll always justify my adventures! My spin partners in crime: Alissa, Misha, Serena, and Anne I miss our girl "shouts" in the gym. Kushi –OMM partner 4ever.

Thank you Sasha for your neverending friendship, your love and kindness-I love you. Thank you to my Drexel peeps -Jillian, Jen, Halez, Kim, Erka, Adam, for helping me get to this place now Sarah, Hetal, and Em you are my outlets to the world Kahner- you've made me feel that Philly was my home. Dima, you have been a Drexel and PCOM groupie and you are the most awesome and reliable friend anyone can ask for. Susan-we will always have India and much more craziness to keep our minds in check. Eyal (whose shoulder I can always cry on) Jenny, Slava, Rich and Igor thanx for visualizing my dreams before I can even comprehend them. Al'ka, thanx for shedding light onto my toughest thoughts throughout these years. Hugs to my Binghamton crew for reminding me that medicine is not all

Olu, Lee, Kim, Chris and Jen-this book would not be what it is without you.



Aradhana Singh Ishwar, D.O.

Indian Institute Of Technology - Bombay, B.S., M.S.

Philadelphia, Pennsylvania



Aradhana Ishwar D.O



Ankush K. Jain, D.O.

University Of Maryland - Baltimore County, B.S.
Gaithersburg, Maryland



Life never seems to work out exactly
like you've planned, but that's life.
Never quit. Always keep your head up,
the right attitude will take you further in
life.

Thank you to my family for all of their
hard work and dedication to get me here.

Thank you to my friends for teaching
me to enjoy the journey while I am here.

Thank YOU for giving me the



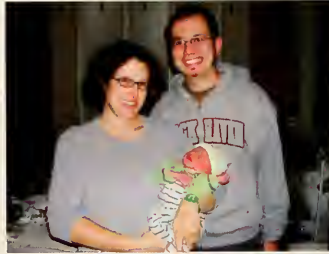
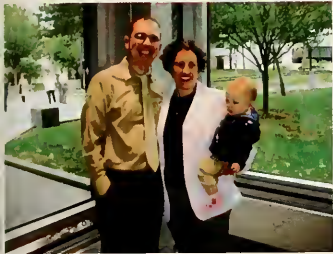
Ankush K. Jain, D.O.



Kelly Jo Janke, D.O.

Messiah College, B.S.N.

Denver, Pennsylvania



My first visit to PCOM was the same day that my husband and I announced to our families that we were expecting our first baby. That year was marked by many transitions- my daughter Olivia joined the family, we all moved to Philadelphia, my husband got a new job, and I began medical school. During my first semester, 2010 seemed so far away. Now, four short years later, I'm writing the yearbook page to mark my graduation. The tiny baby who crawled around campus during our white coat ceremony is now four years old, and our family expanded during these years, welcoming our son Benjamin in my second year.

It may seem strange that I should detail all these family milestones when reflecting on school. However, my family has been the influence that kept me grounded and balanced throughout the trials of medical school. My priorities center first on my faith in God to guide me, then secondly on my family, with my education and career coming in third. So, it is only natural that I offer thanks to the deserving people in my life. I thank God every day for the blessings he has given me. I thank my husband Bryan for his endless patience and support in helping me to fulfill my dreams. I would not be graduating without his help. My parents Bruce and Denise deserve many thanks for their love, support, and last minute babysitting. I'm also grateful to Dana, Tim, Carrie, Mom, Mama and Papa, and the Janke family for their undying support.

I have a long road ahead of me but look forward to what the future brings.



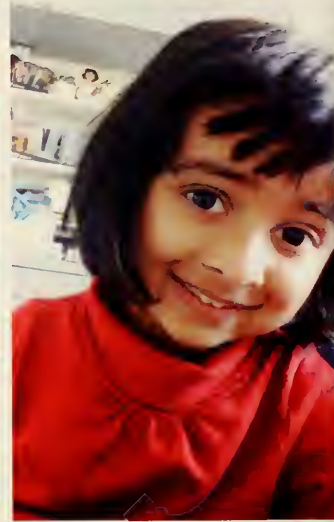
Kelly Jo Janke, DO



Benny Johnson, D.O.

Villanova University, B.S.

Olney-North Philadelphia, Pennsylvania



I would just like to thank my Lord and Savior Jesus Christ, without Him and His sacrifice for me on the cross, none of this would even matter. I also want to thank my Dad, my Mom, Binu, Beena, Roy, Baby Kayla and Lij. Without you all, this road would have been impossible to travel. I am so thankful for all your support, prayers and love over the years. Thank you for always encouraging me and strengthening me through every exam, practical and rotation. I would not be where I am today if it was not for each one of you.

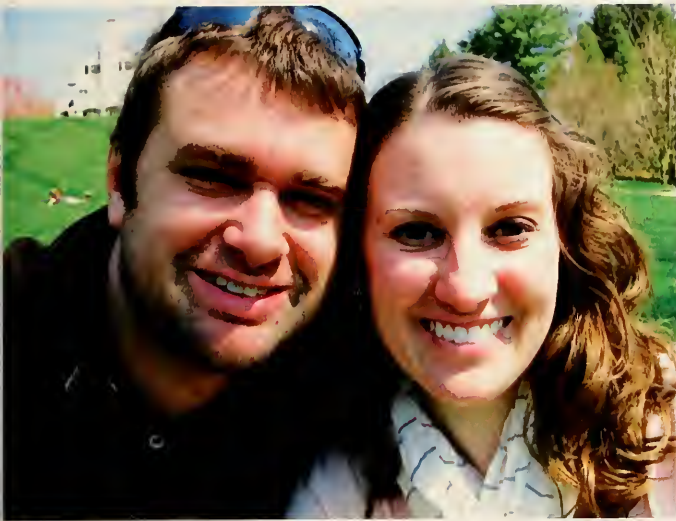


Benny Johnson, D.O.

Courtney L. Jones, D.O.

Juniata College, B.S.

Portage, Pennsylvania



To my family: Thank you for believing in me. As a child, and even now, you have given me every opportunity to achieve my goals. Thank you for your endless love and support. I am truly thankful to have such a wonderful family.

To Ricky: You have been by my side through the worst and best of times. You have always encouraged me and made me a better person even though my approach to medicine and my career has often cost us personal time. I thank you for making me smile, even when I was most stressed, and I love you for that. I look forward to all that we have in store for the future.

To my PCOM friends: Thanks for all of the good times and the great memories. Good luck in all of your future endeavors!



Courtney L. Jones, DO



Yewah Jung, D.O.

University Of Scranton, B.S.
University Of Medicine & Dentistry
Of New Jersey, M.P.H.
Factoryville, Pennsylvania



To my family:

Daddy: I'm proud to call one of the greatest physicians I have ever known, my father. I think of you every day.

Sunah, Jinah, and Miah: I wouldn't be who I am today without you, mommy and daddy. I thank God every day for being your baby sister.

Matty and Sammy: Being your emo has made me so happy. Don't grow up too fast!

Mommy: You're the most amazing and beautiful person I know. Thank you for your example, the sacrifices you have made so that I could get to where I am, and most of all for loving me. I love you up to the sky!

To my friends:

Scranton U and Jersey friends: Despite my craziness during med school, you have always been my biggest cheerleaders. Thank you for believing in me.

Thanusha: Simply, you're the best friend I could ever ask for!

Micah: You're one of my oldest friends and have seen me through pretty much everything. Can't wait to see what else the world holds for us!

...PCOM friends: The past four years have been a rollercoaster, but I wouldn't give up it up for the world because of the relationships I made and experiences I've had. You've seen me through thick and thin and at my worst and best. These are the memories I'm going to carry with me my whole life! Love you all!

To God: For blessing me with an awesome life!

"The LORD is my strength and my shield; my heart trusts in him, and I am helped. My heart leaps for joy and I will give thanks to Him in song." (Psalm 28:7)



Yewah Jung D.O. MPH





Monica Kanal, D.O.

The College Of William & Mary, B.S.
Drexel University, M.P.H
Front Royal, Virginia



Mom, Dad, and Pami: thank you for your guidance and support in helping me to achieve my dreams! Your example of hard work and dedication continues to motivate me to think positively and keep working until I've reached my goal. I love you! Kelly: thanks for the late night phone calls of encouragement, the long trips to see me and cheer me up, and all the laughter. You're the best I could ask for. JL: you've been my best friend these past four years. Here's to dinner parties, adventures around Philly, over the phone boards reviews, and finishing each others' sentences (even after two months apart!). DD: here's to girls' nights and OMM practice sessions. AR: you were my first PCOM friend; we made it! I'll miss our runs on Kelly Drive and our coffee meetings that ended up as two hour conversations in your car when you were dropping me off. DK: you've always been there to mellow me out—don't go too far away! I'll miss our nights out and having you as my temporary housemate. To all my other friends, thanks for the memories!

Monica Kanal, D.O.



Demetri Karanzalis, D.O.

Rutgers University, B.S.
Moorestown, Pennsylvania




Dear Demetri,

I just wanted to say a few words to you. You have been more than a brother. You have also been a leader. I look up to you with you being a doctor and how good you are doing. I want to be just like you. You have inspired me to think about being a doctor. Sorry I can't be the kind of doctor you are. Because as you know I hate them except for you of course! But I want to be a doctor similar to you. Seeing you now, hard you work really makes me think if you can do it I can. (Not saying in a bad way.) I wish the best for you. You deserve ~~everything~~ everything and more.

Love you with all my heart,
Lisa

I want to take this opportunity to express my gratitude to those who helped me make it through the formidable journey of becoming a physician. The guidance and encouragement I received undoubtedly helped me endure the tough times and relish the good. Needless to say the emotional and physical support provided by friends and family has placed me in a debt that cannot be repaid with material possessions. The guidance I was provided with was driven by love and the genuine desire to help an individual succeed. Support of this nature is ultimately priceless and hard to find. It is for these reasons that I want to dedicate this accomplishment to everyone who stood by my side along the way. Everyone deserves to celebrate for I could not have made it to the end alone.



 DO



Theresa J. Kaufman, D.O.

The Pennsylvania State University, B.S.

Elkins Park, Pennsylvania



Theresa J. Kaufman, D.O.



Diana Michelle Kelly, D.O.
University Of Maryland - College Park, B.S.
Pittsburgh, Pennsylvania



Mom and Dad:

Thanks so much for the love, encouragement, and support! I've always believed I could accomplish anything I set out to do and I owe a lot of that to you both believing in me, too! I love you guys!

Jason, Matt, Heather, and Charlie (aka my basement buddy):

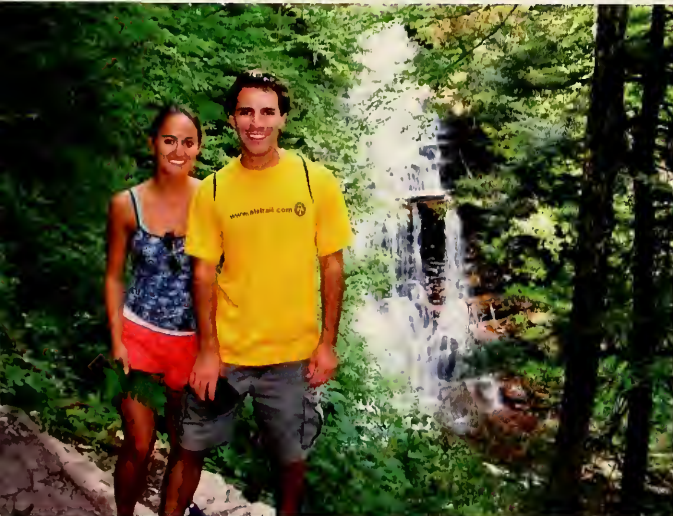
Thanks for being a great support I know I can always lean on!

Med School Gang:

Thanks for all the laughter and memories! Precious, you're the girl I could always depend on whether I needed a good laugh, a good cry, or just a good ear. Monica, you'll always be one of my favorite people. Thanks for all the random moments, especially the late night adventure through the maze of Lincoln Green! Gracie, it's been a joy experiencing medical school with you. Stevo, I'll always think of you when I think of the pancreas. Good luck everyone!



Diana M Kelly, DO



Benjamin M. Keyser, D.O.
 Bucknell University, B.A.
 Lancaster, Pennsylvania



Ben Keyser, D.O.



Jiyoon Kim, D.O.

University Of Pennsylvania, B.A.

Drexel University, M.M.S.

Andreas, Pennsylvania



To my family, thanks for all of your support, love and encouragement during the past four years. To the friends I've made here at school, thanks for being a part of my life, it was fun studying and hanging out with you guys. I look forward to future trips to the casinos and winning our money back.

Remember to always bet on black.

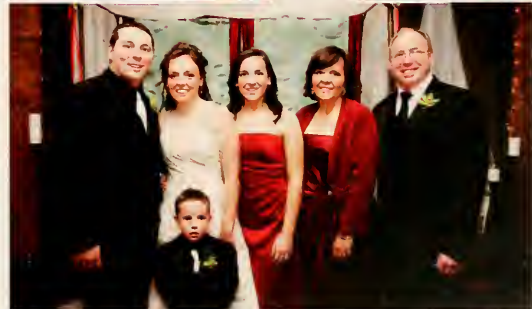
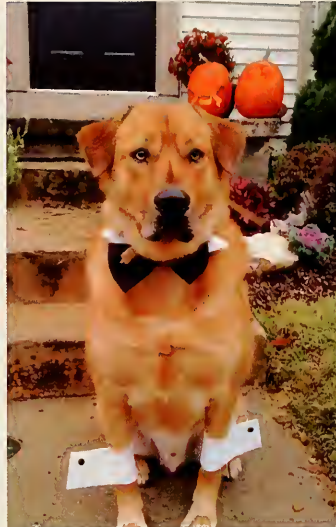


Jiyoon Kim, D.O.

Justin Thomas Koch, D.O.

Franklin & Marshall College, B.A.

Schuylkill Haven, Pennsylvania



Set. 10, 20



Chadd Kenneth Kraus, D.O.

Loyola College Of Maryland, B.A.
Johns Hopkins University, M.P.H, Dr.P.H
Saint Marys, Pennsylvania



"We are here to add what we can to life, not to get what we can from life...The practice of medicine is an art, not a trade; a calling, not a business: a calling in which your heart will be exercised equally with your head. Often the best part of your work will have nothing to do with potions and powders, but with the exercise of an influence of the strong upon the weak, of the righteous upon the wicked, of the wise upon the foolish. Observe, record, tabulate, and communicate. Use your five senses. Learn to see, learn to hear, learn to feel, learn to smell, and know that by practice alone you can become expert."

William Osler, MD (1849-1919)

Thank you...

To Kristin, your unwavering love, patience, and support, give me strength;

To Mom and Dad, Bradley, Damian, Vanessa, Lynette, and the rest of my family, your example instills in me a love of learning and an unparalleled work ethic, both to be used in the service of those in need;

To my friends, your understanding, humor, and encouragement refresh me;

To my many teachers and mentors, I see further by standing on your shoulders.



Chadd K Kraus DO

Maria Theresa S. Kurtz, D.O.

Kansas State University, B.S.

Military (U.S. Army)



To my Lord, my Savior, my Counselor, my Friend – Thank you for the abundance of blessings you have graciously provided me throughout my life, for being my Rock during the challenges, and the Footprints when I needed you the most.

To my awesome husband, Dan – Thank you for your undying love and support as I carry out my dreams, for never making me feel guilty for spending more time with my books than with you, for making life tighter and easier for me. I cannot imagine going through this journey called life without you. Love you!

To Mom, Dad, Jr., MJ – You have been my biggest supporters and cheerleaders since my journey began with my first breath...and for this I thank you. Miss you! Love you!

To the Shin's, Gamil's, Kurtz's, Dickson's – Thank you all for your love, encouragement, and prayers.

To my friends and colleagues (near and far) – Thank you for the memories, both laughter and tears alike. For the game nights, the potlucks, the karaoke nights, the all-nighters full of delirious moments & episodes of insanity, the birthday parties, the after parties, the dinner/lunch/breakfast/snack dates, for the memories at the lake house, on the slopes, and during the trips out-of-town and out-of-state. These memories have helped forge lifelong friendships during the toughest and best of times. I look forward to many more crazy times together.

My favorite verse, which has proved itself to be true a thousand times over :

"Trust in the Lord with all your heart and lean not on your own understanding; in all your ways acknowledge him, and he will make your paths straight."

- Proverbs 3:5,6

Maria Theresa S. Kurtz, D.O.



Joseph William Kusick, D.O.

The Pennsylvania State University, B.S.
Chicora, Pennsylvania



To my family: I will never be able to thank you enough for your endless support. Through my years at Penn State and at P.C.O.M. you never questioned my decisions and were always there for me regardless of the circumstance. I don't know if I would be where I am today had I not been brought up in an environment with amazing role models in my parents, grandparents, sister, aunts, uncles, and cousins. Each and every one of you offered me an example of how truly powerful hard work and dedication can be. The fact that I am now walking across the stage to become a doctor is a testament to that very statement. Thank you all so much.

To my friends: Regardless of how cliché it may be to say, it is true that I can't believe our four years have come to an end.

We've had our rough times, but they were certainly outnumbered by the great ones. I wouldn't have gone through it with anyone else. I've learned so much from each of you, and can't imagine if I hadn't met you all. I look forward to spending time with you all in the future.

Best of luck and God bless.



Joseph W. Kusick D.O.



Casey Elizabeth Lafferty, D.O.

Rosemont College, B.A.
Gloucester City, New Jersey



"We are all inventors, each sailing out on a voyage of discovery, guided each by a private chart, of which there is no duplicate. The world is all gates, all opportunities." Ralph Waldo Emerson

Classmates: Four years ago I never would have fathomed what an interesting experience PCOM has been. The twists and turns, the ups and downs of this rollercoaster ride have only strengthened and given us the tools to become the excellent physicians we are today. Thank you for the great memories and friendships that I will cherish throughout the years to come.

Dearest friends: I want to express my deepest appreciation for supporting me over the years. You were most flexible with your schedules and always tried to squeeze some time in when I was finally done with a big exam or a clerkship. You've seen me at my best, my worst, and my craziest yet still welcome me with open arms, accepting who I am and what I do without question. For that, I thank you once again and love you.

To my family: Thank you so much for dealing with the trials and tribulations of medical school. You have always supported me throughout everything from moments when I thought I would never get through classes to Match Day when I called you ecstatic over my placement at NAS Jacksonville. Thank you for understanding the moments when I could not be around. You truly helped me through these past four years and I don't think I would have made it without you. I love you so very much.



Casey Lafferty, D.O.



Ashley M. Lakin, D.O.

Dickinson College, B.A.

Bowie, Maryland



To my classmates: Congratulations! I have never met a group of harder working people. I hope that we never forget what a privilege it is to take care of people.

To my parents: Thank you, for the innumerable intangibles. You were my earliest teachers. It has been easy to reach for the stars, you are my footing. I love you.

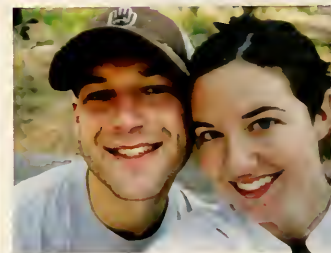
To my sister: Happiness is being your big sister. You have been with me for every step of this journey: taking exams, seeing patients, catching babies. None of it would have meaning without you to share it with. I am so proud of you.

To my (brand spankin' new) husband: It is as if we have always been us. Thank you for four years of Sundays (and making it so worthwhile to be productive on the other six days). I love you, and hope to hug on you for many years to come. Here's to the start of a great adventure.

I play it cool
And dig all jive
That's the reason I stay alive.

My motto,
As I live and learn, is:
Dig And Be Dug
In Return.

- Langston Hughes



Ashley M Lakin DO

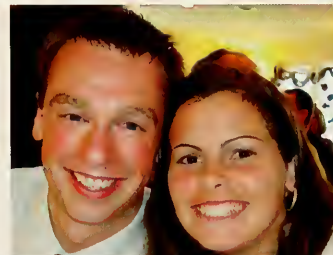
Nicholas J. Lanciano, D.O.

Saint Francis University, B.S.

Reading, Pennsylvania



The road has been long and difficult, but with all the enthusiasm followed by sleepless nights, the joy and the frustration, I am about to end one chapter in my life and begin another. I would not have made it this far had it not been for the love and support of my friends, family, in-laws, and parents. They have given me motivation, encouragement, but most of all, whenever times got tough, they were simply there for me. But for all that I have accomplished, I have only made it this far because of my wife, Melissa. She has been my guiding light and inspiration during the toughest times of my life. During times of celebration, she has been beside me without asking for gratitude or acknowledgement. She has given, without knowing what was going to be asked of her, and she has put her own needs aside, so that I may pursue my own dreams. Everything that I have learned, all the people that I helped, and all the people that I will be able to help in the future is because of her. I am forever grateful for the love and generosity that she has given me. So to my friends, family, in-laws, parents, but most of all Melissa, thank you very much for everything you have done. To Melissa, thank you for this wonderful, yet unique, journey and all that you have given me. I love you!!



Nicholas J. Lanciano, D.O.



Joseph A. Laureti, III, D.O.

The Pennsylvania State University, B.S.
Shenandoah, Pennsylvania



There were times during the last four years when it seemed like graduating would never come. However, we all have made it! I thank God and my family for helping me to get to this point. Without their support I would never have come close to making it to where I am today. Their support, guidance, and patience when listening to me complaining were invaluable to my success.

To my grandparents who always told everyone, "I have a grandson going to be a doctor"...I am now that doctor.

I enjoyed all of the good times with good friends during the last four years. I hope everyone keeps in touch.

I wish everyone the best of luck with all of their future endeavors!



Dr. Laureti, D.O.



Janet Sallit Laflouf, D.O.

Cedar Crest College, B.S.

Allentown, Pennsylvania



A dream is defined many ways: a condition or achievement that is longed for, a strongly desired goal or purpose, a state of mind marked by abstraction or release from reality. Four years later, my dream has become my reality.

To my family, I would like to say that I would not have been able to persist through medical school, the most challenging years of my life, without you. I owe all of my success to you for sticking by my side through the tribulations of medical school. Thank you Tony, my loving and loved husband. Dad and mom, Fayssal and Siham Sallit, you are simply amazing. My sisters and brother, Joanne, John, Jennifer, Jehane, Liza, and my nieces and nephew Jazmin, Dalya, Ava, Emma, and Jad- you were all truly supportive. And little Zain, every time I was down you kicked me right back up! Of course, above all I have to thank God.

To my crazy group of girlfriends who motivated me to the end, Audrey, Denise, Nilu, Char, Carla, Robyn, and Erin - love you guys! Without my hardcore study sessions, like my one-on-ones with Olga, and mnemonic night with Audrey and Denise. I don't know if I would've excelled as I did.

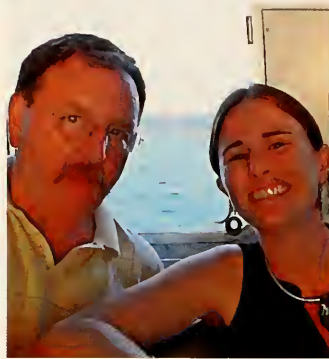
Lastly, and most importantly, I want to dedicate this page to the two most important men in my life, who were the driving force in both my decision to go to medical school and my achievements throughout: my husband and my father - thank you and I love you!

Janet Sallit Laflouf, DO



Shayna Lemke, D.O.

Purdue University, B.A.
Montana State University, M.S.
Wausau, Wisconsin



Now that I have achieved my goal there are some very special people that I would like to thank. First and foremost, I would like to thank my parents for all of their support and encouragement throughout my many years of school. Mom and dad, you have taught me how to love, laugh and live, but more importantly you have taught me to believe in myself, and that with hard work and dedication, I can achieve any goal that I set. Next, I would like to thank my siblings for all of their love and support over the years. Brea, my sister and my best friend, thank you for all of the big sister advice and endless conversations. Shem, thank you for keeping me humble and setting me straight but more importantly, giving our family the gift of laughter. Shad, thank you for all of your life lessons and exposing me to so many new things. Kasey, thank you for being my "go to man", it is wonderful to have a brother who will get any job done for you. I am very lucky to be surrounded by such amazing individuals and I would not be where I am today if it were not for all of you. Last, but not least I would like to thank Spud. Thank you for being my advocate and traveling on this journey with me. I am very lucky to have you in my life.



"Do not go where the path may lead, go instead where there is no path and leave a trail."

-Ralph Waldo Emerson



Shayna - D.O.



Joleen Nadine Liburd, D.O.

Cornell University, B.S.

Queens, New York & Nevis, West Indies



IN RETROSPECT

In Retrospect, it was all worth it and we deserve it.
Though it was more than rough and we went through so much.
We stayed tough and we made it.

In retrospect the times that we cried and we screamed.
To simply let off some steam, all in realization of the dream...
we made it.

In retrospect I wasn't that hard, we went hard and we laughed hard
From the very start to the end; we did not bend and we made it.

In retrospect we conquered this journey with ease
Nicole, Anita, Robyn, Stephanie, Shaila, Veronica, Moji and Marie
You ladies will truly never know how much you mean to me
Audrey and Kelly our "IMs" were the place to be.

To my mama and my sister and friends outside of school:
Just know you kept me sane too, for all of you
And those not mentioned: know I wouldn't have made it without you.
In Retrospect I am stronger and I am with an elite group that made it!

I thank God that I made it

- Joleen Liburd



Joleen N. Liburd, DO



Catherine A. Liebman, D.O.

Goucher College, B.A.
Williamsport, Pennsylvania



To my friends and family thank you for teaching me to keep my path in perspective. Your varied passions have helped me to be faithful to my beliefs and goals. I'm grateful to you for adding color and stability to my life. And to Jason, you are an inspiration to me as well as a partner. I can't wait to see what adventures lie ahead for us!

"I start out on this journey alone, with no compass except my reason, and if I fail, no one will suffer for the trip excepting myself."

~ A.T. Still





Nicholas Wayne Ligato, D.O.

University Of Chicago, B.A.

Tulane University, M.S.

West Chester, Pennsylvania



I would like to take this opportunity to thank my family, friends, and teachers for helping me to achieve my long standing goal of becoming a physician. The journey has been extensive and filled with many challenges that I was able to overcome with your support. I look forward to your continued encouragement as I move into residency and my forthcoming career. I have high expectations for the future and hope to continual make you all proud.

Nicholas W. Ligato, D.O.



Heidi L. Long, D.O.

The Pennsylvania State University, B.S.
Michigan State University, M.S.
Philadelphia College Of Osteopathic Medicine,
Certificate in Biomedical Sciences
Chambersburg, Pennsylvania



What an amazing journey the last several years have been. Today and forever I want to send my sincerest THANKS AND LOVE.

Scott- You have been there every step of the way and I am so grateful for your love and never ending encouragement. I am so fortunate to share my life with such a loving and caring person who is my soul mate and best friend. Thank you with all my heart for showing me true love and always believing in my end goals. I love you!

Mom- To an amazing woman who I admire more than anyone in this world; you are my real life hero. Thank you for showing me what true courage and love is all about. Your big heart and compassion to help others makes you so special and I feel very blessed to have you as my mom.

Granny and Pap- You are two people I care for deeply and I want to thank you for the wonderful smiles, love, and memories you've given me. P.S. I miss you.

Friends- Diana, I respect you dearly and am so happy to have you in my life, thank you for always believing in me. My best friends (Joy, Alicia, and Brittany), you ladies are like sisters, a true inspiration and I can't thank you enough for your support, love, and friendship.

Best wishes to all my classmates and future colleagues. May your future be filled with continued success, love, and wonderful memories.

LIVE...your life to the fullest. LAUGH...each and everyday. LOVE...with all of your heart.

"You treat a disease, you win, you lose. You treat a person; I guarantee you win, no matter what the outcome" (Patch Adams).



Heidi L. Long, D.O.

Victor Longo III, D.O.

DeSales University, B.S., M.S.

Center Valley, Pennsylvania



I would like to thank my beautiful, loving wife for all of her support and confidence in me these past four years. I could not have done it without you. Angela, you mean the world to me, I love you. I will never forget what you have done for me.

To my parents, my success has been possible through all of your love and support. I could not have asked for more caring and thoughtful parents.

Dan, what can I say, you always believed in me and never had any doubts that I would be successful in this endeavor. You are an amazing person, one whom I have looked up to for courage and perseverance. You have grown so much as a person, and I want you to know you can accomplish anything you put your mind to.

Lou, you have been a great friend through all of this. I cannot thank you enough for your time and support over these past four years. You were always there when Angela and I needed you, thanks for everything.

To all my friends and family, thank you for your incredible support.

"To give anything less than your best is to sacrifice the Gift."
— Steve Prefontaine

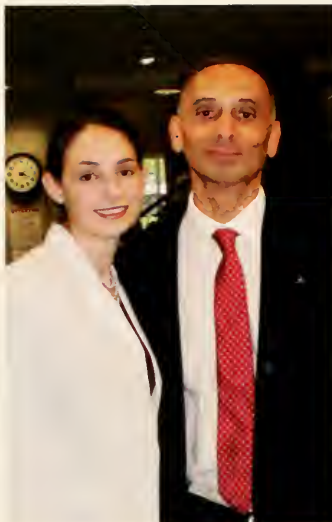


V. Longo D.O.



Jennifer Anne Lorine, D.O.

Gwynedd-Mercy College, B.S.
Lower Gwynedd, Pennsylvania



Jennifer Lorine D.O.

Timothy P. Lowney, Jr., D.O.

Boston College, B.A.

Boston, Massachusetts



First and foremost, I would like to thank my courageous, kind and supportive wife; without whom I could never have realized this dream. I would like to thank my daughter Elizabeth, as well. She always puts a smile on my face.

I would also like to thank my parents and the rest of my family for their love and support throughout the years...

"If you aren't in over your head, how do you know how tall you are?"

-T.S. Eliot



TRIA2. DO



Anne Maguire, D.O.

The Catholic University Of America, B.S.
Mount Laurel, New Jersey



To the Class of 2010: Congrats! Thanks for being wonderful classmates. Good luck in all of your future endeavors. I know each and every one of you will make fantastic doctors.

To my friends: Thanks for always being there for me. You guys have made these past four years unforgettable. I know we will stay close even though we might be far away.

To my family: Thank you for everything you have done for me to help me get to where I am today. I could not have asked for better parents. If I owe my degree to anyone, it's definitely you guys. Love you guys!



Gary: Thanks for supporting me through these four years. I don't know what I'd do without you. Love you!



Anne Maguire D.O.

Kevin William Maguire, D.O.

Lincoln University, B.S.
Philadelphia College Of Osteopathic
Medicine, M.S.

New London, Pennsylvania



A couple of grey hairs, an extra chin, a few more inches on the waist line and presto...I'm a doctor. To call it a journey would indeed provoke ideas that one has traversed the harshest deserts, vanquished the most unrelenting mountain tops, navigated the tempestuous seas, and soared through the tumultuous skies, and I believe that is a brief summation of Medical School. I can only begin to fathom the perils that lie in wait in residency, and I can only hope knowledge expands at a comparable rate to that of the universe.



In order to respect the future I wish to thank the past and to thank those who have helped me along the way for it takes a village to raise a child. Special thanks to my Mom who still claims me as her son, and to my fiancé who still claims me as her one. To my Father who shines light on the dark ahead and who has given me the tools to construct my own future, I am grateful.



Do not go where the path may lead, go instead where there is no path and leave a trail – R. W. Emerson

A handwritten signature of Kevin Maguire.



David M. Mahon, D.O.

The Pennsylvania State University, B.A., B.S.
Elkins Park, Pennsylvania



I can't honestly say that ten or even five years ago I envisioned myself at this juncture. As the reality of our collective accomplishment sets in, I think back on what I have gained over these past four years beyond just knowledge of facts—certainly new friendships and character-building experiences, but especially meeting someone who I want to spend the rest of my life with. V. I am so lucky to have had you by my side throughout this process. Your constant love and support have helped me to be the person I am today. Thank you. Mom, Dad, and Em— It seems like I have been down so many paths already before I found the right one. Regardless of the circumstances, I knew I could count on you in all ways, every step of the way. Your unfaltering confidence in me inspired belief in myself that has allowed me to achieve my goals, and that is something I will be forever thankful for. I love you very much. I wish everyone future success and hope that we continue to find ways to give back.

“Education is for improving the lives of others and for leaving your community and world better than you found it.”

“Never work just for money or for power. They won't save your soul or help you sleep at night.”

—Marian Wright Edelman

David M. Mahon D.O.





Tara Keefer Mangum, D.O.

Messiah College, B.S.
Mercersburg, Pennsylvania



These past four years have brought many challenges and changes. Entering medical school, I had certain goals for my future and ideas of how to attain them. In the two didactic years, I clung to my first glimpse of what I would become, although I had to rapidly revise my methods. I needed to learn to study. Thankfully, I did so by my second year, just in time for boards and rotations.

As I progressed through school, a myriad of self discoveries impacted my goals. Throughout this stress-filled period, I could always count on family and friends for support and laughter. From visiting me during breaks so I wouldn't have to travel, to grocery shopping with me while reviewing flashcards for boards, I knew where I could turn. My parents, sister, best friends and extended family became the sounding board I needed to realize my 'ideal career' was not for me. It is difficult to become a surgeon while detesting surgery. Through a great mentor and a fantastic pediatric experience, I found my career in child neurology.

During this period, I also encountered an unexpected romance with a good friend. However, just as the relationship developed, he deployed to Iraq for twelve months; his third tour in five years. My third year was spent receiving calls at four a.m. while juggling core rotations and wedding plans. Again, I depended on friends and family.

In the end, my fiancé returned safely, our wedding was wonderful and I feel that I learned as much about myself as I did about medicine. Embarking on my profession, I know I will use this knowledge to better serve my patients.



Tara K Mangum D.O.



Rebecca Donovan Margolis, D.O.

New York University, B.A.
Huntington, New York



My puzzle piece—thank you for
your endless love, support and a
lifetime of laughs





Adam David Marish, D.O.

University Of Pittsburgh, B.S.
Philadelphia College Of Osteopathic
Medicine, Certificate in Biomedical Sciences
Bethlehem, Pennsylvania



Mom and Dad: Your love has been extraordinary. I don't know where I'd be without you, but I do know that I'd be nowhere close to where I am now. Thanks for being there for me whenever I've needed it...I couldn't have done this without your endless support.

Grammy: I'll never get over losing you during medical school. I miss you very much and will continue to work hard with you in my thoughts.

Jason: You've given me the gift of Ska music, and it has brought me tons of joy throughout the years. I wouldn't listen to the Mighty Mighty BossToneS or play bass guitar without you and I can't imagine life without either...thanks!

Dr. Wertz: Thanks for helping save my life and for all of your guidance over all of these years. As I've said many times, I owe you.

PCOM Buddies: Paul, Dave, Ashley, Victor, Justin, Nick, Scott, Steph, Frank, Rob, Jen, and the others whom I don't have room to name, it's been fun becoming a D.O. by your side...cheers!

Peter, Ray, Egon, and Winston: The proton pack is not a toy, so don't cross the streams...it would be bad. Just like the Ghostbusters, I ain't afraid of no ghost!

Toronto Blue Jays: 2010 WORLD SERIES CHAMPS? LET'S GO JAYS!

Coming to PCOM was my dream and fulfilling that dream feels incredible. I couldn't be more thankful for this opportunity.

Adam D. Marish D.O.



Krupa Daniel Mathew, D.O.

Drexel University, B.S.
Philadelphia, Pennsylvania



"They that are whole need not a physician, but they that are sick." Mark 2:17

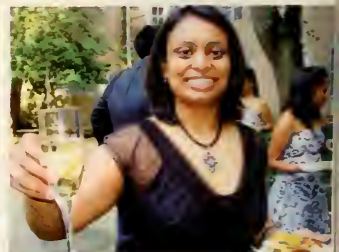
We sought out medical training in the hopes of healing others.
But we often times forget our own need for healing.

"Our fear, when healed, becomes intuitive, empathetic compassion and sensitivity toward others. Our destructive anger, when healed, becomes a passion, a hunger and thirst for justice and righteousness. Our perfectionism, our compulsion to organize and dominate, when healed, becomes released, joyous power to build and create. Our inertia and our withdrawals, when healed, become increasing powers for peace and integrity. Our possessiveness, our jealousies, and our physical addictions, when healed, become growing released powers to become lovers and healers of the world around us."

-Flora Slosson Wuellner

Prayer, Stress and Our Inner Wounds

To myself and my classmates at our graduation from medical students to physicians, I offer a prayer. I pray for our personal healing, that we may play our role in others' healing.





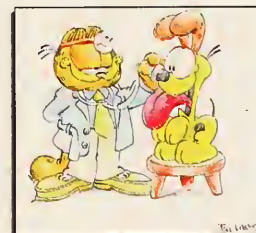
Ashley McBrearty-Hindson, D.O.

Wilkes University, B.S.
Hazleton, Pennsylvania



As I sit here reflecting on the last four years, I can't help but feel overwhelmed with gratitude, not only for having this opportunity, but also for having the love and support of my family and friends throughout it all. This has certainly been an exciting experience and now comes the time to turn the page and start a new chapter and I can't wait to see what lies ahead.

All My Love,
Ashley



Ashley McBrearty, D.O.



Keren Cecilia McCarthy, D.O.

University Of Scranton, B.S., B.A.

Wyndmoor, Pennsylvania



Dearest Mom,

Thank you so very much for a lifetime of love and support. You have raised me and guided me and you have always selflessly offered your whole heart to me. There is no other woman I admire more than you, for you are filled with hope, peace, beauty and joy and you are my rock and my role model.

Jamie, my brother, my friend,

I am so very proud of you. You have grown into a man I respect and trust. You have always believed in me and given me strength to believe in myself. You have filled my life with laughter and comfort and I look forward to many, many more years of celebration with you, Pupskin.

To my Family and Friends, abundant and wonderful,

You have been the village that has raised me. Never have I felt alone or scared with you all standing beside me. Thank you from the bottom of my heart for the happiness you shared with me and the teachings you have offered along the way. I once read, "the world is a better place because of those who refuse to think they cannot fly," and many people have certainly helped me to find my wings as I have grown.

"Compassion is one of the principle things that make our lives meaningful. It is the source of all lasting happiness and joy. And it is the foundation of a good heart, the heart of one who acts out of desire to help others." ~Dalai Lama



Keren Cecilia McCarthy, D.O.

Daniel Ray McCormack, D.O.

Villanova University, B.S.

Bloomington, Indiana



I want to thank my parents Dan and Emma for being such a foundation of strength, courage, comfort and wisdom throughout my academic career. I want to thank my brothers Kevin and Ryan from whom I draw such powerful inspiration and sense of purpose. Without any of you I would not be where I am today, nor would I vow to continue achieving goals that exceed my own greatest expectations. I also want to thank the other members of my family and my friends that have always been there no matter what. Thank you so much for everything, I will forever be in your debt.

Daniel McCormack D.O.



Alison Rae McMaster, D.O.

Dickinson College, B.S.
New Oxford, Pennsylvania



It's hard to believe that I am graduating from medical school. The past four years flew by and now I'm a doctor, which is an exciting and yet scary thought. But if I have learned anything during medical school, I have realized that my family and friends will always be here for me to help guide, support, and encourage me through anything. I have also learned many things about medicine, my patients, life, and myself in general. The experiences I encountered along the way helped me grow into the person I am today, but more importantly they have encouraged me to work hard and become the doctor I aspire to be.

Throughout my rotations and medical school my patients have taught me so much about medicine and what it means to be a good doctor. The children remind me of how innocent we all once were and that no matter what they can always make you smile. The elderly have lived and sacrificed to make this world what it is today and one can learn so much by listening to them. There is no bigger joy than seeing a mother with her newborn baby and the love between them. From young to old, I enjoyed working with all my patients and I look forward to the great adventure of practicing family medicine and all the challenges and experiences it will bring, and most of all the new people I will meet along the way.

The best way out is always through.

- Robert Frost



Alison McMaster, DO



Alicia Renée Meadows, D.O.

Boston University, B.A.
Hollidaysburg, Pennsylvania



Jeffrey – We have endured so much more than medical school in the last four years. Thank you for not letting me quit, even though I asked at least once a week and sometimes every day. There is no one that knows more about me than you...even me. Every day I wake up next to you is a dream come true and I can't wait to live the rest of our love song.

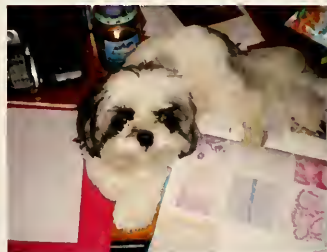
Mom – Where you lead, I will follow. There may be fancy cars and diamond rings but you know that they don't mean a thing. They all add up to nothing compared to you. Love, your baby girl.

Classmates – I can't think of a better group of people to become doctors. I am repeatedly amazed by your collective intelligence, compassion, and perseverance. I want to congratulate you all from the bottom of my heart, you deserve it!

Friends – I love how we can not see each other for months but when we finally get to talk it's as if we've never been apart. I am incredibly fortunate to have you all and I can't wait to experience the rest of life with you.

My patients – even though you will never know it, you have changed my life.

Every one of you taught me something important...and most of the time it wasn't about medicine. You have helped make me a good doctor and an even better human being. Sometimes I will remember one of you out of the blue and it brings a smile to my face. I am so deeply thankful that you have let me be a part of your lives.



Alicia R. Meadows, DO



Robyn A. Medina, D.O.

Albright College, B.S.

Philadelphia College Of Osteopathic
Medicine, M.S.
Elmont, NY



Time has gone by so quickly I feel that if you blinked you missed it! So happy to be fulfilling a lifelong dream, and what better institution to graduate with a D.O. degree from but PCOM! I'd like to thank my family for their tireless support- My husband-Rick, Mom, Dad, Brother-Travis. Grandma, In-laws and all of my extended family. With your prayers, encouragement, and love I am where I am today. In a few months we will have a new addition to the family, our son, Soren Raul! We love him already. Congratulations to the Class of 2010!



Robyn A. Medina D.O., M.S.

Matthew J. Meeker, D.O.

Ursinus College, B.S.

Orefield, Pennsylvania



The degree goes to me, but so many people helped me get here and deserve my gratitude.

Thank you to my roommates at 146 Kalos Street, Shriver and Anuj, for always keeping medical school fun. Without those ridiculous times, I would have lost my sanity. You guys as well as Sheamus and Kalos were my family away from home for the first two years of school.

Thank you to all my friends from Ursinus and Allentown for sticking by me through all these years, understanding when I was too busy to hang out, yet always keeping me in mind. I could count on all of you to be there to celebrate with me after every exam and rotation.

Thank you to Katie, Andy, Terry, Nana and the rest of my family for keeping me grounded, for always supporting me, and for always reminding me what matters most in life.

Finally, thank you Mom and Dad for your never ending love and encouragement, for never allowing me to give up and for always believing in me. You were right beside me the whole way, through my toughest struggles and my greatest triumphs.

My dream has been realized and to all of you I am forever grateful.

Love,

Matt

"Happiness, only real when shared" Chris McCandless, Into the Wild



**Christopher Jesús
Encarnacion Meeks, D.O.**
Old Dominion University, B.S.
Norfolk, Virginia



These four years have gone by so fast. It seems like yesterday that we all were giving tours of PCOM to our family members and sitting in the auditorium listening to SPOM lectures. I am gonna miss you all dearly. I will miss the trips to the Poconos, poker games, late night food runs to WaWa, game nights, dancing in the city, and the soccer games! I have thoroughly enjoyed my brief time in PA. Congrats 2010, we did it!

Ofodile- Have the time of your life in Hawaii! Don't spend too much time in the sun. I don't want you to have to make an appt with Dr. Ngo.

Blocker- I hope you have twelve kids and get to do a lot of I&D's. Lam and Anita- Love ya lots. I will beat you in Settlers...one day.

Kurtz- Enjoy your time in Washington!
TB, Marfan man, Old Man, and Dr. Shearer lets meet up in Asia after residency! Lets get some Mai Lai Wah soon.
Nguyen's- Tam Biet!
Wise- Fishing down south is in our near future!

Smith- No more glitter please.

Thank you Mom & Dad for putting up with me. Te quiero.



Chris Encarnacion, D.O.



Beth Merlini, D.O.

Loyola College Of Maryland, B.S.
Wyncote, Pennsylvania



Congratulations Class of 2010, we did it!! The past four years have been an amazing experience. Through late night study sessions, post exam parties, various club activities, sports, PCOM EAST events, and so much more, I've come to appreciate how wonderful we are as a class and I am proud to be part of something so special.

To all of my friends who have supported me through trying times and celebrated with me in joy, I feel truly blessed to be your friend and you will all always hold a special place in my heart.

To my family and friends who have helped me get where I am today, I am forever grateful for your support. Thank you for always supporting my dream and giving me the strength and encouragement to pursue it. I love you all with all my heart.

All my love,

Beth

Mary Elizabeth Merlini, D.O.



Nicole Lynn Merritt, D.O.
 Salisbury University, B.S.
 Philadelphia College Of Osteopathic
 Medicine, Certificate in Biomedical Sciences
 Girdletree, Maryland



My life thus far has been a difficult journey. Many obstacles have entered my path. Despite these obstacles, I still accomplished one of many goals I have set - graduating from Medical School. Even though I have achieved this goal, I did not do it alone. The only word that comes to my mind is - grateful.

Grateful to the Philadelphia College of Osteopathic Medicine for allowing me to be a student in a highly accredited Osteopathic Medical School. I need to thank P.C.O.M. for the knowledge and experience that I gained as a student. Thanks to the professors, physicians and staff for allowing me to prove my ability in becoming a physician.

Grateful to my family and my boyfriend who have been beside me throughout my entire journey. You have been my foundation, my rock, my support system - You gave me the encouragement and the confidence to believe in myself and to continue to press on even when the road got bumpy. You always lifted me up when I was down and have always had faith in me. I would not have made it this far without you.

Grateful to my friends - those I made before and after Medical School. I want to thank you for the good and the bad times. When I needed a friend, I always had one. Whether it was to get lecture notes, to study, to confide in or to have a good time; I always had a friend.



I am very lucky to have these people in my life but the biggest and most influential presence has been my Heavenly Father and to Him I am

Eternally Grateful.



Nicole L Merritt D.O.

Aubri Marie Milano, D.O.

Georgetown University, B.A.
Philadelphia, Pennsylvania



It's been an education, this medical education. I've learned that God puts you where you belong (regardless of how much you kick, scream, and curse along the way). I've learned that I am the spitting image of my father—the good, the bad, and the ridiculous. I've learned that no one sees you quite as clearly as your mother—the good, the bad, and the ridiculous. I've learned that a sister can be your most vicious enemy or your fiercest friend, depending on your moods. I've learned that it's a special kind of friendship that forms over an open cadaver, or mid-OMM-practical-gone-awry. I've learned that love—no matter how unexpected, unsolicited, and even uninvited—is a blessing. I've learned that this is frustratingly true of most blessings. I've learned that campfires are magic. I've also learned how to start one. I've learned that however hard you think it is, it gets harder. I've learned that Starbucks saves lives. I've learned that there's nothing like a good margarita after a bad day, especially with your favorite people beside you at the bar. I've learned exactly how many of these margaritas is too many (and how drastically this number has dropped since college graduation). I've learned that you can always go home again. I've also learned that going home can be infinitely more liberating than going away. I've learned who I am, and who I'm hoping to be, and who I will carry with me on the way there, and who will carry me when I need it. Thanks for the lessons, the legends, the company, and the memories. All the best in all that comes next.



Aubri M Milano DO

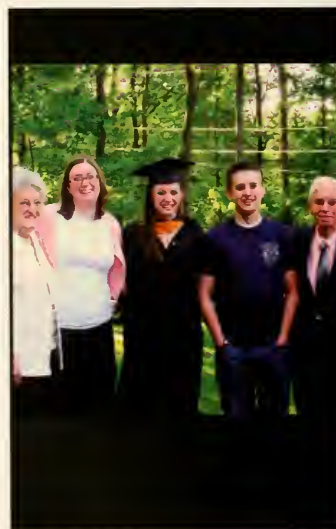


Erin E. Miller, D.O.
University Of Scranton, B.S.
Clarks Summit, Pennsylvania



To my family and friends:
Thank you! It has certainly not been an easy four years and I have no doubt I would not have made it through without all of your support. There were many endless nights of studying in the basement and library along the way, but also many nights of dancing and cover bands. It has been one of the best and most trying experiences of my life and I am so grateful you were all here to support me. I am who I am today because of all of you.

Mom and Dad:
Thank you for everything, I love you.



Erin E Miller D.O.

Paul J. Miller, D.O.

Montana State University, B.S.
Conrad, Montana



I would like to thank all those who believed in me especially me family, friends and wife. Also I would like to leave you with a few word of wisdom.

“Friendship is like peeing on yourself: everyone can see it, but only you get the warm feeling that it brings.”

On that note I would also like to thank my friends in the class of 2010 for giving me that warm feeling.



Paul J. Miller, D.O.



Megan Marie Moran, D.O.

LaSalle University, B.A.
Lansdowne, Pennsylvania



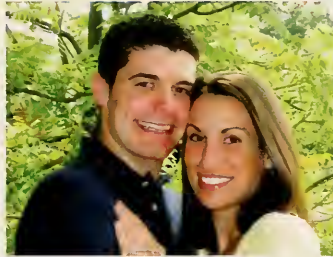
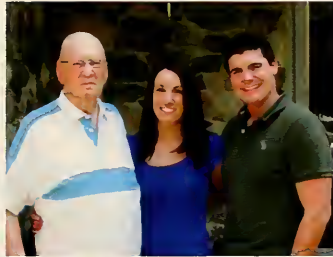
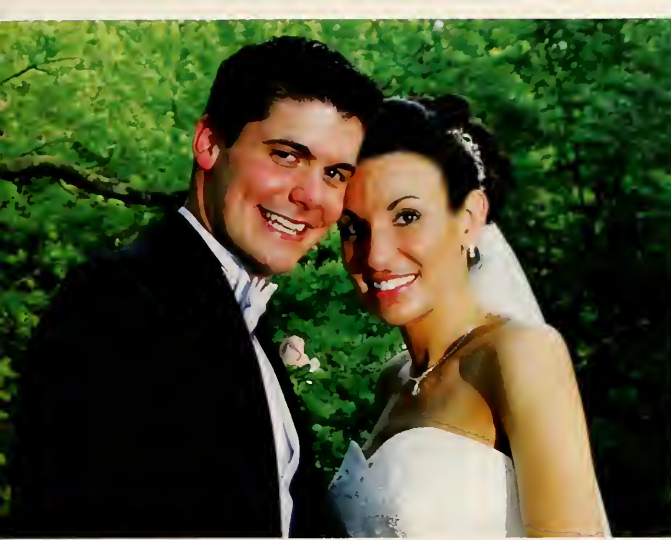
To my PCOM friends,
I wish all the luck in the world to all of you in life, in relationships, in family, and in your careers. You will all make amazing physicians because you are all very genuine, good-hearted people!

To the "3",
I have maintained my sanity the last few years because of you. You girls have made this experience fun, and I will love you forever for it! I wish only the best for all of you, and I look forward to many more years of friendship!

To my Family,
You guys have been my strength throughout this entire journey. You kept me laughing with your wise cracks when I needed it the most. I would not be the person I am today without all of your support. I hope to make you all very proud. I love you all very much and I owe all my accomplishments to you! Thanks, knuckleheads!



Megan Marie Moran, D.O.



Heather A. Mosca, D.O.

University Of Delaware, B.A.

Wilmington, Delaware



I want to thank my friends and family for their care and support throughout this crazy journey. It has been such an enlightening experience and has given me the opportunity to meet so many wonderful people, including my amazing husband! I couldn't have done this without you Kev. Everything happens for a reason. Congratulations and good luck to PCOM class of 2010!

"A life without cause is a life without effect."

Heather Mosca D.O.



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Kevin F. Mosca, D.O.

Rutgers University &
New Jersey Technical Institute, B.A.
West Milford, New Jersey



I would like to take the time to
thank my parents and
grandparents for helping me get to
this point, and thank my beautiful
wife for embarking on this
journey with me as we start an
incredible life together.

"Tell me what you don't like
about yourself."



Kevin F. Mosca, D.O.

Lee Jacob Neubert, D.O.

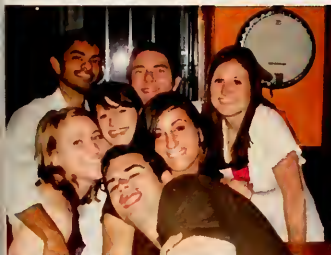
Allegheny College, B.S.



Today's accomplishment is something that I wish to share with all of my family and friends. I would not be here today without all of you. I have grown immensely as a person through these last four years and can never thank you all enough for the encouragement and support you provided. I hope to never forget where all of my blessings come from and the town I call home. If I ever do, I know I can count on you all to quickly remind me. Specifically, I would like to thank my father Luke, mother Colleen, and sister Becky. You three are the cornerstone on which my character is built and you keep me strong everyday.



A few words to my classmates: in the past four years we have grown immensely as individuals and as a group. I look around at the aspiring physicians in the fish tank and around the halls of Philadelphia College of Osteopathic Medicine and a wry smile comes to my face as I think about the experiences we have shared. It is my hope that we continue to stay close even as our professional pursuits take us to all corners of the country. Good luck to all of you. I truly am proud to be part of the class of 2010.



Lee Jacob Neubert, D.O.



Laura Morton Newhouser, D.O.

University Of Notre Dame, B.S.
North Huntingdon, Pennsylvania



To my parents – Thank you for all of your unconditional love and support. You've given me room to grow but are always there when I need your help. I would have never gotten this far in life without your unwavering belief in me. I hope to always make you proud.

Jen, Dan, Grandma and Pap – Thank you for all your trips back and forth across the state, help with moving from apartment to apartment and especially for my EZ Pass. I'm glad to be moving much closer to home!

The girls – I'm grateful to have met such wonderful friends in Philly. I'm going to miss all of our dinner dates to the city's best BYOBs. Thank you for always being only a phone call away and sometimes even closer. Friends like you made the past four years the best yet.

Last but not least...

Shane – Meeting you was by far the biggest and best surprise of med school and I'm so much happier for it. Thanks for always being there to encourage me and listen. I can't wait to face the challenges and excitements of the years to come with you by my side.



Laura Morton Newhouser, D.O.



Shane D. Newhouser, D.O.

Washington & Lee University, B.S.
Carlisle, Pennsylvania



First and foremost, thank you God for the chance to come to this wonderful place with these wonderful people. There were so many days that I could feel Your hand and knew that I was not alone.

Mom and dad, thank you for your endless love! There is absolutely no way I could have achieved this without all of your support! Our relationship has grown and developed amazingly over the past four years, and I want to thank you for always trusting and respecting me. I consider myself blessed to have parents like you!

Laura, the past three years have meant so much to me. Having someone like you to love has made medical school, and life in general, a beautiful experience. The challenge of residency looming ahead is made much easier by the thought of you being by my side. I love you, and I always will!

To all of my friends, you really did make the last four years the absolute best of my life. I could not ask for a better group of people to go through school with. Whether it was the late study nights, the early morning classes (or in my case, naptime), lunch, post-exams, or just hanging out it was special to me. Having so many people to love so much is a great blessing!

PCOM is a special place. From day one I could feel that we were all pulling for one another. Thank you to everyone in the class and to every doctor who took the time to make me the doctor I am today.

Shane D Newhouser, D.O



Julian M. Ngo, D.O.
 Temple University, B.S.
 MCP Hahnemann University, B.S.
 Philadelphia, Pennsylvania



Pho: We made it!! Can't believe it's been four years since we decided to turn our lives upside down. What were you thinking?!! Hahaha. I can't express in words what your sacrifices has meant to me and our family, but thank you so much for keeping the insanity out of our home. Thanks for doing the hard part. Thank you for your wisdom, your love, and most of all your patience. You truly are beautiful in every way. I know I'll never be able to pay you back for everything that you've done, but I'll sure have fun trying. Love ya!

Connor, Aiden, and Alannah: Daddy's glad that it only took about a year for you boys to let me near you, haha. Thanks for understanding that daddy has to "study", while mommy goes to "work". Thanks for always being the craziest, happiest little trouble makers and showing me there's more to life than studying. Daddy's gonna make it up to you. I promise! And to the most adorable, precious little lady thanks for completing our family. Daddy loves ya!

Mom and Mom: We wouldn't have made it through without your love and support. Thank you for always being there. Thank you for the precious little pieces of "down time" you've given Pho and me. And most of all, thanks for being such great grandparents.

My Friends: I can't say enough about you guys. I'm just glad you're part of my life and thanks for all the fun memories...and the not so fun ones too. Good luck with all your future goals!



Julian M. Ngo, D.O.





Kim-Huong Thi Nguyen, D.O.

Muhlenberg College, B.S.

Allentown, Pennsylvania



To My Family – Thank you so much for all your encouragement and support. This could not have been possible without you. Thank you for all the wonderful family gatherings, the Wii battles, and for Bubbles, the greatest gift ever! You guys are the best and I love you!



To My Friends – This journey has been a long and stressful one and that is why I am so thankful to have you guys in my life. Thank you for all the random trips to find food, all the fabulous birthday parties, and, of course, the priceless girls' nights. Good luck to everyone!

Kim-Huong Nguyen, D.O



Lam T. Nguyen, D.O.

University Of Delaware, B.A.

Newark, Delaware



First and foremost, I'd like to take this moment to thank God. Through Him, I was able to finish one of the most exciting and exhilarating years of my life.

"I can do all things through Him who strengthens me." – Philippians 4:13

And as my Father would say, Family is second - Thank you Family for bringing me meals and doing my chores so that I could either study or sleep ... most of the time it was sleep. 2nd to lastly, I'd like to thank Anita Yang for being there throughout the years and being a wonderful WOMAN. Lastly, my friends/classmates, you have made studying stimulating, tests elating, and most importantly amusing/fun. I want to leave with a few haikus:

I do sweat a lot.
Might be hyperhidrosis...
Endocrine problem???

And lastly, or rather, most important of all haikus...

I was a student
Graduated from PCOM
I am a D.O.

- Lam

Lam T. Nguyen D.O.



Minh H. Nguyen

University Of The Sciences In Philadelphia, B.S.
Philadelphia College Of Osteopathic Medicine, M.S.
Lancaster, Pennsylvania



Minh H. Nguyen, D.O.



Tung Nguyen, D.O.

Haverford College, B.S.
Kell School Of Management, M.B.A.
Philadelphia, Pennsylvania



Dad & Mom: You are my strong foundation, my angels for life. I will never be able to repay for all you've done and the sacrifices you made. I can only hope that I can be like you for my own children someday. This is for you.

Grandparents, aunts, uncles: Thank you for making everything so meaningful, colorful, & full of love. I am a better person because of you.

Em Nhi: My right hand man in life. Thanks for filling in the gaps when I'm not around. You are a beautiful young woman & it's comforting to know that as time progress you will always be there to help me navigate.

Anh Sang, Chi Re, Jason, Eric: My left. I can only hope to live up to the expectations that you have for me. In my tribulations and darkness looms, you are my home & I am forever grateful.

Somatic Four & my circle of friends: Thanks for the memories and time not wasted in studying. You are the best gifts of medical school.

Class of 2010, make us proud!

God help the patient.

-Lord Mansfield, 1754



Tung Nguyen, D.O.



Veronica Christina Nicholas, D.O.
The Pennsylvania State University, B.S.
West Chester, Pennsylvania



"Other things may change us, but we start and end with family."
Anthony Brandt

To my father: Dad it has been amazing experience going through four years of PCOM seeing you almost every day and having you as my teacher. I am so incredibly happy to become the 4TH member of our family to earn a D.O. You have been an inspiration for me, and I hope you are as proud of me as I have been of you throughout my entire life. I love you so much!!!



To my mother: Mom you are my best friend. I can count on you for anything and everything. Having you as my support and sanity has made these challenging four years much easier. Thank you for all that you do for me and the entire family. You are the most beautiful person inside and out and I love you very much!!

To my brother: Alex you have always been there for me when I needed you and have been an amazing older brother. I love you so much and I am so proud of the great person you are.



Dave: I can't imagine what these past few years would have been like without you. Your love and support is what I counted on so much. I am so glad we shared this experience together and I am so excited for the both of us as we start the next chapter of our lives.
I love you!

Veronica C. Nicholas DO



Stefania E. Nolano, D.O.

La Salle University, B.A.
Philadelphia College Of Osteopathic Medicine,
Certificate in Biomedical Sciences
Springfield, Pennsylvania



Thank you to my amazing family for all your support and love. I am truly blessed to have such a great support group in my life. Mom and Dad, without you my childhood dream could not have come true. Vi ringrazio tanto per tutto quello che avete fatto per me! Bacioni! xoxo

Thank you to the amazing PCOM faculty. Fresca-Dillon I am so grateful for all of your guidance.

To the friends I made along the way, words cannot describe the bond we share and the memories we made. You have all shared in so many of my life changing debacles! I could not have made it through without so many of you! I would stand on a rooftop and shout "I LOVE YOU ALL". I could not have asked for a better four years of education or a better PCOM family to experience it with. No matter the distance, our friendship remains unchanged. These past four years I have grown and realized that everything in life has a reason; it is your choice to recognize it.

My advice to my future colleague's: Never quit on something you believe in, nothing worth having ever comes easy and remember there is nothing in life that cannot be fixed with good food and a good family and friends to enjoy it with. My door is always open!



Michelle Anne Noreski, D.O.

Ursinus College, B.S.
Philadelphia, Pennsylvania



Mom and Dad: Thank you for realizing a childhood dream and helping me make it a reality. You have taken this journey with me, made all the necessary sacrifices and never let me forget that God has a plan for my life. I owe it all to the both of you. Love you more than you'll ever know!

John: I know I can conquer anything in life with you by my side. Thank you so much for supporting me through all of these years and for knowing just what to do to make me smile. You are the love of my life and I'm so excited to see what the future has in store for us!

To my extended family: Oh how many of you there are! Thank you for constantly cheering me on, for keeping me grounded, and for teaching me that in life, there's always a reason to celebrate! You guys are the best!

PCOM Class of 2010: "Do not go where the path may lead, go instead where there is no path and leave a trail" – Ralph Waldo Emerson. Thanks to all of you for being a part of my life and for making the road much easier. Continue to follow your dreams... I can't wait to hear about what you accomplish!



Michelle A. Noreski, DO



Nicole Kimberly Maria Nurse, D.O.
University Of Pennsylvania, B.A.
Philadelphia College Of Osteopathic Medicine, M.S.
Somerset, New Jersey & Yardley, Pennsylvania



Dearest Class of 2010,

What a journey! Trusty Webster's dictionary defines a journey as "an act or instance of traveling from one place to another", and our time together (and oftentimes apart) truly exemplifies much of what we have encountered on our respective paths to becoming bright, future physicians. We have gone from late nights in the anatomy lab not knowing one nerve innervation from the other to productive days in hospitals where staff, patients, and families have recognized our diligence, fortitude, and consideration. The roads and halls we have traversed have all made their imprints upon our minds and hearts, just as we may have left them changed in our own ways. Personally, I have been blessed to have sown and harvested, have left ways behind and many times stepped back just to laugh, and ultimately solidly built upon a foundation of purpose in our world, compassionate service, and parental teachings that I have held so deeply within my heart. 2010, I am so appreciative for all of your footsteps next to mine. I am especially thankful to all who have taken my hand throughout this journey: Mommy, Daddy, Jonathan, Robbie, and many deep friendships and family ties that have been strengthened along the way and those bonds cultivated at PCOM. Finally, for those that I am missing now, Granny and Elton Cosby, Jr., thank you for embedding your spirits within my life and know you'll always shine through me.

One last thought Class of 2010, from one of my interns:
 "It is good to know. It is better to care. It is best to know and care."
 Peace, love, and blessings to all!



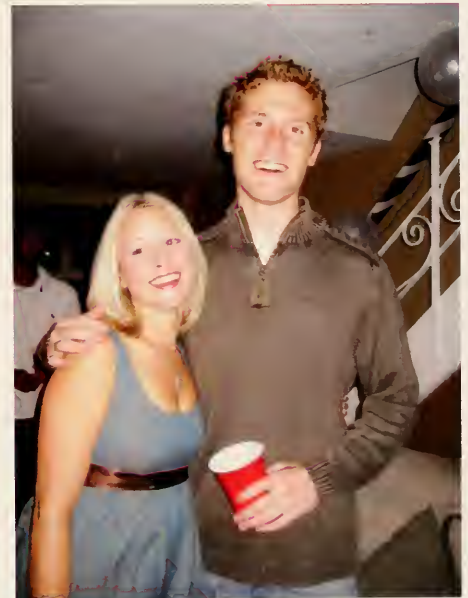
Nicole K. M. Nurse, D.O.



Molly E. O'Malley, D.O.

Boston College, B.S.

Gordon, Pennsylvania



Molly E. O'Malley, DO



Ijeamaka Karyn Ofodile, D.O.

University Of Delaware, B.A.

Philadelphia College Of Osteopathic Medicine, M.S.

Pottstown, Pennsylvania



So I'm done. I did it and my head didn't explode. It was sort of like being at an amusement park that you aren't sure passed all required safety regulations. The ride seems fun but slightly out of control like it could fall apart at any time... yes, exactly that. I'd like to say some names here, just people who I couldn't have done without these past few years. I love you all. Dad and Mom, thanks for all of your encouragement and support. Nkem. Uche, and Chuka, thanks for yelling at me whenever I used medical terminology at home... you kept me grounded, you people are amazing. Aidan, no words for what we've got! Kerryanne, still blue!! Gina, thanks for being there with me the whole way through and knowing exactly if we were up or down, in or out. Jesus, you and I are the same side of the same coin and we laughed through it all because let's be real, it wasn't that serious. Gil, you were usually the one we were laughing at... I'm kidding, you always had a hug and a song for me. Veronica, so glad we've spent these last years pretty much doing our thing, I value your friendship tremendously. Rinko, you're a fantastic friend. I'll see you for your surf lesson! Congratulations to 2010, it's been a hoot! Good Luck with whatever it is you have going on!

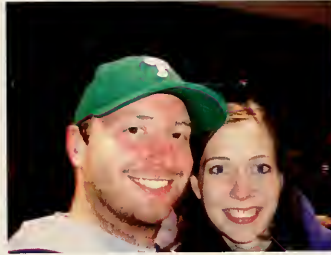


Ijeamaka K. Ofodile, D.O.

Michelle Leeann Oros, D.O.

King's College, B.S.

Mountain Top, Pennsylvania



Thank you to my friends and family for listening to my stories, one after another, and being there for me throughout this journey.

Mom and Dad, you two have taught me that anything is possible if I put my mind to it, work hard, and learn from my mistakes. You are a cornerstone in my life, whose constant love and support has made me the person I am. Without you two, I would not be where I am today.

Thank you. I love you two very much.

To my roommate Kristy, it has been a blast being your roommate. I will never forget our Philly adventures like the bat in our apartment.

It truly was like being in "The Great Outdoors." I will miss rummaging through your wardrobe, but not nearly as much as I will miss your company. Good luck with all your endeavors.

Alissa we started hanging out as study partners, but I feel like we ended school as best friends. I hope no matter where we end up we stay in touch and if you ever need another study partner please don't hesitate to give me a call.

Michael, I am so glad I met you and can't imagine what my last year here would have been like without you.

Finally to Lindsay, Serina, Suran, AJ, and all those I am forgetting it has been a pleasure and good luck with all your careers.



Michelle Oros, D.O.



Ryan Overberger, D.O.

Lehigh University, B.S.

Yardley, Pennsylvania



PMO D.O.

Anuj M. Parikh, D.O.

University Of Maryland, B.S.
Mechanicsburg, Pennsylvania



Mom and Dad: Thank you for all the love and support throughout my entire life. You have instilled a set of values in me that I know will allow me to succeed in all facets of life. To say that you guys have led by example is an understatement. You have set the bar high but provided every opportunity to soar over it. Most importantly, you taught me how to be a good person and for that I am forever grateful.

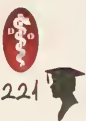
Ankur: All the memories we have growing up are priceless and I could not have asked for a better brother. You are also the reason for my competitive drive; I hated losing to you. I'm pretty sure I went into medicine just so you couldn't one up me. I look forward to our adult lives together and to not acting like adults....Gotcha last!

The Philly family: The last four years have been incredible. Through all the ups and downs, we came out on top. It is because of you guys that I can look back at med school as one of the best times of my life.

Shriver: What can I say? The moment I saw you walking down Kalos Street with a futon mattress over your shoulder I knew we were in for a wild ride. Weekend Warriors for life!

"a nap a day keeps the doctor away"

Anuj Parikh D.O.



Nicole M. Paul, D.O.

West Chester University Of Pennsylvania, B.S.
University Of Delaware, Dietetic Internship
Philadelphia, Pennsylvania



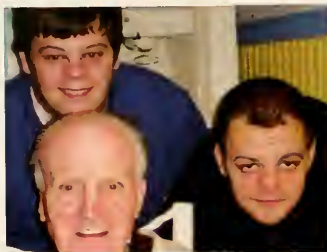
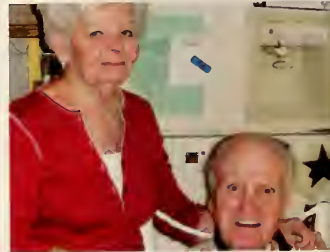
Sometimes I still can't believe I'm gonna be a doctor...it all seems so surreal. But yet here I am, about to graduate. This is crazy!

The past four years have been some of the toughest I have ever had...long nights, countless hours of studying, a lot of tears, but I always knew it would be worth it, and it is! Still, my time at

PCOM has been more rewarding than I ever could have imagined...I've made great friends, had a lot of fun, and let's not forget all the knowledge I've gained!

All this would not be possible, though, without the steadfast support of all the special people in my life. To my parents, I hope you know how much I love you and that I will be forever grateful to you. To Dave, it all started after my neuro post-exam party and you've become such an important part of my life...I couldn't have done med school without ya! To Mommom, Poppop, Ricky and Matt, I'm so lucky to have you as my family. To Jax, I'll never forget you. To all my friends, thanks for being who you are and for never letting me give up.

Congratulations to the Class of 2010!





Rene Augusto Perez, D.O.

Thomas Edison State College, B.A.
Northwestern California University School Of Law
Miami, Florida



Thanks to Jesus Christ, who is God over all, for having mercy on me, for I don't even deserve to be called His steward. Thanks for blessing me with my wife who accompanies me, for my parents, thanks for my seven and future children and for getting me this far.



Dum L. Piawa, D.O.

Monmouth University, B.S.

Piscataway, New Jersey



To my family and friends, I am humbled by your unyielding support of my young career. This journey has been very challenging, yet rewarding in many ways. Without your prayers and encouraging words, I wouldn't have made it here. Thank you!



Kelli Ann Quercetti, D.O.

Franklin & Marshall College, B.A.

Kennett Square, Pennsylvania



Mom & Dad: There are no words to express the gratitude & appreciation that I have for all that you have sacrificed for me to be here today. Your never-ending love & support have instilled in me the self-confidence and desire to achieve my goals. I would not be who I am today without your guidance and example. I love you more, your little girl forever.

Ian: It is impossible to thank you for all of your support which has helped me to achieve my dreams. You have been by my side to share in my accomplishments and my shoulder to cry on when things were tough. I will never forget the meals you cooked for me when there was no time for study breaks or the times you helped me study. I am so blessed to have you in my life and am excited for our future together. I love you more than words.

Nicholas: Thank you for being the most amazing big brother imaginable; I do not think I would have survived these past four years without your encouragement. You have been more than just a source of advice and experience, you have been a friend. I am so proud to be your little sister. I love you.

To my Grandparents: Thank you for all of your love and support. Granny, I promise to never lose my sense of humor.

To my friends & classmates: Congratulations on all of your accomplishments. I wish you all the best of luck in your careers.

Kelli A. Quercetti, D.O.



Christina Raguckas, D.O.

Franklin & Marshall College, B.S.

Daleville, Pennsylvania



Christina Raguckas, D.O.



Erin Schreck Rains, D.O.

Virginia Tech, B.S.

Audubon, Pennsylvania



My journey to become a doctor began as a curiosity inspired my mom. Over the years my parents have supported me in all my endeavors, from ballet & field hockey to academics. Even though my dad is no longer with us, my amazing mom continues to provide the love and support for both of them! Without a doubt, her strength and enthusiasm for life will continue to inspire me in all I do.



From the moment he agreed to relocate to a new city and squeeze a wedding into winter break, my husband Luke has done whatever it took to help me achieve my goals. Together we have endured all that life threw our way. He has been everything from anatomy tutor to comic relief, and for the latter I cannot thank him enough!

Although my path has been very different than I originally imagined my goals have remained the same. In the end, "Life has taught us that love does not consist of gazing at each other but in looking outward together in the same direction." ~Antoine de Saint-Exupery

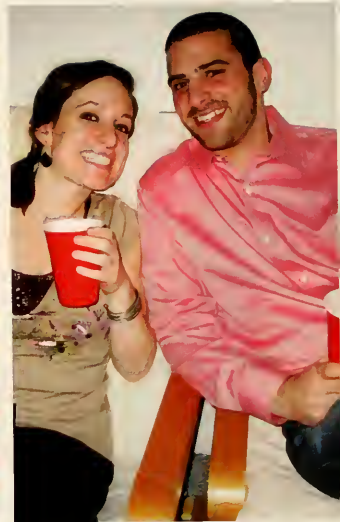


Erin Schreck Rains



David Aaron Rand, D.O.

George Washington University, B.S.
Scarsdale, New York



To my family, thank you for believing in me, even when I didn't believe in myself.

To my friends, thank you for your support and all the awesome times.

To fluffy, for the happy, warm, fluffy burrito I won't forget.

"Knowing is not enough; we must apply. Willing is not enough; we must do."

- Goethe

Its time to move, time to get going
What lies ahead I have no way of knowing
But under my feet, babe, grass is growing
Time to move on, Time to get going

-Tom Petty

Slow down, you move too fast.
You got to make the morning last.
Just kicking down the cobble stones.
Looking for fun and feelin' groovy.

-Simon and Garfunkle



David Rand D.O.

Amanda Lee Ray, D.O.

Hartwick College, B.S.
Johns Hopkins University
Herkimer, New York



I find my greatest strength in my friends and family. You will always be very important to me, and I promise to keep you close and healthy. Thank you for helping me make my dream come true.

To Nicole, Anne, Lynn, Mike and Nick: You are the best of friends, and I hope that the friendships we formed these past four years will be lifelong.

To Aunt Jackie, Uncle Bob, Carey, Mike, and Chris: I'm so glad I chose a medical school close to Newtown, PA. Thanks for being my second family. All of your love and support will never be forgotten.

To Mom, Dad, Alicia, Karlene, and Kimberly: Thanks for believing in me from the beginning when I told you I was moving from upstate NY to Baltimore to start chasing this crazy dream. I had no idea what I was doing, and for some reason you let me go anyway. I know sometimes it couldn't have been easy, but you were always there for me. I love you all very much.

Amanda L Ray D.O.



Christopher W. Reb, D.O.

Villanova University, B.S.

Lebanon, Pennsylvania



When looking back, my friends often note, "time flew by". I respectfully, completely disagree. This project took every bit of time and effort that I had available to throw at it, but I am quite pleased to have done it right the first time. Some fun was encountered, which is an occupational hazard. I got by with a little help from my friends.

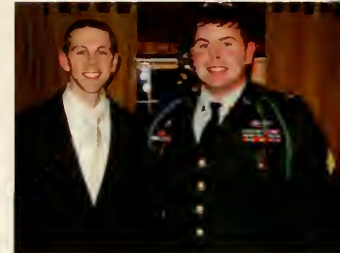
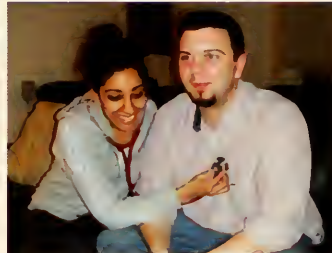
Mom and Dad – it is unfair that your investment of so much time, money, support and love yields only my happiness and future opportunities. Thank you for being you and letting me be me.

Mike – It was madness. Totally my fault. Thanks.

Jen – I've watched you persevere for years. I'm pretty sure you're amazing. Be proud with me.

Sean – My hero. I couldn't be you. I don't have the plums.

Puneet – You have paced this entire path at my side, expending nearly two strides for every one of my own, and yet you were tireless. You kept me fed. You kept me warm. You kept me laughing. You kept me sane. I have the pictures to prove it. The next time you read this, you will be my lovely wife.



Christopher W. Reb, D.O.

Stephanie Tamara Reese, D.O.

Florida Institute Of Technology, B.S.
Long Island University - C.W. Post, M.S.
Amityville, New York



I owe all that I have to the Lord above who blessed me many times especially with love, family, friends, knowledge and faith. I have been most fortunate to be blessed with parents (mom, dad, and dadums) who love and support me and my irreplaceable siblings- Vanessa, Jacy, Ayana, Leslie, Ashton (r.i.p.) and my stepsiblings Ramee and Judy. My nieces and nephews have brought much laughter and love to my life- Mana, Heather, Jasmine, Alyssa, Janet, Shane, Gwen, Rashaun, and Ashantley. To my priceless aunts, uncles, and cousins no matter how far you are always close to my heart. Aunt Peggy thank you for always being you (I have so much to say it couldn't possibly fit on one page), to Aunt Cecily and Uncle Ed for the good old family get-togethers, and Uncle Vernon for the fishing trips and food, yum! I want to thank my friends, teachers, and my mentor Aunt Gina for giving me the inspiration and direction in the path to my goals. My little doggy Tumbrick (yes you get thanks) hopefully I can finally afford proper puppy support! I wish my grandparents Beresford, Rose, Clifford and Annie could have lived to see the day when their headstrong granddaughter graduated from med school. And last but not least thanks to my best friend (besides the Lord above) my mother who even when we don't agree I could never ask for a bigger blessing than the one that the Lord granted when he gave me you!

Stephanie T. Reese, DO



Carla Renaldo, D.O.

Cedar Crest College, B.S.

Bethlehem, Pennsylvania



I am so very grateful for the gifts that God has given me and I count my blessings every day. With the love and support of my family, this journey has been incredibly fulfilling. Thank you dear family-my father, my siblings (Joanne, Julie, Janel, Tony and Lou) and Aunt Ellyn for keeping me grounded and sane by reminding me of what really is important in Life. The best is yet to come...



Stephanie Christine Richard, D.O.
Villanova University, B.A.
Philadelphia College Of Osteopathic Medicine, M.S.
Bryn Mawr, Pennsylvania



Mom – Thank you for being my best friend and my #1 fan. I love you!

Dad – Thank you for always believing in me. I have nothing but wonderful memories.

JB – You made med school fun! Thank you for being my best friend, I can't wait to spend the rest of my life with you.

To my friends who have become my family, thank you for being the wonderful people you are.

Most importantly, thank you God for strength.

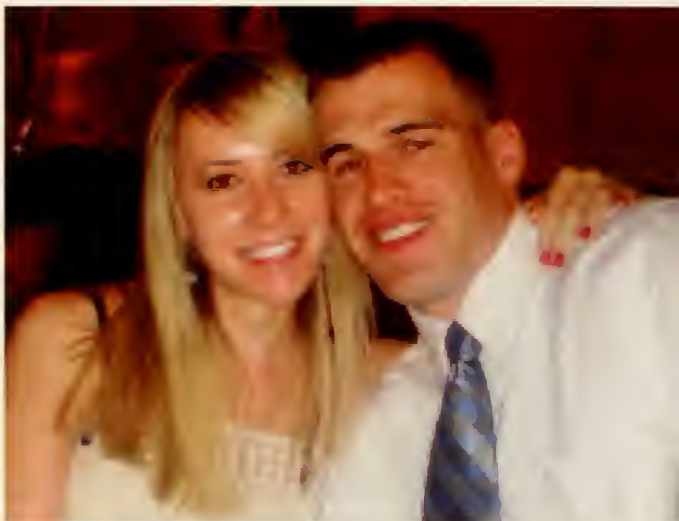
Steph D.O.



Jonathan "Buddy" Rill, D.O.

Lebanon Valley College, B.S.

Annville, Pennsylvania



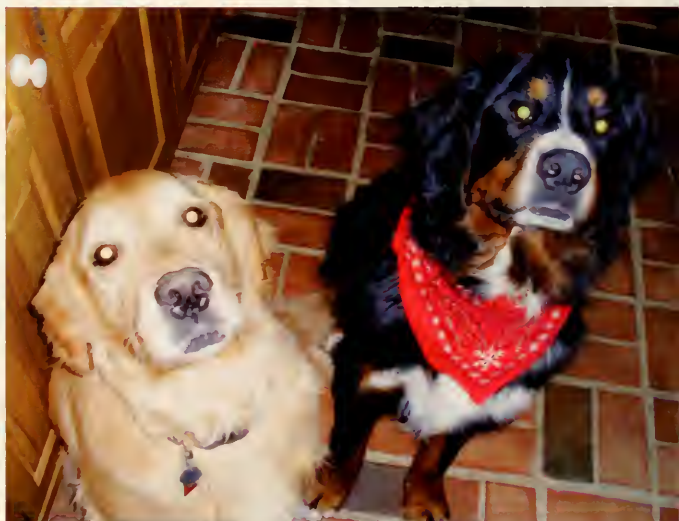
To My Family and Friends,

Thank you for all your support and encouragement through the years. I would not be where I am today without each and everyone of you.

My parents deserve a special thank you as you have taught me hard work and the importance of an education. I appreciate everything you have done for me and the sacrifices you have made. This is a reflection of your kindness and generosity. THANK YOU.

To PCOM Class of 2010,

Good luck with your careers as you will all be outstanding physicians. It was an honor to study and work with you. CONGRATULATIONS.



J R D.O.

Rebecca Cori Rinko, D.O.

University Of Maryland, B.S.

Maple Glen, Pennsylvania



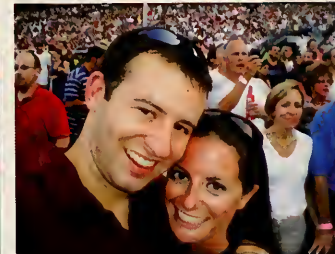
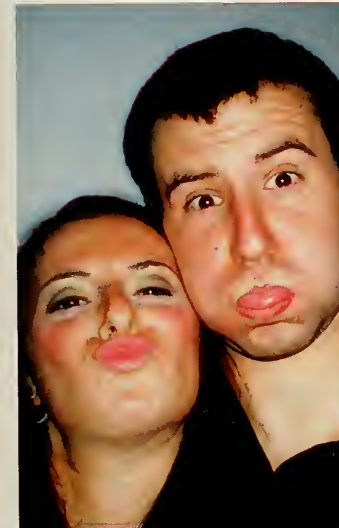
Mom and Dad: I could not be where I am today without your encouragement and motivation. You have given me the strength and confidence to realize my dreams and taught me the importance of persistence. Thank you for your unconditional love, sacrifice, and endless support. I love you.

Kendal and Tyler: I have always enjoyed our phone calls and occasions when we get to spend time together. Thank you for coming along on this crazy ride and for putting up with me. I am so proud of both of you and love you lots.

To My Friends: You have made medical school an enjoyable experience. Thank you for the laughter, wonderful memories, and extraordinary friendships. Here is to girls nights, cooking, kitchen talks in Sullivan County, study dates, the gym, runs, and nights out. Anytime I needed someone to lean on, I never had to go far. I wish you so much success and happiness in your future careers. CONGRATS!

BBSB: So glad to have met you. Thank you for your patience, understanding, guidance, and unwavering support over the past four years. You have become a very important and wonderful part of my life and have shown me what is truly important. You deserve the best that life has to offer. I could not have done this without you.

Rebecca Rinko, DO



Michel Amedeo Ritenuti, D.O.

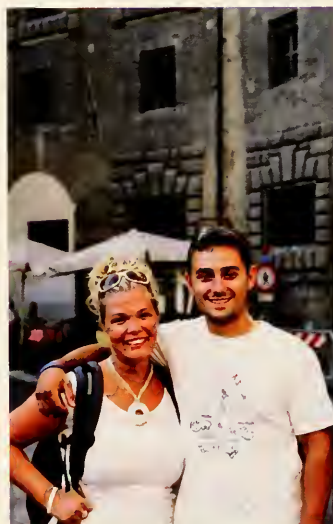
The Pennsylvania State University, B.S.

Kennett Square, Pennsylvania



It is hard to believe that four years have passed. The memories of those days seem like a lifetime ago and while I cannot immediately identify what is different, I can say with certainty a lot has changed.

Our class seems far removed from those excited and apprehensive students who filled Ginsberg four years ago. It's gratifying to reflect on our recent accomplishments and thrilling to think about those that lie ahead. I am thankful to be a part of this class and I wish everyone the very best in the years to come.



I would like to express my appreciation to those whose contributions made this experience possible. Thank you family and friends because without your support I would not be where I am today. And to my wife, words cannot express how thankful I am for your presence over the last four years.

Sincerely,

Michel Amedeo Ritenuti

"Efforts and courage are not enough without purpose and direction."

John Fitzgerald Kennedy



A handwritten signature of Michel Amedeo Ritenuti, D.O. in black ink.



Lindsey K. Roach, D.O.

Gannon University, B.S.
Venango, Pennsylvania



Mom & Dad you are truly the "wind beneath my wings." Thanks for being there every step of the way. All of the library texts and 6 am talks to get me through. You taught me to be resilient and determined. Dreams come true!
Love, Your Baby Girl

Jess, thanks for being my personal editor. You do the dirty work and I get the spot light, much of my success is because of you! Thanks for the support. Love you.

My Brother, I'm one step closer to having that basement for you to live in! :)
Thanks for being my buddy growing up. I believe in you. Love you.

Court, What an adventure these past 4 years have been from the anatomy lab to the Ritz. We might have came out with a few bruises but nothing that wouldn't heal. Thanks for always being there. SF4L. Love you P.I.C.!

The Starks. Thank you so much for the encouragement and support! You are inspiring mentors and great friends. Thanks for making me a part of your family. Love you

My Small Town Friends and Family, thank you all so much for always just being a phone call away, sending cards to brighten my days, and always welcome me home! "Country roads take me home to the place I belong!" I'll never forget any of you.

Class of 2010, We made it! Best of luck with your careers.

Lindsey K. Roach, D.O.



Niloofar Vahid Roodsari, D.O.
 Goucher College, B.A.
 Philadelphia College Of Osteopathic Medicine,
 Certificate in Biomedical Sciences
 Baltimore, Maryland



First and foremost, I want to thank God for guiding me and allowing this moment to be possible. Life is such a blessing and I am thankful for where it has taken me and have great hope for where it will lead me. Thanks to my parents for their love, sacrifice, and support. My success is a reflection of your time and energy. Thanks to my fiancé for providing me with boundless love and encouragement. Thanks to my roommate who has been my other half throughout medical school, to my best friend at medical school, and "the five." I have created some everlasting friendships and am pleased to have kept my strong ties with past ones. Also, thanks to PCOM and Goucher for providing a strong foundation for my education. You are all an important part of my life and I love you all.

"To accomplish great things, we must not only act but also dream, not only plan but also believe." ~Anatole France

Reflecting on my journey, I cannot imagine taking another path in life. Becoming a physician has been a lifelong dream and I am thankful to accomplish this. This is not the end of my journey, but only the beginning of a new chapter of my life, which I am ready to embrace and eager to pursue. In my pursuit of medicine, I have become more aware of the value of good health, which is the basic foundation of life. What distinguishes humans is our ability to heal. I dream of the day I am blessed with this ability and can provide someone the means to live, both with regards to mind, body, and spirit.



Nih Roodsari, D.O.



Danielle Ryan, D.O.

Temple University, B.A.
Huntingdon Valley, Pennsylvania



To my family:

Your love and support mean the world to me. Your endless encouragement has never ceased to amaze me, and your humor has always allowed me to see the bigger picture. I couldn't have done this without you, and I am forever grateful. I love you all.



To my friends:

You have so quickly become some of the most important people in my life. You've made the past four years a more memorable time than I could have hoped for, and I couldn't imagine going through it without you. I can't thank you enough for keeping me grounded and always making me laugh. From the dinner cruise to our nights out dancing, you've become my family. I love you, girls.



Danielle Ryan, DO



Audrey Marie Ryckman, D.O.

Hope College, B.A.

Lancaster, Ohio



To my friends and family – THANK YOU!!! I could not have done this without all your love and support; you have made the last four years tolerable and even fun! Dad – thanks for letting me rotate with you, you taught me medicine and I taught you how to use the computer! Mom – thanks for all the tough love and pep talks! Matty – get ready to give more pep talks! I can't wait to see where the next four years (and the rest of our lives) takes us, I love you! PCOM girls – thank you for all the memories (dinners, IM's, 'study sessions,' mnemonic making). I will miss you all next year and am so blessed to have such amazing friends!!!





Aziz Asad Sadiq, D.O.

George Washington University, B.A.
University Of Medicine And Dentistry
Of New Jersey, M.B.S.
Moorestown, New Jersey



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To Mom and Dad: For giving me inspiration, support and hope, I am eternally grateful. You have nurtured me, loved me, and provided me the best of examples on balancing a successful family and professional life. My accomplishments are credited to only you both. Thank you for giving me wings and teaching me to fly.

To Apa and Zaki: Thank you for continuing to believe in me. You two always knew I would reach this point even when I thought I wouldn't. Thanks for the bookends of entertainment, reality checks and fashion advice.

To my friends: From the MHS boys who have given me hours upon hours of laughs and memories; to the GW MSA that is willing to come to Philly at any time of day to visit me, but I know it was only for Saad's; to the NJ Shia community who is responsible for my faith today – thank you all

To my classmates: Thanks for the late night study sessions, pimping and occasional hang outs. Thank you for pushing me to become a better student and giving me a life outside of school. I am excited to see your accomplishments, proud to call you colleagues, but most importantly lucky to have you as friends.

To Nousheen: You are the comfort of my eyes. The one I have been searching for and still cannot believe I've found. Each new day with you is a blessing and I am forever grateful to have you in my life. Your unrelenting belief in me inspires me to become a better person and motivates me to always keep you happy. I look forward to our journey together and to what our future holds.



A313 Sadiq, DO



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Adam D. Sadler, D.O.

Muhlenberg College, B.S.
Philadelphia College Of Osteopathic Medicine,
Certificate in Biomedical Sciences
Souderton, Pennsylvania



As this journey comes to a close, thanks must be given to all those that have played a role. Whether that part was played in presence or absence, or their contributions great or small, I thank you. And to my mother, words could never express the depth of gratitude to which I owe for your many years of unwavering love and support. I thank you from the essence of all that I am, we made it.



Paul F. Sahd, D.O.

Elizabethtown College, B.S.

Lititz, Pennsylvania



I would like to personally thank my Mom, Dad, Joe, Al, Christina, Danielle, Mr. and Mrs. Fafard, and all of my close friends and extended family that have been with me and helped me throughout these four years.



Paul Sahd Do



Melinda M. Schlenk, D.O.

Virginia Tech, B.S.
McLean, Virginia



Many thanks to all those that were a part of this journey. Thanks to my family for their unwavering faith in my abilities from the start. I never questioned whether I could do it because you never did. Thanks to my far-away friends for always being there via email, text, phone, facebook and in person during my escapes back home and from reality. And last but definitely not least, to my girls, my Philadelphia family, your support, your understanding, the nights out, the nights in, the trips, the conversations, the studying and pretending to study...I just couldn't have made it through without you. Now let's finally graduate!

And to all those just thanked, your continued support during my entry to the real world will be much appreciated.

All my love, Melinda

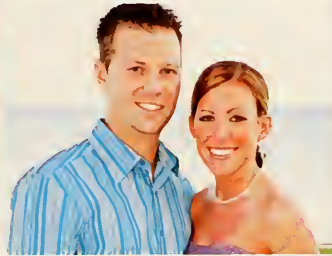


Melinda M. Schlenk, D.O.

Theodore Schuck, D.O.

Seton Hall University, B.S.

Philadelphia, Pennsylvania



I want to thank my mom, dad, girlfriend, family and friends for supporting me throughout my school years. Without their help, motivation, and prayers I would not have been able to accomplish any of my goals. So once again, thank you all.

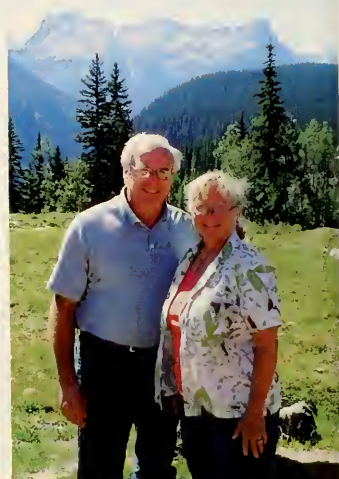
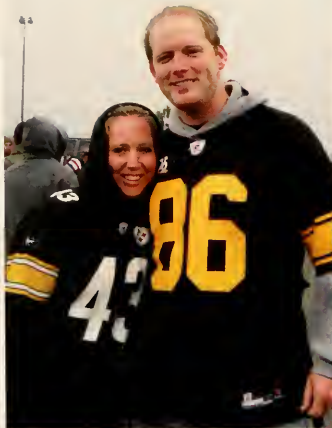


Theodore Schuck D.O.



Andrea Sue Sebright, D.O.

Muhlenberg College, B.S.
Wellsville, Pennsylvania



Mom and Dad: Thank you for all of your support and care packages. You have taught me that a good sense of humor is the best way to deal with difficult situations and that advice has helped me to survive the last four years. Most importantly, you have taught me that self-discipline and hard work is the only way to achieve your goals.

Jake: I haven't taken any step of this journey without your support and unconditional love. Thank you for all of the sacrifices you have made while in Philadelphia. All of the little things you do for me do not go unnoticed. I promise that I will learn to cook and clean someday!



Tammy and Marc: I am not sure where my life would have led me if I hadn't had you as role models. The standards have always been set high, but in the process you never let Jake and I forget the importance of family and having fun. It seems that you always have the best toys for every season and even better you always have enough for us. Thank you for the numerous meals and visits, regardless of where I was located.



To the friends that I met early in medical school and to the friends I wish I had met sooner: Misery loves company! I am thankful to have friends that know how to work hard and play even harder. You have all truly made the past four years a remarkable adventure.



Andrea Sebright, D.O.

Michelle Segalov Finkelstein, D.O.
 Ursinus College, B.S.
 Philadelphia, Pennsylvania



To my loving husband, I would be lost without you... I can not imagine getting through these four years without you by my side. You have been my support, my sanity, my very best friend. I love you with all of my heart, and I am so excited for all the wonderful things to come!

To my family, thank you for sticking with me through all the hardships and all the tears. Mom, you are amazing! I love you so much!

To my friends, we finally made it! It has been a long road, but so much fun in the process. To my person, I love you girl! So glad we were able to do this together. May our future journeys continue to be side by side.

Most of all, to my father, who I know is looking down upon me with a smile. Your dream for me has finally come true. I just wish you could be standing here with me to see it. I will always have you with me in my heart.



Michelle Segalov, DO



Brandon M. Shearer, D.O.
The Pennsylvania State University, B.S., B.S.
Mechanicsburg, Pennsylvania



To my wonderful parents, Sam & Holly, I am forever indebted to you for your undying love and support. I cannot thank you enough.

To my brother Ryan, thank you for your "words of wisdom" over the years and your wisecrack humor- I wish you were closer than 1,000 miles.

To my Anna, thank you for your love, beautiful eyes, sense of humor, and last but not least, your zest for life.

To love, to live life to the fullest, to achieve happiness, and to have no regrets.



Brandon M. Shearer, D.O.



Marnina Shelkin, D.O.

West Chester University Of Pennsylvania, B.S.
Philadelphia College Of Osteopathic Medicine,
Certificate in Biomedical Sciences
Drexel Hill, Pennsylvania



My heartfelt thanks and love to my family and friends who have stuck with me for so many years of schooling.

There have been some hard times and things have not always been ideal, but you have been there for me more than you could ever know. I would like to thank my Mom especially for keeping me going and sending the occasional "care package". listening to my various problems of the day, and being a welcoming shoulder to cry on. I am ecstatic that I have finally come to the end of one journey and will be starting a new one next year as a real, honest-to-goodness doctor! It is hard for me to truly accept this new reality in my life, but I've sacrificed too much and worked too hard not to be proud of myself.

"Success is to be measured not so much by the position that one has reached in life as by the obstacles which he has overcome while trying to succeed."

- Booker T. Washington

Marnina S, DO



Karen A. Shemanski, D.O.

Villanova University, B.S., B.A.

Ashley, Pennsylvania



My journey to become a doctor has been incredible. It has been filled with times of success and times of struggle, moments of great joy and moments of great sorrow, and days filled with laughter and days filled with tears. Throughout my journey, the one constant has been the support and love of my family and the quiet strength of my faith.

Thank you Mom, Dad, Mary, Adam, grandparents, aunts, and uncles.

May God bless you and Mary keep you.





Michael Silberman, D.O.

Muhlenberg College, B.S.

Doylestown, Pennsylvania

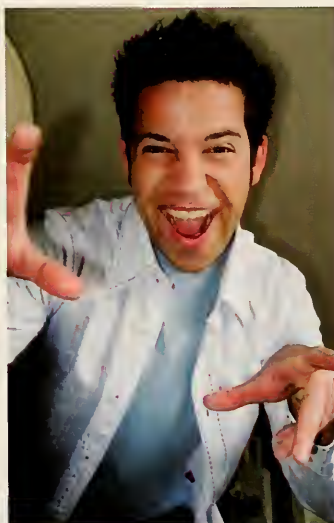


To my friends and family,

Thank you for supporting me throughout both my medical career and this journey called life. Some friends change, some remain the same, but they will always be with me.

I've never been much for words, so I decided to leave wisdom based on the insight of one of our greatest heroes...

"Training is useful, but there is no substitute for experience. It's not who you are underneath, it's what you do that defines you." -Batman



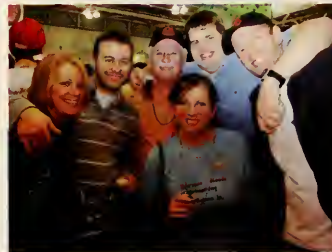
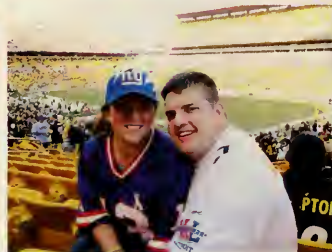
Michael Silberman D.O.



Sarah Sitoski, D.O.

University Of Scranton, B.S.

Moscow, Pennsylvania



Nate – We've had so many adventures over the past four years... from exploring Europe and birthday surprises to surviving exams, interviews, and April Fool's pranks. In just a few months, we'll be married, doctors, homeowners, and residents. It's crazy how time flies! Thank you for always supporting my decisions and traveling on this amazing journey with me. I've been fortunate to have you by my side every step of the way. I love you more than words can describe. If it wasn't for that bum outside of the Brew Pub, who knows where we would be today!

Mom – What else can I say but thank you. If it wasn't for your encouragement, I would never be where I am today. Thank you for always believing in me, and always helping me to believe in myself. You will always be my best friend. Love you.

Family – I've been blessed with an overwhelmingly large family. The support and guidance of both the family I grew up with and the family I am inheriting helps me to overcome each new obstacle that comes my way. Thank you for always being there.

Friends – Wow! From late night study sessions to even later post-exam parties, I've never had so much fun! You've helped make medical school four of the most exciting years of my life! You have become my family and I love and miss all of you. I wish you all the luck in the world and hope all of your dreams come true! xoxo



Sarah Sitoski, DO



Suzanne Marie Smith, D.O.

Ursinus College, B.S.
Southampton, Pennsylvania



A big thank you and love you to my family and friends!

To my family:

I appreciate your support more than words can express.

Always trying to make you proud.

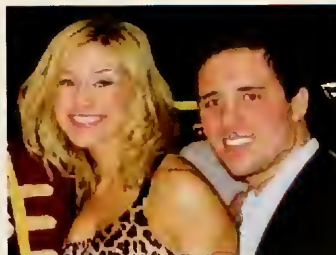
To my friends:

In between our goofy schedules, you are what I look forward to the most. Our jokes keep me laughing.

To Steve:

The world is its brightest when I am sharing it with you. Thank you for being next to me.

Best wishes to the Class of 2010!



Suzanne Smith, D.O.



Anjali Solanki, D.O.

University Of Delaware, B.A.

Newark, Delaware



The road of life twists and turns and no two directions are ever the same. Yet our lessons come from the journey, not the destination. -Don Williams, Jr.

It has truly been a long 4 year journey through med school. It wasn't always easy, but I believe it has made me stronger and well equipped for the future. I know that I would not have been able to make it through this journey without the help of some key people in my life and I'd like to thank them.

Mom: You are everything to me. You have always been the one who has been there for me to cry with me when things were too much and to laugh with me and celebrate with me when during the good times. You are truly my rock and I can't thank you enough.

Papa: You are a great source of strength for me and I have found new respect for you because of everything you have had to go through this past year. You are an inspiration for our family and we are all so proud of you.

Rahul: My big brother...your guidance and support has helped me tremendously
...thanks for everything.

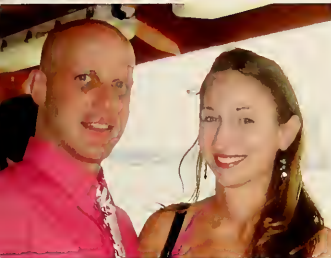
My friends: I have had the honor of meeting so many great people while in med school, but it's my friends who have helped me get through it. Through the good times and the bad, you guys have always been there. You made me realize that I could have a life outside of med school. I love you guys so much and am so proud of us! can you believe it - we are doctors!



Anjali Solanki, DO

Christine M. Stroka, D.O.

Lehigh University, B.S.
Tunkhannock, Pennsylvania



To Mom and Dad: Thank you for your love and encouragement throughout this journey. I would not be the person I am today without you.

To Jen, Tom, Mike, Kim and Jason: Thank you for the memories, laughter and phone calls. I am so proud to call you my brothers and sisters.

To my friends: Some of you I have known my whole life and some I have met during the last 4 years. Thank you for listening when I needed to talk, smiling when I needed some encouragement and running with me when I needed some fresh air.

To the rest of my family: Thank you for your constant support and prayers.

To Art: Thank you for loving me as I am and making me laugh every day.

To PCOM and the class of 2010: I will sincerely miss you. Good luck and best wishes always.

Christine M. Stroka, DO



Christine Elizabeth Strunk, D.O.
Franklin & Marshall College, B.A.
Pittsburgh, Pennsylvania



Thank you to my family and friends for all of your support through the years; to my Mom and Dad for the advice, reassurance, care packages, cards, a loving place to come home to, for knowing more about the Philadelphia weather predictions than I did, and of course for the countless Steelers updates. Thank you to my sister Laura for her patient phone calls and encouraging words, and to my sister Susan for always being there for me and for generously sharing some of mom's homemade treats as they were shipped off to Philly.

Thank you to everyone who has been a part of my life throughout these past four years. The long days/nights of studying and early mornings of clinical years were made so much better by the grocery deliveries, study breaks, coffee shop quiz sessions, hikes through the woods, comfortable shoes, evening bike rides, fat kid dinners, mini getaway trips, olives, long talks, visits, homemade meals, gifts, flowers, music, inspiration and love that you have given me.

Going forward I carry in me pieces of each of the places I have been and people who have helped me along my journey. I am forever thankful to them all.

Love,

Christy

Christine Strunk, D.O.





Alissa Mae Stull, D.O.

Susquehanna University, B.S., B.A.

Spinnerstown, Pennsylvania



I have learned a lot in medical school... but perhaps one of the most important things is that I could have never gotten this far alone. Thank you God for allowing me to survive through these challenging four years of medical school, giving me the ability to achieve my dreams, and for constantly filling my future with opportunity.



My Family: Mom and Dad, thank you for your never ending love and support. I will never forget you always telling me to do my best or I'll never know what my best is. You raised me with the strength and confidence to constantly reach for my goals. I would not be the person I am today without your encouragement and motivation. Tanya and Emily, thank you for always bringing me back to the 'real world' and for reminding me of what I can and cannot talk about at the dinner table. The many hours of laughter you provided will forever be cherished and I look forward to a future with many more. To my extended family, thank you and know that I love you all very much.



HAP: Thank you for your understanding and reminders that no matter what happens or how many miles apart we are, you'll always be there for me and you'll always be my best friend.

Mark: You have always reminded me of what is really important. Your example allows me to know that with hard work and diligence any challenge can be overcome. Thank you for allowing me to realize all that is ahead and that the best is yet to come...

My PCOM friends: I can't believe we finally made it. You were the only ones who were truly able to understand the everyday struggles of medical school. I will always remember our late night study breaks, nights out on the town, game night "body part that begins with P - pinky", standing up for what you believe in, golden delicious, delivering the bread, "what is that glob near the liver?", being allergic to the scrubs, "I'm on a boat" and lastly finding one hundred dollars. Michelle, I will never find a better study partner, listener, or friend. Thank you all for being apart of my journey and good luck next year!



"Be it ours to shed sunshine on their path, to lighten their sorrows by the balm of sympathy, to give them the pure joy of a never-tiring affection, to strengthen failing courage, to instill faith in hours of despair." - Bertrand Russel

Alissa Stull D.O.



Meghan Leigh Sweeney, D.O.

Lafayette College, B.S.

Yardley, Pennsylvania



Congratulations to all of my classmates on completing the last four years. We have all worked extremely hard and are very deserving of this day. Good luck in your journey from here forward.

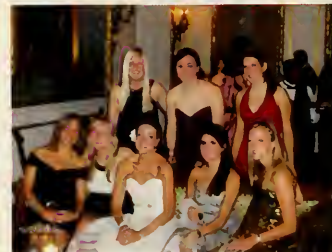
THANK YOU TO:

*My parents for your unwavering enthusiasm and encouragement. You have both modeled for me the kind of professional whom I aspire to be. Thank you for helping me maintain a "happy medium" between school work and my personal life.

*Bucky, my support, my love, and now my husband. My four years at PCOM were happier because you were a part of them. Your support was endless; you made me laugh when I felt like crying. I am so excited to have you by my side as I begin the next part of my professional journey. *Life is Short, Play Hard.*

*The rest of my family and friends for the laughs, tears, long conversations, yuengs and wings, parties, truth couches, tailgates, late nights and early mornings, home-cooked food, gourmet barbeques, road trips, football games and much more. I am blessed you are all in my life.

Always take your job seriously,
but never take yourself too seriously.



Meghan Sweeney, DO

Jennifer M. Swenski, D.O.

University Of Scranton, B.S.
Madison Township, Pennsylvania



Mom and Dad: Words cannot express my gratitude for all the countless years of love and endless support you have given me, not only throughout my medical school career but for as long as I can remember. You have been there throughout the good and bad waiting with a smile, hug, and encouraging words. You have molded me into the person I am today and the physician I am about to become, and for that I am forever grateful.

Dan: I would not have survived medical school without you. I cannot thank you enough for the countless hours you have spent listening to me on the phone, the knowledge you have shared with me when I was lost, and most importantly all the love and support you have showered me with. You are my best friend and my love.

Anita, Lam, Minh, Andy, Anjali, and Val: You all have touched my life in your own unique and special ways. Thank you all for the support, the love, the laughter, the late night field trips, and for only ever being a phone call away.

"We are so much stronger than we imagine, and belief is one of the most valiant and long-lived human characteristics. To believe, when all along we humans know that nothing can cure the brevity of this life, that there is no remedy for our basic mortality, that is a form of bravery." - Lance Armstrong



Jennifer Swenski, D.O.



Andrew Joseph Szabo, D.O.

Duquesne University, B.S., M.S.

Sharon, Pennsylvania



Thank you to my endlessly supportive wife, Kathryn. These last four years flew by, as I am sure the next five will. Thank you for believing in me and standing by me through the good times and the trying times.

There is no one I would rather make this journey with than you.

I love you.

Thank you to my mother Mary, and my father Joseph; who have supported my dreams since I was a child. You have done everything possible to help get me to this point in my life. I am eternally grateful and eager to start chasing down the next dream.

Thank you to my sister, Ali. You always remind me that no matter how far away from home I travel, I still have a family and place to call home whenever I need it. I am very proud of you. Thank you for always being there when I needed you.

I wish the most sincere success to all of my fellow doctors in the class of 2010. We have come a long way since the fall of 2006. There were a ton of great times, and a few sad ones, but each endeavor has helped to shape us into the physicians we are today.

"Knowledge is good." – Emil Faber

 D.O.



Navid Tabibzadeh, D.O.

Villanova University, B.S., B.S.
Drexel College Of Medicine, M.S.
Lower Gwynedd, Pennsylvania



To my Family:

Thank you for your unwavering belief in me, and the sacrifices you have made for me to be where I am now and hope to be in the future. Thank you Father for inspiring my curiosity of life and love of knowledge. Thank you Mother for being my guiding light in good times and bad and instilling in me maturity.

Thank you Brother for being a great role model, friend, and counsel.

To my Friends:

No matter what life throws at us we will always have each other in this world and the next. I am blessed and thankful to know each and every one of you.

To the PCOM Faculty:

Thank you for bestowing onto me the great knowledge and tradition of Osteopathic medicine. I hope to do it justice. And I am especially grateful to the PCOM faculty who guided me to and through PCOM during these years. You are truly the treasures of this school. You already know who you are.

Thank you.

To the Future:

As future PCOM DO's know that you come from a great school, a greater tradition, and the greatest profession on this earth and you should be proud of it wherever you go. And always be true to yourself and those around you.

"The son's of Adam are the limbs of one body, created of one essence. When in time was pained one limb the others could find no peace. Thou who hath no sympathy for the troubles of others are unworthy of the name man." - the

Persian Poet Sa'di (1213-1291 AD)

Navid Tabibzadeh, D.O.



Ryan Brett Taylor, D.O.
The Pennsylvania State University, B.S.
Philadelphia, Pennsylvania



Thank you Mom, Dad and
Adam for your continued
support and love.

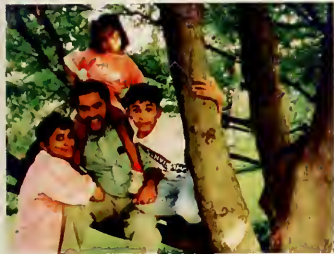


Ryan Taylor D.O.

Sarun V. Thomas, D.O.

Muhlenberg College, B.S.

Commack, New York



I've been very blessed throughout my time at medical school and although a lot of hard work was put in, much of any accomplishments are due to the love and support of the following people:

My parents: I know your prayers before (and after) my exams, your emotional support, your encouragement, and your unconditional love brought me through college and medical school. Although school wasn't easy for me, I think it was harder for you. You should be very proud; I could not have done this without both of you.

Sherri: What a perfect sister, y'know my conversations with you always grounded me. You are incredibly down to earth and wiser than your age and your humor, support, and love have really heightened the joys in my life including this one.

My father and mother in law and Robin, my brother in law, my extended family, and friends: You were all so caring and loving from the beginning that I'm privileged to call you all my family.

My wife, Rubeena – Thank you! I have found the one my heart loves (Song of Songs 3:4) in perfect timing, if I met you earlier I might have failed out. I've never been as happy till you became a part of my life so here's to a lifetime together. I love you!

And most of all, I need to thank God, I believe medicine is a divine field because you are involved in a healing process and get to unravel the beauties of science. To be a faint reflection of the greatest Physician Christ is beyond what I deserve.

Sarun Thomas, D.O.



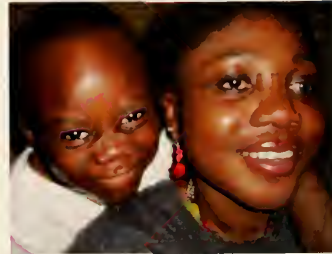
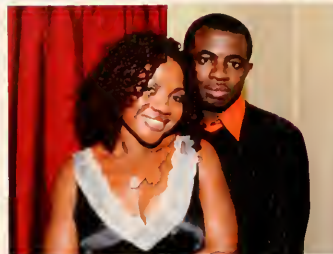
Millicent Owusu Tiwaah, D.O.

State University Of New York at Binghamton, B.S.
Philadelphia College Of Osteopathic Medicine, M.S.
Ghana



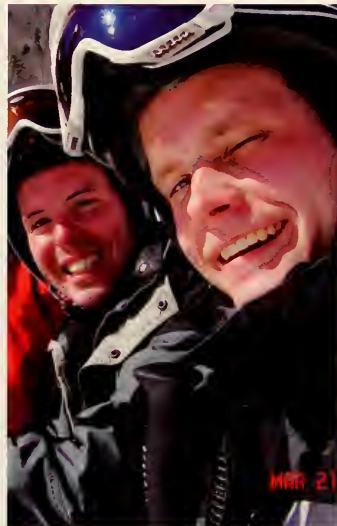
I thank God Almighty for bringing this far. I also thank my family and friends for their support. I really could not have done this without the support of all my loved ones.

To Dad: I wish you were here to see me graduate. Though absent from the body I truly believe you are present in spirit so this is for you Daddy.



Millicent D.O.

Gregory A. Tocks, D.O.
 The Pennsylvania State University, B.S.
 Philadelphia College Of Osteopathic Medicine,
 Certificate in Biomedical Sciences
 Camp, Hill Pennsylvania



First, I thank my family for your support and love which has served as a fuel for my confidence and commitment. I truly desire to achieve future successes under the ideals and genuine beliefs my parents instilled in my character. I thank my sister for my open-mindedness and willingness to explore, even if she argues my wardrobe does not do much exploring.

Though they are here in spirit to witness my achievement, I thank my grandparents for granting me the opportunity to attain such a momentous accomplishment. I promise to do my best to maintain value and dignity in our family's name.

Jess, thank you for all the support during the tough obstacles of medical school. Your love and warmth made it as easy as it can get. Hopefully we may share this endeavor together beyond medical school.

Throughout my education, I thank my teachers, professors, and clinicians who had the patience and determination to encourage life's important principles, history, and explorations. I have become a man captivated with curiosity.

Finally, I would like to thank all of my closest friends from home, college, and PCOM. You have formulated my friendly personality, smile, and capacity to enjoy the company of others. I will cherish all the laughs and good times, embracing them for moments of remembrance during tough times ahead. I wish you all the best in excellence and success. Hopefully, we will continue to engage in great future occasions together.

Because I can... Go Phillies!

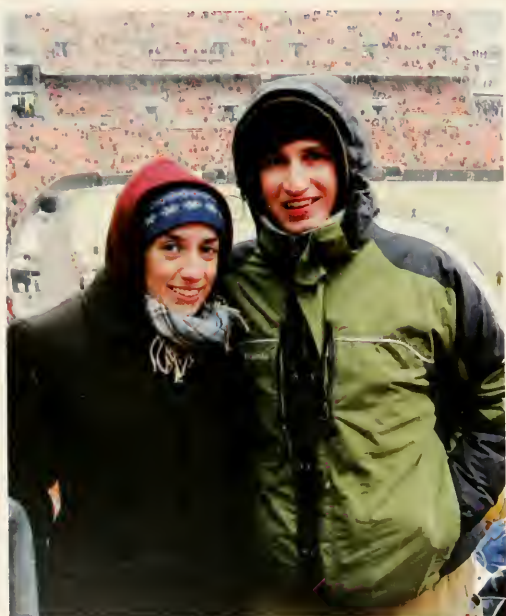
Gregory Tocks, D.O.



Jillian M. Trizna, D.O.

Allegheny College, B.S.

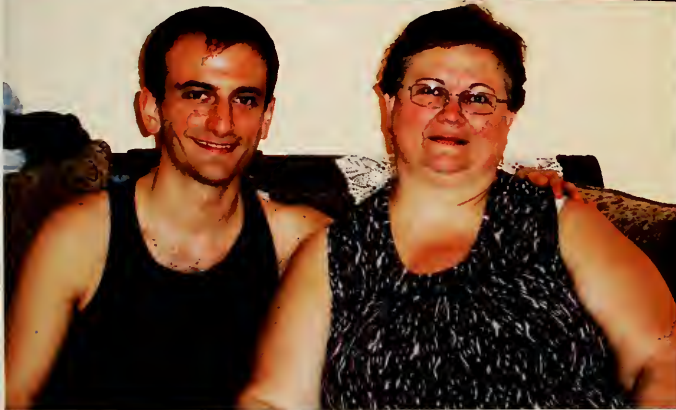
Conneaut, Ohio



Jillian M. Trizna, D.O.

Elias Tsirakoglou, D.O.

Arcadia University, B.A.
Newtown Square, Pennsylvania



Puneet K. Tung, D.O.

Haverford College, B.S.
Hanover, New Hampshire



To my dear friends: You all made these last few years pass by a little bit easier. Thanks for all the memories, laughs and fun times.

Mom and Dad: I knew when the first Barbie I ever received was a 'Doctor Barbie' that you both had high hopes for me! Thank you for all your support, love, time and guidance all these years-I will never forget it.

Naps: I know the road has been bumpy, but you will find your way and we'll be here to help you through.

Navi: I am so happy you found your path and am very proud of you. We cannot wait for your graduation in 2013!



Chris: How can I find the words to thank someone who stood with me through it all? Thank you to my best friend.



Puneet K. Tung D.O.



Irina Tutunikov, D.O.

Kharkov University, B.A., M.A.
Villanova University, Pre-med
Rosemont, Pennsylvania



Thank you to my loving husband, whose unconditional support, faith in me, generosity, inspiration and love made all this possible.

A reminder to my daughter that no matter how young or old you are, how many times you stumble and how far away the dream seems to be, it's all possible at the end. Good things happen when you believe in yourself and do what you enjoy.

To many others - family, friends, colleagues, teachers, who helped along the way in both small and important steps, to those who believed in me:

I bow to each and everyone of you.



Irina Tutunikov, D.O.



Alla Ulitsky, D.O.

The Pennsylvania State University, B.S.
Ivyland, Pennsylvania



Thank you to my mom, dad,
and sister. I could not have done
this without your support.



A. Ulitsky D.O.

Charlene Ann Vestermark, D.O.

Hood College, B.A.
Philadelphia College Of Osteopathic Medicine,
Certificate in Biomedical Sciences
Denver, Pennsylvania



Fear not, I am with you; be not dismayed; I am your God. I will strengthen you, and help you, and uphold you with my right hand of justice.

Isaiah 41:10.

I thank the Lord for being the sole reason for everything I do and for showing His presence daily in my life through countless blessings.

To my family, You have all been my strength through this long journey. Mom and Dad: you have been the examples of a good marriage, instilled a strong work ethic in me and taught me faith in tough times. Thank you for your sacrifice to get me here. Neil, Leif and Michelle: keep working hard. I support and love you all.

To my fiancé Allan, my love; I love you. You have stood by me when it felt like the world was against us. You have proven to me that you truly want only the best for us, and that you trust that the Lord will guide us there. You are and always will be my Only One. I can't wait to be your wife.
Thank you.

To my Bestest Roomie, Nilu. One word: Charlu, or NiluChar depending on who you speak to. From frantic rants on exam weeks to coffee drink at 2 am: post exam shopping to playing hairdresser, random road trips to having interpretive dance-offs: I've enjoyed it all. Thanks for being you. And with Bren: We will always be my favorite trio. To my other med school buddies: there were ups and downs, tears, and joys, but we made it. Let's live the dream and save some lives. God Bless You All.



Charlene Vestermark D.O.



Serena Vidanage, D.O.

Lehigh University, B.S.
Bethlehem, Pennsylvania



As the past four years slowly draw to a close, I am so very thankful for the wonderful people I have met and the amazing friends that I have made. Thank you to PCOM for arming me with the medical knowledge necessary to become a future physician, and to all of the physicians that played a role in teaching me how to be a 'real life' doctor.

To the truly great friends I have been so blessed to meet, thank you for all the special memories that I will carry with me through the years, you all have a very special place in my heart. Thank you for the memorable times we had partying in the city, expanding our palate with new places to eat, trekking through the snow together, late night chats, and endless entertainment while studying at the library. I will never forget them!

The biggest thank you by far goes to my wonderful family. Ammie and Thathi, words cannot even begin to express the enormous gratitude in my heart for your constant support and selfless love. I cannot thank you enough for your endless generosity and sacrifices that you made for me. And thank you Nishika, for helping mom to both make and deliver my delicious 'meals on wheels'.

Most importantly, thank you God for all of your blessings each day and allowing me to make it thus far. Thank you for guiding and leading me to where I am today.



Serena Vidanage, DO



Laurie Gwen Waldron, D.O.

Muhlenberg College, B.S.

Newtown, Pennsylvania



Mom and Dad ~ You are my inspirations. I would never be the person I am without your constant guidance and unconditional love, nor would I be here today without your unwavering support and encouragement. Thank you for always believing in your little girl ~ your Peanut loves you!

Kevin and Kyle ~ Thanks for always looking out for your Big Sis. I am so proud of all your accomplishments and cannot wait to see what the future has in store for you!

Mom-Mom and Grandmom ~ I have always admired your strength and the unconditional love and support you give to our family. I love you both so much.

In Loving Memory of my Grandfathers ~ Although I wish you were here with us today, I know you are smiling down on me always. I couldn't ask for better Guardian Angels.

Campfield ~ Or should I say, "Dr. Campfield"? Who would've guessed eight years ago in freshman Biology that this is where we'd be today? Thank you for being my best friend, my rock, and my constant reason to smile. I am so incredibly proud of you, and I cannot wait to see where this journey called life continues to take us together. I love you, Bri. BBB, xoxo.

My Friends ~ Sweetly and simply ~ you guys are the absolute best. I never would have made it without all of you!

Class of 2010 ~ I am so fortunate to have met each and every one of you. Congratulations - Now go get 'em!

To everyone else that has touched my life in some way, large or small ~ all my love and gratitude.



Laurie Waldron, D.O.



Brian M. Walsh, D.O.

Virginia Tech, B.S.
Dover, Delaware



Aubre A. Weber, D.O.
Southern Methodist University, B.B.A.
Harvard University
Cedar Hill, Texas



I would like to express my sincere thanks to PCOM for welcoming me in to the family. It was during my time as a PCOM student, that I married my fabulous husband, adopted my crazy puppy and now have the beginnings of a long and wonderful career! Thank you so much, again!

Aubre A. Weber



Nicholas Weber, D.O.

Ursinus College, B.S.
Mountaintop, Pennsylvania



I would like to thank:

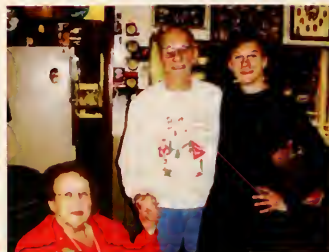
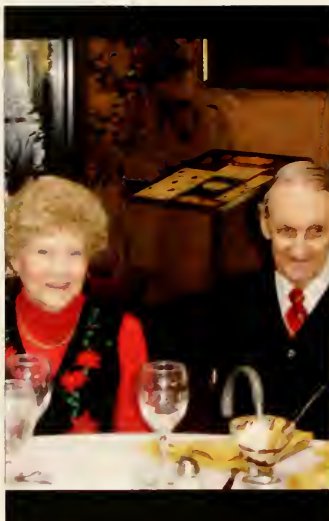
Mom and Dad –For staying strong when tough times became harder. Ryan –Thanks for giving me something to look up to.

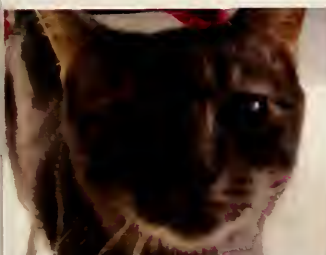
Grammy and Pop-pop –For making the family complete, Grandma and Spike – for making a warm home when I needed it. 167: Sacco Belch Tysen Levi Schultheis –No Limits, Bill and Faith –Because if your going to take the trip you might as well be big while you do it. The Ranger. Fit gym: Danny Lamont Boogie Donald Rob Hank. statusBLUE: Joe Nathan Labin Ryan. The Holzbaur lab: Erika Mariko. Jigzy, Nikki Florida and Pop-pop. Ursinus: Albert and Steve. Crestwood Wrestling: Joe Jacobs Coach Joe Testa Gitano. Jeff Timmy and Chrissy Opiel and Jeep. Mountaintop: Liz Motel Janosco Jacquish Nitkowski Mr Janosco. The Crown Victoria, Nina –Cause life needs to be fun too. ESP. The French press and Monster. Millersville: Euglesia and Mikulak Kendra and Funk. Kathy. Pearl Street Stabs, Biomed: Jesse Katrina Steph and Everyone Else, GMC. 4426: Dave and Matt, Jen Man, PCOM Admissions, Steve Patty Christine Candace, Jack Alice Alicia Christina, Jenny, Trosky, Ursinus Wrestling, Mark from Sicklers, and here's Kutz....

Thank-you for being my support, my friends, and my family.



Nicholas Weber





Lynn M. Wilson, D.O.

Cedar Crest College, B.S.
East Palestine, Ohio



"Do not worry if you have built your castles in the air. They are where they should be. Now put the foundations under them."

-Henry David Thoreau

Mom and Dad- Thank you for your belief in me, all these years. I never would have made it through the last twenty-six years without your unconditional love and support.

Lisa, Allison and Amanda- We are sisters by chance, but friends by choice. I love you each, and I cannot wait to see what life has in store for each of you.

Anne, Amanda and my fellow PCOMers- Thank you for being the best friends I could ask for during the last four years. We have had some great times, and I will always remember them with fondness.

Michael- You have become my best friend. Thank you for teaching me that University of Michigan and Ohio State can in fact live together in peace. I look forward to many more years with you by my side...

"If you don't know where you are going, you'll end up someplace else."

-Yogi Berra

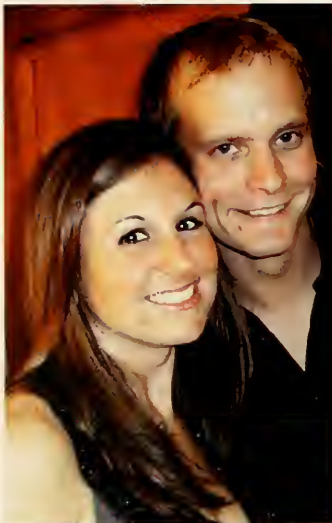
Lynn M. Wilson, D.O.



Jessica Lauren Wirth, D.O.

Salisbury University, B.S.

Baltimore, Maryland



First and foremost, I want to thank my family for being my foundation. I would not be the person I am today without the love and support of my family. Mom and dad, your hard-work and dedication is the reason I was able to pursue my dreams, for that I am forever in debt to you. Stevie and Justin, remember that I will always be right here to help guide you through life's trials and tribulations. Tricia, thank you for being the light that guided my path, it was comforting to know I could always come to you for advice.



Greg, thank you for being my rock through all the stress and madness. Your patience and understanding are much appreciated; it was so great to have someone else right beside me throughout this journey. I will always love you.



To all of my friends, thank you for the constant encouragement. Your support means the world to me and I could not have made it through the past few years without you.

Finally, to my PCOM crew, we made it! The past four years have been a crazy roller coaster and I loved every minute of it. I will always carry with me the memories we built together, you hold a special place in my heart. Good luck on all of your endeavors, I wish you nothing but happiness!





Anita Daw-Rong Yang, D.O.

University Of Pittsburgh, B.A., B.S.
Richmond, VA



I can't believe this day is here. Four years ago, it seemed so daunting. Today, because of the love, prayers, and support of family and friends, the impossible is no longer.

Above all, I thank God for His grace in giving me this opportunity and the ability to finish. "For grace proclaims the awesome truth that all is gift. All that is good is ours, not by right, but by the sheer bounty of a gracious God. While there is much we may have earned ...all this is possible only because we have been given so much."

This journey would have been impossible without my family. Daddy, you were the one who always believed in me. I wish with all my heart that you could be here to see all of this. Mommy, you have always been my rock. You love me unconditionally and I can never thank you enough for that. Mei, you are my biggest fan. Thank you for always being there whenever, wherever.

To Lam, you've seen it all and never left my side. Thank you for loving me and for always understanding. To the Nguyen family, thank you for your unwavering love and support.

To my non-medical school friends, thank you for understanding the demands of medical school – I know it wasn't always easy. To my medical school friends, I wouldn't have survived the past 4 years without your friendship. Thanks for all the laughs, tears, and sleepless nights. To the Class of 2010, it's been a great ride. We've overcome so much and I'm proud to be part of this class.

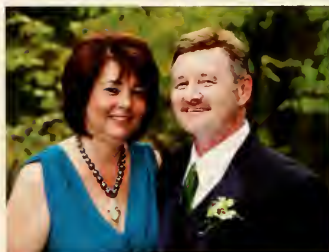
"There's a blessing in every moment, in every mile..."

Anita Yang, D.O.



Shavon Yannuzzi, D.O.

Dickinson College, B.S.
Boston University, M.M.S.
Aston, Pennsylvania



I dedicate this page to my wonderful family and friends who have given their unconditional love, support and prayers to help make my dream of becoming a physician come true.

Mom & Dad: I could not be where I am today without you. You have stood by me every step of the way. I hope I can continue to make you proud.

My Husband: Rich, you have been an amazing pillar of support for me since the day we met. I do not tell you enough how much I appreciate your love, devotion and consideration; nor how much I admire your strength, determination and perseverance. I know working together all our dreams will come true.

My Family: You have always been there for me whenever I have called for home-cooked meals, rides to the airport or just to listen. Every act no matter large or small was a substantial help.

My Chi Friends: I enjoyed escaping my medical realm to celebrate job promotions, weddings and new homes. I hope we continue to share our life-long milestones together.

My D-son Friends: We have had great times in DC, Philly, San Diego and the Jersey shore. With the stress of medical school, I looked forward to our girl-time whether it was a weekend or month. Thank you for your hospitality.

My PCOM Friends: We have developed a friendship that will last a lifetime. I enjoyed our exclusive dinner parties, group study sessions, sex-in-the-city gossiping and dancing at after-exam parties. I could not have survived the rigors of medical school without you girls.

God, please continue to guide and watch over me. It gives me comfort knowing you are always there to listen.



Shavon Yannuzzi, D.O.



Lindsay A. Yorns, D.O.

Hartwick College, B.A.

East Longmeadow, Massachusetts



This was definitely not an easy path to take. But although hard, it is probably the most rewarding experience we will undergo. Not many people know what it is like to go through such a grueling process, but because of that we are blessed. Especially with everything that I have been through, I greatly appreciate all those who have been by my side. Mom and Dad, I love you so much, and will do anything for you as you have done for me thus far. Billy, I know you have been through all of this as well. Thank you so much for preparing me for the future and keeping me rational. Dan, you have helped me get through some of my hardest times, and for that I owe you. Anything you need, I will always be there for you. To all my friends and family, I would never be where I am today without you! You forever are and will be a part of my heart. I love you all so much. Here is to the next windy road to travel down! Congrats all. PS – The light was totally green!!

Lindsay A Yorns, DO



David Young, D.O.

University Of Delaware, B.S.
Philadelphia College Of Osteopathic Medicine,
Certificate in Biomedical Sciences
Cherry Hill, New Jersey



I have been fortunate to have a family that has continuously supported and encouraged me throughout my life's endeavors. What I appreciated most was the occasional evening spent playing video games and the phone call making sure I was still alive. I am forever grateful for the small things that remind me there is always a loving family behind me.

Between the long days of lecture and late nights in the library, there were beautiful mountain summits and pristine golf courses to balance my life. I am privileged to have shared these great many experiences with my good friends here at PCOM.



Christie Nessim Youssef, D.O.

Emory University, B.A.
Philadelphia College Of Osteopathic
Medicine, M.S.
Greenville, South Carolina



To my family: I would like to thank you from the bottom of my heart, but for you all, my heart has no bottom. Your sacrifices, endless support, and continual guidance have allowed me to achieve my dreams of becoming a physician. I love you all so very much and can't wait to celebrate this wonderful accomplishment with you all.

To my dearest friends: A friend is someone who understands your past, believes in your future and accepts you just the way you are. You all have been with me every step of this journey and for that I am truly thankful. I will never forget your unwavering motivation and support.

Most of all, I am thankful for God's grace and everlasting mercy; for He said:

"Be anxious for nothing, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. (Philippians 4:6,7)"

Christie Nessim Youssef, D.O.



Margaret Joan Zawisza, D.O.

DeSales University, B.S.
Orwigsburg, Pennsylvania



Dave, thank you for celebrating my stepping stones with as much enthusiasm and excitement as you did the very first time. The pre-rounds phone calls have meant so much to me. It is my honor and privilege to become your wife!

Mommy and Daddy, thank you for your inspiration, example, and for the faith you have taught me. Daddy, you are a spectacular physician and my greatest mentor. Mommy, you always make sure we have an ear for conversation and a good meal. I always say, "medical school ages you." You guys have aged gracefully in this, your third bout. Your dedication to your children is easily evidenced by Father's Day 2008!

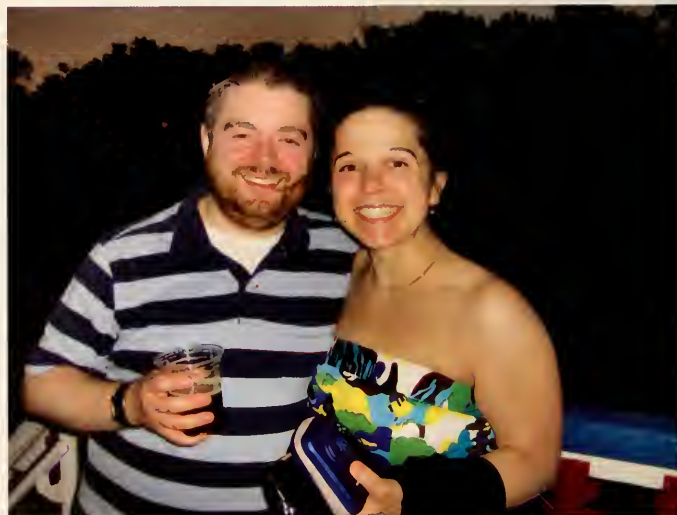
Joe and Ang, you are strong role models for me. Joe, I have always been so proud of you as you paved the way for us kids. Thank you for your tips and for "making me feel better." Ang, thanks for the advice and talks about life and choosing a field of practice.

Danny and Bethany, thank you for the prayers and support. Danny, you always managed to calm my nerves before the big tests. I admire your fine medical and surgical skills. I enjoyed my time with you in Western PA and I hope you have since obtained a calculus book!

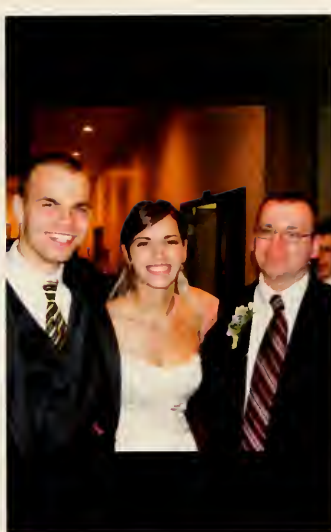
Irene, thank you for your prayers, encouragement, and for allowing me to "practice medicine." I cherish our evening chats. We will finally be matched up as graduation buddies in 2013!

Grammy and Pap, you always encouraged us to do our best. Grammy, you are my intercessor in Heaven. Pap, thank you for your prayers and for "taking care of me."

I love you all!



Margaret J. Zawisza, D.O.



Jeanne Zukas, D.O.

Loyola College, B.S.
Frackville, Pennsylvania



I would like to thank my husband, who is the only one who can motivate me when I momentarily lose self-discipline. Through these four years you have been supportive, patient, understanding, and encouraging and even learned some OMT along the way.

To Jen, Shavon, Misha, and Ashley - I am eternally indebted to you. You all made medical school the best part of my life. I had so much fun that I enjoyed it more than undergrad! All the study groups, all the post-exam dinners, all the weddings! What sticks out in my memory most are the silly moments we had together hours into a study session and all those mnemonics we spent hours making up - like "alphas never sin". I am so blessed to have friends like you.

To my family Mom, Dad, Mikey, Greg, Grandma, Grandpa, Grandma Jean, Frank and Nonie, Thomas - thank you for your generosity, support, and encouragement throughout all my studies. Thank you Nonie for helping me stop crying the last day of second year, because I was so sad it was over. My favorite part was seeing my friends all day everyday.

To my anatomy lab group, you know who you are #34, "Oh Randy, stop being so randy". It is still my favorite class in all of medical school. Thank you for making it so fun, and thanks Nick for all the original songs.

To my first roommate Nicole. We got through a lot of mini-crisis together before exams and had a lot of fun after exams.

Jeanne Zukas D.O.



Additional Members Of The Class Of 2010



Jessica Ayres, D.O.



Mark Condoluci, D.O.



Steven Elek, D.O.



Kris Gordon, D.O.



Quan Li, D.O.



Eric Little, D.O.



Patrick O' Donnell, D.O.



Christopher Pullion, D.O.



Matthew Stanishevski, D.O.



Jane Teng, D.O.



Erik Thorell, D.O.



Delores Tornambe, D.O.



Matthew Trzesniowski, D.O.



Isaac Vargas, D.O.



Tory Weber, D.O.



M. Scott Wise, D.O.

Additional Members Of The Class Of 2010

William Bambach, D.O.

Vikram Khasat, D.O.

Helen Basyuk, D.O.

Elizabeth Kwak, D.O.

Katherine Baugher, D.O.

Mark Lee, D.O.

Michael Bickell, D.O.

Denny McDonald, D.O.

Olga Boychenko, D.O.

Kathy McGill, D.O.

Gregory Diorio, D.O.

Nadia Nashed, D.O.

Huy Do, D.O.

Mark Olaf, D.O.

Phillip Elbaum, D.O.

Mark Perenich, D.O.

Christopher Halleman, D.O.

Jon Pomeroy, D.O.

Christopher Hibbard, D.O.

Jonathan Sutter, D.O.

Genevieve Hunkele, D.O.

Kourosh Tavanaiepour, D.O.

Alecia Hustler, D.O.

Christopher Tresnick, D.O.

Dannielle Hustler, D.O.

Michael Washinsky, D.O.

Zachary Ichter, D.O.

Charles Yourshaw, D.O.

Kristen Jones, D.O.





*The Philadelphia College Of Osteopathic Medicine
D.O. Class Of 2010
remembers the life of*



Elton Glen Cosby, Jr., M.S.

September 19, 1981 - May 11, 2008

*Son, Brother, Beloved, Fraternity Brother, Mentor,
Friend & Classmate*

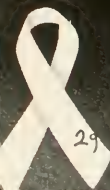
May You Rest In Everlasting Peace

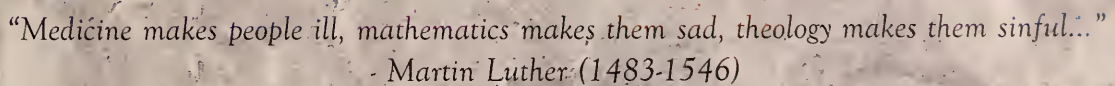


The Philadelphia College of Osteopathic Medicine

D.C. Class of 2010

*Remember those individuals
and families affected
by the devastating
affliction of cancer*







PCOM Class Of 2010 Officers

Christopher Reb, D.O.
Class Chair

Regina Travis, MBA
Treasurer

Ashley Caplan, D.O.
Head Scribe

David Dahill, D.O.
Head Scribe

Kelly Janke, D.O.
Head Scribe

Ifeanyi Olele, MBA
Head Distributor

Niels Synder, MBA
Head Booth Operator

Abraham Chacko, D.O.
Social Chair

Ankush Jain, D.O.
Social Chair

Michelle Noreski, D.O.
Social Chair

09-10 Awards & Scholarships



David Rand, D.O.
2010 Mason W.
Pressly Memorial
Medal Recipient

Richard E. Colarusso, DO Memorial Scholarship
Jennifer Swenski, D.O.

**Ruth & Irving Kornberg Internal
Medicine Scholarship**
Ashley Caplan, D.O.

**Sara & Benjamin Lincow Pain Management
Memorial Foundation Scholarship**
Emily Dilzer-Brunner, D.O. Bradley Grant, D.O.
Alison Lee, D.O.

Lambda Omicron Gamma Scholarship
Rebecca Rinko, D.O.

Mary F.T. Conroy Memorial Scholarship
Courtney Downey, D.O.

Bernard Master DO Scholarship
Karishma Anik, D.O.

Nicholas S. Nicholas DO Memorial Scholarship
David Mahon, D.O.

Rebecca Park Memorial Award
Maria Theresa Kurtz, D.O.

Rebecca Park Memorial Award
Maria Theresa Kurtz, D.O.

Ernest C. Johnson, DO Memorial Scholarship
Alysa Bell, D.O. Debra Bjork, D.O.
M. Scott Wise, D.O. Jeffrey Cashman, D.O.
Joshua LaGrant, D.O. Crystal Terrill, D.O.
Charlie Hilton, D.O.

Parkview Hospital Physicians Scholarship
Nicole Paul, D.O.

**Dr. Corinne Santerian Memorial
Scholarship In Pediatrics**
Sarah Sitoski, D.O.

Gina M. Simelaro Memorial Scholarship
Julian Ngo, D.O.

Lewis M. Yunginger DO Memorial Scholarship
Alison Lee, D.O.

**Dr. Angus Gordon Cathie Scholarship Fund
Trust**
Veronica Nicholas, D.O.

Louisa B. Smith, DO Memorial Scholarship
Alison Lee, D.O.

**Michael P. Szutowicz, DO '72 Memorial
Scholarship**
Janet Sallit, D.O.

Hassman Family Scholarship
David Young, D.O.

2010 Graduating Programs



P
C
O
M



M.S., Health Sciences -Physician Assistant



M.S., School Psychology

Additional Programs

**M.S., Biomedical
Sciences**

**M.S., Counseling
& Clinical Health**

**M.S., Forensic
Medicine**



PCOM

Class Of 2010

Match List



Naval Medical Center- Daniel Dean

Loma Linda University, Pediatrics-
Courtney Jones

Loma Linda University, Pediatrics-
Tory Weber



University Of Connecticut, Family Med-
Molly Dando



Christiana Care Health System, Radiology-
Denise Drohobycz

Christiana Care Health System, Radiology-
Heather Mosca

Christiana Care Health System, IMED-
Kathy McGill

Christiana Care Health System, IMED-
Peter Burke

Christiana Care Health System, EM/FP-
Elsa Attardo



PCOM

Christiana Care Health System, IMED-
Aubre McClendon Weber

Al duPont Hospital for Children,
Pediatrics- Crystal Duffy

Al duPont Hospital for Children,
Pediatrics- Puneet Tung

Al DuPont Hospital for Children,
Pediatrics- Meghan Sweeney



Largo Medical Center, Internship-
Julian Ngo

Largo Medical Center, Family Med-
Christie Youssef

Palmetto General Hospital -
Rene Perez

Naval Hospital Jacksonville-
Casey Lafferty

Broward Medical Center, IMED -
Brendan Doucette

St. Petersburg General Hospital, Traditional
Rotating Internship - Scott Wise



Medical College Of Georgia, General
Surgery- Benjamin Keyser

Medical College Of Georgia, General
Surgery- Dana Guelig

Morehouse School Of Medicine, IMED-
Dum Piawa

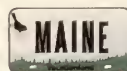


University Of Hawaii, IMED-
Jon Pomerooy

Tripler Army Medical Center, OB/GYN -
Ijeamaka Otodile



Lutheran General Hospital, Pediatrics-
Jonathan Cordova



Central Maine Medical Center-
Shayna Lemke



National Naval Medical Center,
Transitional Year - Ankush Jain

National Naval Medical Center - Steven Elek

National Naval Medical Center -
Steven Elek



University Of Massachusetts, Family Med-
Paul Sabd

Baystate/Tufts University Medical Center,
Pediatrics- Diana Drogalis

Boston University, Family Med -
Alexandra Isakova



St. John's Health, Ophthalmology-
Michael Alterman

Providence Hospital, Family Med-
Lynn Wilson



Kennedy Health System , IMED-
Mark Conolucci

UMDNJ-SOM, Otolaryngology/Facial
Plastic Surgery- Karen Shemanski

UMDNJ- SOM, General Surgery- Zach Ichter

UMDNJ-SOM, IMED-
Ashley McBrearty

UMDNJ-SOM, Orthopaedic Surgery-
Christopher Reb

UMDNJ-SOM, Internship- Navid
Tabibzadeh

Cooper University Hospital, IMED-
Philip Elbaum

Cooper University Hospital, Pediatrics-
Danielle Ferraguti

UMDNJ Robert Wood Johnson Cooper
University Hospital- Aubri Milano

UMDNJ Robert Wood Johnson Cooper
University Hospital, IMED-
Dawn Marie Gurican



University Of New Mexico, Psychiatry-
Michael Washinsky



Winthrop University Hospital- Frank Amico

SUNY Stonybrook, Pediatrics-
Launie Waldron

Maimonides Medical Center, Internship-
Denise Drohobycz

Lenox Hill Hospital, OB/GYN-
Karishma Anik

Maria Fareri Children's Hospital, Pediatrics-
Stacey Hackett

SUNY Upstate- St. Joseph's Hospital,
Family Med- Amanda Ray

Women & Children's Hospital Of Buffalo,
Pediatrics- Christine Basil

St. Barnabas Hospital, Neurosurgery-
Kourosh Tavanaiepour

St. Barnabas Hospital, General Surgery-
Anastasia Bakoulis



Riverside Methodist, IMED -
Jillian Trizna

Wright -Patterson Air Force Base/Wright
State University, IMED- Melinda Schlenk

Grandview Medical Center,
Ophthalmology- Daniel McCormack

Ohio State University, Neurology -
Nicholas Lanciano



Lehigh Valley Hospital, OB/GYN-
Courtney Downey

Lehigh Valley Hospital, IMED-
Jeanne Zukas

Lehigh Valley Hospital, IMED-
Janet Laflouf

Lehigh Valley Hospital, Family Med-
Kim-Huong Nguyen

Lehigh Valley Hospital, EMED-
Colin Donnelly

York Hospital, EMED- Justin Koch

York Hospital, OB/GYN- Jessica Wirth

Bryn Mawr Hospital, Family Med-
Christine Strunk

Reading Hospital & Medical Center,
OB/GYN- Luisa Galdi

Hahnemann Hospital, Anesthesiology-
Lee Neubert

St. Joseph's Hospital (Reading), Family
Med- Robyn Medina

Memorial Hospital, EMED- Audrey
Ryckman

Drexel University, Neurology- Navid
Tabibzadeh

Lakenau Hospital, Surgery- Tamara
Donatelli

Lehigh Valley Hospital, IMED- Adam Marish	Geisinger Medical Center, OB/GYN- Jennifer Swenski	Mercy Suburban Hospital, Family Med- Mary Merlini	Temple University Hospital, IMED - Bina George
Lehigh Valley Hospital, IMED- Shavon Yannuzzi	Geisinger Medical Center, IMED- Brian Walsh	Mercy Suburban Hospital, Family Med- Jennifer Lorrine	Pinnacle Health System, IMED- Ashley Conshue
Lehigh Valley Hospital, EMED- Chadd Kraus	Geisinger Medical Center, IMED- Qian Li	Mercy Suburban Hospital, Family Med- Erik Thorell	Pinnacle Health System, Family Med- Minh Nguyen
Lehigh Valley Hospital, EMED- Megan Dambach	Geisinger Medical Center, IMED- Alicia Meadows	Mercy Suburban Hospital, Traditional - Stefania Nolano	Pinnacle Health System, Orthopaedic Surgery- Gregory Tocks
St. Joseph's Medical Center (Reading), Family Med- Chelsea DiDonato	Geisinger Wyoming Valley Medical Center, General Surgery- Erin Miller	Mercy Fitzgerald Hospital- Suzanne Smith	Pinnacle Health System, General Surgery- Anuj Paikh
St. Joseph's Medical Center (Reading), Internship- Heidi Long	Geisinger Medical Center, Pediatrics- Megan Moran	Lankenau Hospital, OB/GYN- Veronica Nicholas	Western Pennsylvania Hospital, OB/GYN- Genevieve Hunkeler
St. Joseph's Medical Center (Reading), Internship- Theodore Schuck	Geisinger Medical Center, Pediatrics- Sarah Sitoski	Lankenau Hospital, IMED- Samantha Burkhardt	Delaware County Medical Center, Internship- Charlie Fedele
St. Joseph's Medical Center (Reading), Internship- Shan Babeendran	Geisinger Wyoming Valley Medical Center, Family Med- Nathan Greczek	Lankenau Hospital, IMED- Nicole Albert	Delaware County Medical Center, Internship- James Bailey
Williamsport Hospital, Family Med- Matthew Meeker	Aria Health, EM/FP- Anne Maguire	Lankenau Hospital, IMED- Erin Schreck	Delaware County Medical Center, Internship- Nicole Gartner
Williamsport Hospital & Medical Center, Family Med- Margaret Zawisza	Aria Health, EM/FP- Ryan Taylor	Lankenau Hospital, IMED- Matthew Stanishevski	
Abington Memorial Hospital, IMED- Jennifer Hanson	Aria Health, IMED- Michelle Segalov	Lankenau Hospital, IMED- Joseph Kusick	Brown University Memorial Hospital of RI, Family Med- Ashley Lakin
Abington Memorial Hospital, Family Med- Brent Beddis	Aria Health, EM- Tung Nguyen	Drexel University, Anesthesia- Nicholas Weber	
Abington Memorial Hospital, Family Med- Phuong Hoang	Aria Health, FP- Michelle Noreski	Drexel University, Pathology- Jessica Ayres	Damall Army Medical Center, EMED- Gina Blocker
Temple University Hospital, PM&R- James Bailey	Penn State Hershey Medical Center, EMED- Jonathan Rill	St. Joseph's Hospital (Philadelphia), Internship- Kelly Janke	San Antonio Military Medical Center, Anesthesia- Dannielle Hustler
Temple University Hospital, PM&R- Heather Galgon	Penn State Hershey Medical Center, Pediatrics- Stephanie Richard	Latrobe Hospital, Family Med- Laura Morton	San Antonio Military Medical Center, IMED- Charlene Vestermark
Temple University Hospital, PM&R- Irina Tutunikov	Penn State Hershey Medical Center, Radiology- Victor Longo	Latrobe Hospital, Family Med- Susan Holencik	San Antonio Military Medical Center, IMED- Charles Calais
Temple University Hospital, Radiology- Theresa Kaufman	Mercy Fitzgerald, Internship- Michael Ritenuti	Latrobe Hospital, Family Med- Shane Newhouser	
Temple University Hospital, EMED- Colleen Guest Marchetta	Albert Einstein Medical Center, Neurology- Michael Ritenuti	Pennsylvania Hospital, IMED- Lindsey Govern	University Of Virginia, Psychiatry- Brad Grant
Temple University Hospital, PM&R- David Mahon	Albert Einstein Medical Center, IMED- Chris Hibbard	Pennsylvania Hospital, IMED- Jennifer Cheng	Portsmouth Naval Medical Center, IMED- Nicholas DiGeorge
Crozer Chester Medical Center, Pediatrics- Christopher Higgins	Albert Einstein Medical Center, EMED- Ryan Overberger	St. Luke's Hospital, EMED- Michael Silberman	Portsmouth Naval Medical Center, OB/GYN- Michelle Cifone
Crozer Chester Medical Center, IMED- Sarun Thomas	Albert Einstein Medical Center, EMED- Joseph Heres	St. Luke's Hospital, Family Med- Lynn Acquaviva	Children's Hospital Of the Kings Daughter's, Pediatrics- Christopher Meeks
Crozer Chester Medical Center, Family Med- Keli Donnelly	Thomas Jefferson University Hospital, Anesthesia- Ashley Caplan	St. Luke's Hospital, Family Med- Lauren DeVita	Virginia Commonwealth University, Anesthesia- Rebecca Margolis
Crozer Chester Medical Center, Family Med- Kevin DuPrey	Thomas Jefferson University Hospital, Neurology- Neezali Bernard	Latrobe Hospital, Family Med- Margaret Behr	
Geisinger Medical Center, Med/Peds- Emily Dilzer-Brunner	Thomas Jefferson University Hospital, PM&R- Nicole Gartner	Memorial Hospital, Orthopaedic Surgery- Bryan Houseman	Madigan Army Medical Center - Maria Theresa Kurtz
Geisinger Medical Center, Med/Peds- Robert Brunner	Mercy Suburban Hospital, Traditional Rotating Internship- Nicole Merritt	Memorial Hospital, Family Med- Alison McMaster	
Geisinger Medical Center, IMED- Kevin Maguire	Mercy Suburban Hospital, Traditional Rotating Internship- Catherine Liebman	Memorial Hospital, Family Med- Niloofer Roodsari	Providence Hospital, IMED- Monica Kanal
	St. Luke's Hospital, Traditional Rotating Internship - Kevin Hollick	Memorial Hospital, OB/GYN- Andrea Sebricht	



Asclepius and his staff

The Myth: Asclepius is the god of Healing, a skilled physician who practiced in Greece around 1200 BC. He is the son of Apollo and the nymph, Coronis. While pregnant with Asclepius, Coronis secretly took a second, mortal lover. When Apollo found out, he sent Artemis to kill her. While burning on the funeral pyre, Apollo felt pity and rescued the unborn child from the corpse. Asclepius was taught about medicine and healing by the wise centaur, Cheiron, and became so skilled in it that he succeeded in bringing one of his patients back from the dead. Zeus felt that the immortality of the Gods was threatened and killed the healer with a thunderbolt. At Apollo's request, Asclepius was placed among the stars as Ophiuchus, the serpent-bearer.

Meditrine, Hygeia and Panacea: The children of Asclepius included his daughters Meditrina, Hygeia and Panacea who were symbols of medicine, hygiene and healing (literally, "all healing") respectively. Two of the sons of Asclepius were listed in Homer's Iliad as physicians in the Greek army (Machaon and Podalirius). Note that the classic Hippocratic Oath is sworn "by Apollo the physician, by Æsculapius, Hygeia, and Panacea,"

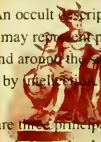
The probable medical origin of the single serpent around a rod: In ancient times infection by parasitic worms was common. The filarial worm *Dracunculus medienensis* aka "the fiery serpent", aka "the dragon of Medina" aka "the guinea worm" crawled around the victim's body, just under the skin. Physicians treated this infection by cutting a slit in the patient's skin, just in front of the worm's path. As the worm crawled out the cut, the physician carefully wound the pest around a stick until the entire animal had been removed. It is believed that because this type of infection was so common, physicians advertised their services by displaying a sign with the worm on a stick.

The Caduceus of Hermes

The Greek Hermes found his analogue in Egypt as the ancient Wisdom god Thoth, as Taaut of the Phoenicians and in Rome as the god Mercury (all linked with a magic rod with twin snakes).

The mythical origin of his magic twin serpent caduceus is described in the story of Tiresias. Poulenc, in "Les Mamelles de Tiresias" (The Breasts of Tiresias) tells how Tiresias--the seer who was so unhelpful to Oedipus and Family--found two snakes copulating, and to separate them stuck his staff between them. Immediately he was turned into a woman, and remained so for seven years, until he was able to repeat his action, and change back to male. The transformative power in this story, strong enough to completely reverse even physical polarities of male and female, comes from the union of the two serpents, passed on by the wand. Tiresias' staff, complete with serpents, was later passed on to Hermes...

Occult Hermetic Connection: An occult description of the Caduceus of Hermes (Mercury) is that the serpents may represent the positive and negative kundalini as it moves through the chakras and around the spine (the staff) to the head where it communicates with MIND by itself. This is the domain of Mercury (wings).



According to occultists, there are three principal nadis (Sanskrit for channel) in the human body. The sushumna (the spinal column through which the life-forces flow), by which means we enter and leave the body, the Ida (refreshment and stimulation of spirit), which is associated with the higher mind or manas and the Pingala, (reddish-brown), associated with kama or the force of desire.

The caduceus as a Medical symbol: The link between Hermes and his caduceus and medicine seems to have arisen by Hermes links with alchemy. Alchemists were referred to as the sons of Hermes, as Hermeticists or Hermeticists and as "practitioners of the hermetic arts". By the end of the sixteenth century, the study of alchemy included not only medicine and pharmaceuticals but chemistry, mining and metallurgy. Despite learned opinion that it is the single snake staff of Asclepius that is the proper symbol of medicine, many medical groups have adopted the twin serpent caduceus of Hermes or Mercury as a medical symbol during the nineteenth and twentieth centuries.

Like the staff of Asclepius, the caduceus became associated with medicine through its use as a printer's mark, as printers saw themselves as messengers of the printed word and diffusers of knowledge (hence the choice of the symbol of the messenger of the ancient gods). A major reason for the current popularity of the caduceus as a medical symbol was its ill-informed official adoption as the insignia for the Medical Department of the United States Army in 1902.



The PCOM's Medical School Nerd Scale

Have you been spending too much time in medical school? Are you having adverse side effects due to prolonged exposure? Score one point for each statement that applies to you.

1. You have ever said "Neither is good"
2. You own a 4 or 5 color pen and it isn't enough colors
3. You have ever highlighted something YOU write
4. You retype hand-outs given in class
5. You have not been able to remember the normal term for something because you were thinking of the medical term (i.e. "reflux" for heartburn)
6. You get more sleep in lecture than at home
7. You haven't had a date since entering medical school
8. You have ever asked a question in class
9. The prof. didn't understand the question
10. You didn't believe the answer given by the prof
11. You went to look it up to see if they were right
12. You can't hold a conversation on anything other than medical school
13. You skip class to study
14. When you ask a question, a new prof. has said "Oh, I've heard about you."
15. You can name more amino acids than past presidents
16. You don't read PTA as parent teachers association, but as "Prior to arrival"
17. You can remember the muscles in the forearm
18. You can't remember what you had for breakfast
19. You equate "morning stiffness" with KA
20. Missing class causes you extreme stress
21. You have seriously asked someone "So how does that make you feel?"
22. You identify with Benton on "ER"
23. You have made a medical joke, no one laughed so you figure they just weren't that far in their studying
24. You wear your stethoscope around your neck on mass transit
25. "SOE" means "short of breath" to you
26. You have gone to student health with suspicion of a disease you have studied about 3 days ago
27. You have answered a question in class asked by a professor.
28. #27 was a rhetorical question
29. You can flip your pen over your thumb
30. ...with both hands
31. You have corrected a professor in class
32. You know how to calculate specificity, pos. predictive value and the anion gap; but you can't balance your checkbook
33. You have your own seat in the library
34. You don't know what the weather was like for the past 7 days
35. You don't know what the weather is like right now
36. You actually talk in open ended questions
37. You think B- is a bad grade
38. You have stressed about a pass/fail class
39. You saw nothing abn. About "Obsessive Compulsive disorder"
40. You draw all the of the slides not already provided in handout
41. You score more than 95 on the Epidemiology final
42. You own more than one white coat
43. You sewed additional inside pockets on your white coats
44. You started studying for the boards more than 5 months in advance
45. You have never received a personal invitation to discuss your grades with the Dean
46. You have made plans to study on a beach during vacation and did
47. You have designated seat in lecture, and you have ever asked someone to move from "your seat"
48. You sleep less than 4hrs a night, you think that is plenty, and you have thought about cutting back
49. You study more than 35 hrs outside of class, and think you are a slackard
50. You think everyone answers yes to most of these questions

Scale

0-10 You're not in Med School Go back to your party and leave us alone. We have work to do.

11-17 Either Med school is a breeze or you like the sound of "Senior Doctor"

18-22 What was it the career counselor said?

23-30 Well, I never really thought about DO/Phd, but now I am

31-37 Your social life is shot

38-45 Which surgery subspecialty did you say you liked

46-50 All hail! great MEDICAL SCHOOL NERD



The PCOM 2010 Yearbook Staff would like to
graciously acknowledge the following individuals and
entities for their assistance and contributions to ensure
the creation of this yearbook:

Kimberley Maxwell, OMS-II

Brian Regenye

Denise Curran

Bruce Fairfield

Michael Durinzi

Herff Jones

Carl Wolf Studio, Inc.

PCOM Office Of Student Affairs



A Letter From The Editors

Our Dear Classmates:

Congratulations! You have come to the end of one long, winding road and are catching your breath by the pillars of a new one; a new and intricate path lined with forests of excitement, curves of surprises, and even pebbles of disappointments. You will make new friends, new enemies, and you will struggle to achieve a balance between residency and whatever is left of your personal life, as the sun, stars, and rain patiently lead you on.

But no matter what lies ahead- always remember that you are a PCOMer! You have survived four years with your classmates. You've shared bad exams, Dr. Fogel's humor, Dr. Kornberg's spotlight, long drives to rotations around Philly, cutting mandatory classes, bringing food into the library, cursing at PCOM computers, changing in front of each other for anatomy labs, touching each other at OMM labs, sharing drinks at post exam parties, playing sports, eating cafeteria food, Dr. Morris' lectures, swiping your ID multiple times to get into the lots, stressing out over J groups, boards, residencies. You've come away from this journey with wisdom, knowledge, and a PCOM family which, can be dysfunctional at times as any family, is still a family.

We strongly believe in the cohesiveness and kindness among us and are proud to be part of the class of 2010. Thus, this is our tribute to all of you. May this yearbook capture our most intimate and ridiculous moments always reminding us that the journey itself is more valuable than the destination.

Thank you everyone for responding to our pestering e-mails and sending in your pictures and info...and a few smiles with it.

Best of luck to you all in the future!

Alex, Olu, Lee, Jen, Sarah & Chris



Alexandra Isakova, D.O.
Editor In Chief



Olukayode Akinsola, D.O.
Associate Editor



Lee Guo, D.O.
Associate Editor



Jennifer Hanson, D.O.
Associate Editor



Sarah Sitoski, D.O.
Associate Editor



Christopher Reb, D.O.
Associate Editor

Tributes from Friends and Family

We have all worked so hard and conquered many obstacles to achieve our goals and arrive where we are today. Our friends and families realize the time, effort, and dedication that has gone into our lifetime of learning how to become a physician. Now, as we continue our education, striving to master the art of medicine, their support and encouragement is wholeheartedly embraced.

The following pages truly reveal our families' pride in our accomplishments. While working with them to ensure that each tribute gets placed just right, it was easy to see how we are a reflection of their determination and values. This section is a perfect way to wrap up our four years together at PCOM and segue into our individual careers. I hope their kind words and enthusiasm strengthen your sense of self, ambition, and help you to remember the reason you became a physician as much as they did for me.

Best wishes,

Sarah

CONGRATULATIONS CASEY ELIZABETH



As a three year old, you had a very big dream, a dream of becoming a doctor when you grew up. Well, you made your dream come true and now we have the honor of having the first doctor in our family. What a truly great accomplishment! You have always been able to do anything that you put your mind to.

Stay true to yourself and keep following all your dreams. You will be a great asset to your medical career and an even greater asset to the U.S. Navy because of your willingness to learn and your compassion for others.

We are all so very proud of you! What a wonderful woman you have become.

We love you,
Mom, Dad, Sean and Grandmom



Congratulations to Sarah and Nathan on your amazing achievements!

You have both
sacrificed a lot over the
past several years...
and now your dreams
will come true.



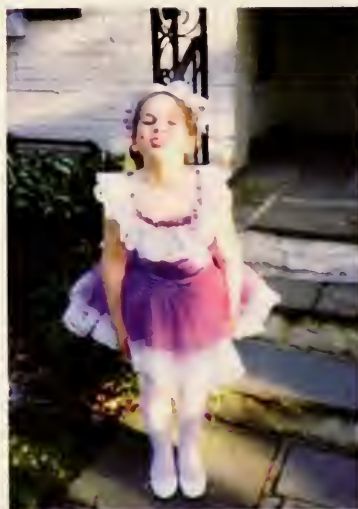
Your hard work and
dedication will be the
foundation
of your success in both
your professional
careers as well as
your marriage



Your families are so very proud of you!

May God bless you!

We love you!



Love,
Mom, Dad, David, & Justin



Love,
Dad & Sandy
Mom, Dave, Irene, & Cnstin



Dearest Anita,
Congratulations!
 You did it! It hasn't always been an easy walk in the park, but you've gotten this far because of your relentless drive and determination. We are both extremely proud of you, and if dad were here, he would be too.

As you prepare to enter this new role of doctor, let that compassion that you have always had for others follow you. And remember to always honor God in everything that you do, continue to persevere, and never stop dreaming big.

With much love,
 Mommy and Mei



Our little girl is a doctor!!!

Susan,

Congratulations on a job well done.

We are so proud of you.

We know you will be a wonderful doctor.

Love,

**Mom, Dad,
 Steve and Paul**



My Dear Adam,
 On the day you were born it was love at first sight. You have always been such a joy in my life and I have always been so proud to be your mom. But today as you graduate from medical school, I am most proud..

You have worked so hard and with such passion to achieve your goal. I truly admire the man you have become and I know you will be a wonderful and caring doctor.

You are my greatest gift in life, you are my joy, you are my heart, and you are my son. And now we all celebrate you,
Congratulations Dr. Adam D. Marish!

I love you,
 Mom

Hi Nicole,

Congratulations on achieving your goal. Your passion and energy working toward this, truly deserves the highest commendation. Becoming a Physician is an outstanding achievement of great esteem, and equips you with the tools to go out into the world and heal the sick, and the less fortunate in society. We know you will be an excellent Pediatrician.

Love, Mom, Dad & Jonathan



Kelly Sensenig Janke,
 What a tremendous accomplishment completing your Doctor of Osteopathic Medicine Degree. Being a wife and mother of two children, you have amazed us with your perseverance and desire to succeed. God has blessed you! May you use your talent and experience to serve Him!
 Love,
 Mommy, Daddy, Dana, Tim, and Carrie



Dear Ashley,
Your determination, hard work, and self sacrifices
has gotten you where you are today. A graduate
from P.C.O.M, a doctor. A dream that you made
come true. We are all bursting with pride. It was a
great pleasure watching our little girl grow into a
beautiful, successful, intelligent, young woman.

Love You,
Mom and Dad

Well Ash,
You are my sister, best
friend, and you made it
through medical school.
Guess I owe you 20
bucks. Love you lots,
Big Sis!

-Britt

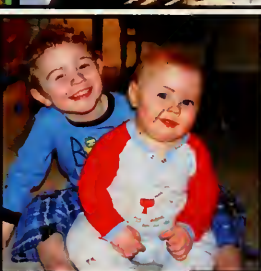
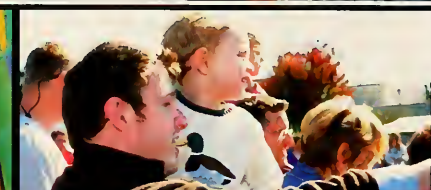


Jennifer E. Hanson, D.O.



Dear Jen,
We are so proud of your many accomplishments
and now you are going to be a Doctor. You have
always been our pride and joy. We wish you a
wonderful medical career and a long, healthy and
happy life.

All our Love,
Mom, Dad, Grandma, and Grandpa



Jonathan, you have achieved so much
these last four years, and we could not
be more proud. We know you will be a
wonderful physician just as you are the
best husband and father in the world.
Congratulations! We love you so much.
- Claudia, Jake & Charlie.



Dr. Matthew Meeker



Dear Matt,

As as we look back on your life, we remember the time when you were just a tiny little boy and a bully grabbed your toy only to see you quietly walk away to find another to play with. We recall the many hours of quiet attention to detail you exhibited creating houses, towns, and ultimately cities out of Lego's; the memories of you squatting poolside like a frog while testing the water at six years of age; and the thought of you reading a book on the kitchen counter in that same frog-like position. We recollect the Senator Brightbill Good Citizenship Award unexpectedly presented to you during your sixth grade elementary school graduation ceremony; and the kindergarten soccer game, when recognizing you were somewhat less enthusiastic about winning at all cost, you eventually chose to pick field flowers rather than endlessly chase that elusive ball around in circles. Throughout it all, one thing was evident; you were liked by everyone: parents, siblings, relatives, teachers, and other kids. As you progressed through High School you earned perfect grades, and chose wonderful friends, maintained an active social schedule, assumed leadership positions in numerous clubs and other organizations, respected your parents, and recognized the gifts God bestowed upon you... Wow!

Then it was off to college, and Mom and Dad expected to be left with bragging rights about the great parenting and teaching jobs we did while raising our son. Isn't that how it's supposed to be? However, it was clear the tables somehow turned, and we had also been pupils. We learned so much from you: selflessness, tolerance, genuineness, sensitivity, integrity, and humility... Wow, again! You played such a large part in molding us into the people we are today just by being who you are, while not even knowing you were doing so. Matt, you unintentionally taught us well, and we thank you: You deserve the bragging rights, not us!

The future is yours, Matt; you're a remarkable young man. Always remember, what lies before you is a tiny matter compared to what lies within you: Now, go confidently in the direction of your dreams, inspire others as you have us, and live the life you have imagined. May God continue to bless you, fortify, and guide you as you embark on your medical career as a doctor, and through the rest of your life.

With all our love and admiration,
Mom & Dad

To Mark Condoluci and his fellow 2010 graduates,

Congratulations of your achievement! Best of luck to you and your classmates on the exciting future that awaits you.

*I don't know what your destiny will be, but one think I know:
the only ones among you who will be really happy
are those who will have sought and found how to serve.*
-Albert Schweitzer

Love,
Dad, Mom, Lauren and Reid

Michelle A. Noreski, D.O.



Wow! What a journey this has been! Whis is such a proud day for our family. You are a beautiful, fun-loving, wonderful daughter who has brought us so much joy and happiness. God has blessed you with a gift of unwavering determination. Continue to use this gift wisely and you will accomplish great things. We know you will make an outstanding physician. So, it is with great pride we say, "Congratulations, D. Noreski."

All our Love, Mom and Dad

The Office of Admissions:

Carol Fox
Deborah Benvenger
Kari Szentesy
Marsha Williams
Tiffany Pang
Johnathan Cox
Nancy McCullen
Mark Chalmers
Yolanda Chase
Chris Lennon-Naulty
Janice Tonkin

extend best wishes
to the
Class of 2010
for all of your
future successes.

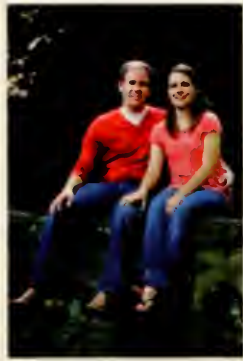


SHANE NEWHOUSER

It seems like such a long time ago
that our 6th grade son came
to us with the dream of
becoming a doctor.

Shane, we are so proud of the man
you have become and of the hard
work you have put into the
fulfilling of your dream.
Both you and Laura will be caring
and compassionate physicians.
God bless you both.

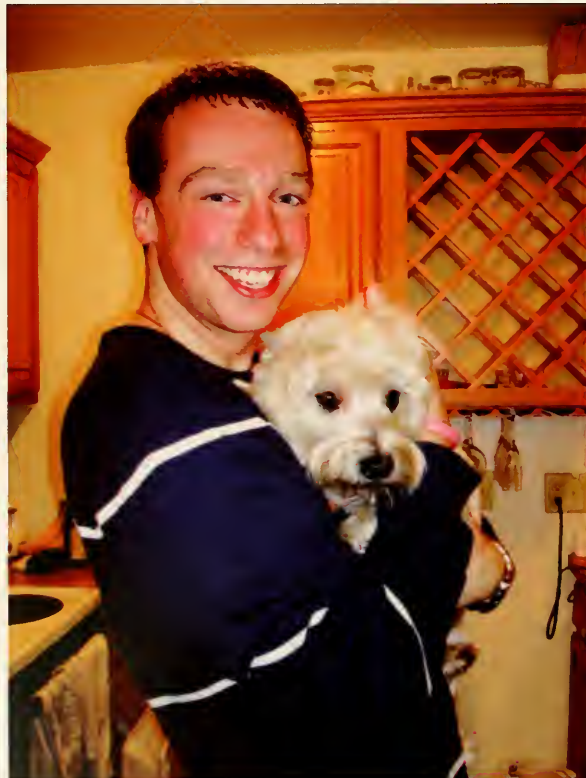
Love,
Mom and Dad



*A parent's greatest
hope is that their
child's dreams
come true.*

*You have worked
hard to make your
dreams come true!*

*Love you,
Mom and Dad*



*The past four years
weren't always easy
but they were
definitely
worthwhile. I'm so
proud of you for
accomplishing
your dream.
Congratulations!
I love you so much!*

Missy



Someone loves you, somebody is watching over you. This was true the day you came into our lives. Special you were, and even beyond that...exquisite! With our love and support we encouraged you to reach for the moon. And on your own you not only conquered the moon, but you carried with you all the stars too. Selfish...was never in your character; thus, you have shed light on all those you have encountered. With your wisdom of light beaming through all the darkness in this world, you have changed lives and conquered threatening challenges. With your sacred gift of intelligence, you have the power to heal and the soft caring hands to nourish all those you love. You are not only the daughter that anyone would be proud of but you're also the inspirational angel that God has brought into our lives. Just as God has accompanied you in all your journeys, we have too.

We love you with all of our hearts and could never be more proud of your great achievements.

All my Love, Mom & Dad

Michelle, as an older sister it must have been difficult to set such great examples for us. However, you have conquered a lifestyle that many fear. With your leadership and courage you have paved your own way to success. Many people don't believe dreams can come true, but you've showed us that anything is possible, and dreams are worth achieving. Your strong soul and perseverance is something we truly admire. Your love, support, and great wisdom has given us the tools to follow you on your travels. And it is through your accomplishments by which we continue to follow you. As the days move on in our lives, you no longer have to pave the road alone because we are by your side, working together, to achieve all of our dreams. Remember, a sister is a gift to the heart, a friend to the spirit, and a golden thread to the meaning of life.

We love you with all of our heart and we are so happy for all of your achievements!

Love your Sisters,

Maria and Melissa

Michelle aka Dr. Michelle Bilbao, D.O.



"And all the roads you had to walk were winding
And all the lights that lead you there were blinding"

Congratulations for the amazing physician
and person you are!

We are so proud to be along this journey with you.

May all the Angels follow you in your path
to light, guard and guide you
with all that wholeness brings for yourself
and all of those under your care.

With all our love, blessings and support.

Love Always, Frank, Matt, Chris and Mama B



Dr. Courtney Huston Chellew

Congratulations Dr. Courtney Huston Chellew! You have finally made it!

What a quick and exciting four years it has been, watching you pursue and achieve your lifelong dream. You have effortlessly navigated this long and difficult journey, all the while excelling at every point along the way.

But your success should come as no surprise to anyone who truly knows you. Those who truly know you know your boundless determination and your addictive personality, only two of the many great qualities that got you where you are today.



"It had long since come to my attention that people of accomplishment rarely sat back and let things happen to them. They went out and happened to things."

-Leonardo da Vinci

I am so, so proud of you Court. Good luck in all your future dreams and I hope you know that I will forever be right by your side. Love you tons!

-Justin



Quat.

I have known you your whole life, and we are destined to pass through this life together. Our relationship stands outside the constrictions of time, for we carry the memories of always with us. We are bound to each other, and we bind each other to this earth.

No matter what happens in this life, we will never shake ourselves of each other. There will always be a shadow in your life. It will always be me. I will always be there to hold the line.

There is a pride too immense to ever be spoken, and a joy too bountiful to be contained. These are the emanations that I release every time I think about you and all you have accomplished.

I will always love you, I will never leave you. And nothing will ever diminish the intensity of the pride that I feel for you and your life.

-Whit



Court,

So one adventure comes to an end, and the next begins. This graduation day, perhaps more than any other in your life, marks the beginning of your journey on the road to becoming a physician.



Be true to yourself, your training, and to the reasons you decided to become an osteopathic physician. Allow yourself the opportunity to grow and develop so that you can fully enjoy and appreciate practicing the art of medicine.



Perhaps most important of all, remember that your family is always there for you, that we love you unconditionally, and that our support never waivers.

Love,

-Mom and Dad

*We raised our Daughter to be the
"Best that she could be" and to be a
strong and independent woman.
She has fulfilled our expectations
many times over.*

Megan,

Congratulations on graduating from
PCOM as a Doctor of Osteopathic
Medicine. We love you and wish you
the best in your Residency program.

The Proud Parents of Megan Dambach

Dave and Karen Dambach

*Way to go Sis,
Love Mark*

*Congrats, Well done Meg
-Mike*



Dear Paul,

Continue to
hold close to you
those core values
that have brought
you to where you
are today.

Let them guide you no matter where you go or
what you do. And remember your faith and
family will always be with you to share in your
life's journey. We love you!

Mom and Dad,

Joe and Erica,

Christina,

Alex

and

Mai-Lynn



Dr. Lynn M. Wilson

"Success is waking up in the
morning, whoever you are,
wherever you are, however
old or young and bounding
out of bed because there's
something out there you
love to do, that you believe
in, that you're good at –
something that's bigger than
you are, and you can hardly
wait to get at it again today."

- Whit Hobbs



We Love You Lynn

Mom, Dad, Lisa, Allison and Amanda

Congratulations
Dr. Kevin W. Maguire



Life was so simple when you were young
Endless possibilities of things to be done

Music, concrete, art and sports

Gave you pause to reflect on all sorts

Medicine seemed to call you the loudest

For what you've accomplished

Makes us the proudest.

We Wuf you,

Mom, Matt, Mike and Kristin



Our dearest Dr. Olukayode Adebiyi Akinsola, Jr.

Since you were born, we have known GOD has been with you. You took your first steps, staggered and then retained control. You warned us earlier that nobody can take the opportunity of education away from you. You stuck it out and now you are here. You were created to glorify GOD. Keep your game face on and your 'Eyes on the Prize.'

Our prayer is for GOD to be with you in this life-saving devotion. May the tools of your trade be sacredly ordained, may you glorify GOD in all of your successes and challenges. May you be fruitful in all life's challenges, may you be satisfied in all God's blessings. And may the grace of GOD ever be your guide in ALL that you do. We pray this in the precious name of our loving savior Jesus Christ, AMEN.

From your mom and dad,
Omobola and Steve O. Akinsola

The Brothers Of The Mighty RHO Chapter of
Alpha Phi Alpha Fraternity, Incorporated

send fraternal congratulations to

*Bro. Olukayode Adebiyi
Akinsola, Jr., D.O.*

Philadelphia College Of Osteopathic Medicine
Class Of 2010

We pray that the Lord guide your thoughts, rule
your heart and control your life, so you may
become through thee, a servant of ALL.

H. Walter Early
President

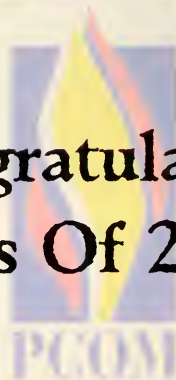
Samuel P. Coleman, IV
Vice President



CALLIS • CHAPMAN • JONES • KELLY • MURRAY • OGLE • TANDY



**Congratulations
Class Of 2010!**



Congratulations to the Graduating Geisinger Campus Students



Congratulations:

Robert Brunner
Daria Guelig
Zachary Ichter
Tara Mangum
Lindsey Roach

Huy Do
Richard Hale
Benjamin Keyser
Mark Olaf
Jennifer Swenski

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